

Spring Guide

№1 2018

The  Moscow Times

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THE
SEASON**

18+

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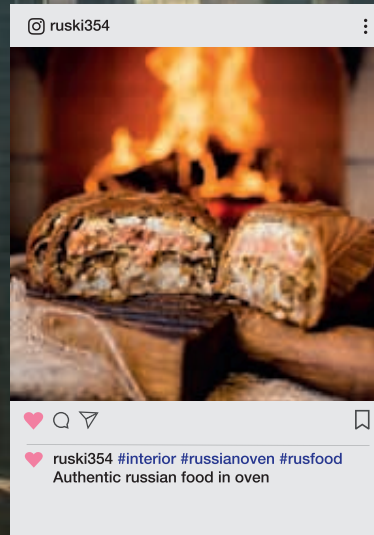
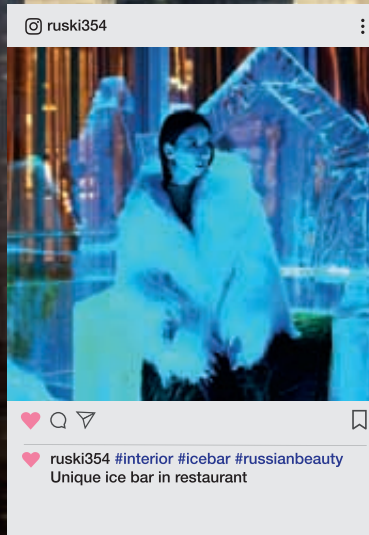
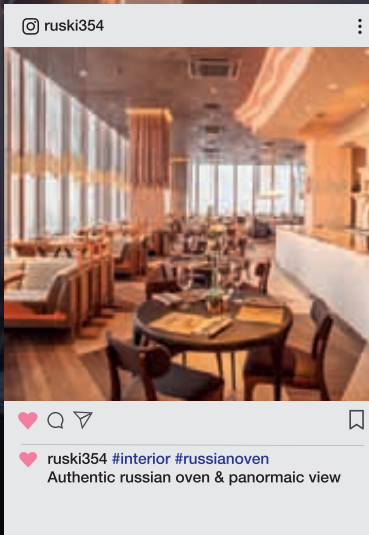
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The Moscow Times

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HOW TO CELEBRATE A MOSCOW SPRING

Let's be honest: spring in Moscow is an iffy proposition. Sometimes the snow gradually melts away the winter grime, crocuses give way to daffodils, and soon the entire city is a green, fragrant park, with tulips in the squares and the scent of lilacs filling every courtyard.

Or sometimes it's slushy, dirty and dark until May when spring appears overnight.

We've got it covered, no matter the weather, with indoor and outdoor activities, cultural events, and dining ideas for a great Moscow spring.

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Museum of Russian Impressionism



MMOMA



AZ Museum

Zverev Gala

CELEBRATE NON-CONFORMIST ART

The Zverev Gala will be dedicated to the third anniversary of the AZ Museum and will present about 200 works of Anatoly Zverev. The exhibition will cover all the different themes in Zverev's oeuvre, including famous female portraits, self-portraits, and abstract paintings. Some of them will be shown to the public for the first time, including illustrations for "Diary of a Madman" by Nikolai Gogol.

WHEN April 19

20-22 2nd Tverskaya-Yamskaya Ulitsa

Metro Mayakovskaya

+7 (495) 730 5526 museum-az.com

The Wives

THE WOMEN BEHIND THE MEN

The Museum of Russian Impressionism is devoting its new exhibition "The Wives" to — you guessed it — the wives of the greatest Russian painters of the 20th century. There are more than 40 portraits by such renowned artists as Ilya Repin, Mikhail Vrubel, Valentin Serov, and Alexandr Deineka from both private and public collections, including the Tretyakov Gallery and the Russian Museum. You can see both wives of Igor Grabar in one painting

SPRING INTO MUSEUMS

FOR 7 GREAT ART SHOWS

If you think the biggest museum shows of the year open in the fall — think again, and get your tickets fast, before they're sold out.

and three out of four wives of Robert Falk in another. But don't come for the gossip. Come for the glorious paintings.

WHEN Until May 15

15 Leningradsky Prospekt, Bldg. 11

Metro Belorusskaya

+7 (495) 145 7555 rusimp.su

The Other Transatlantic

CROSS-CULTURAL ART MOVEMENTS

"The Other Transatlantic" is a joint project of the Garage Museum of Contemporary Art and the Museum of Modern Art in Warsaw devoted to kinetic art and op-art (short for optical art) in Eastern Europe and Latin America in the 1950s – 1970s. The exhibition will include films, drawings, sculptures, paintings, installations and reconstruction projects by more than 40 post-war artists.

WHEN From March 17

9 Krymsky Val

Metro Oktyabrskaya

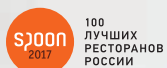
+7 (495) 645 0520 garagemca.org



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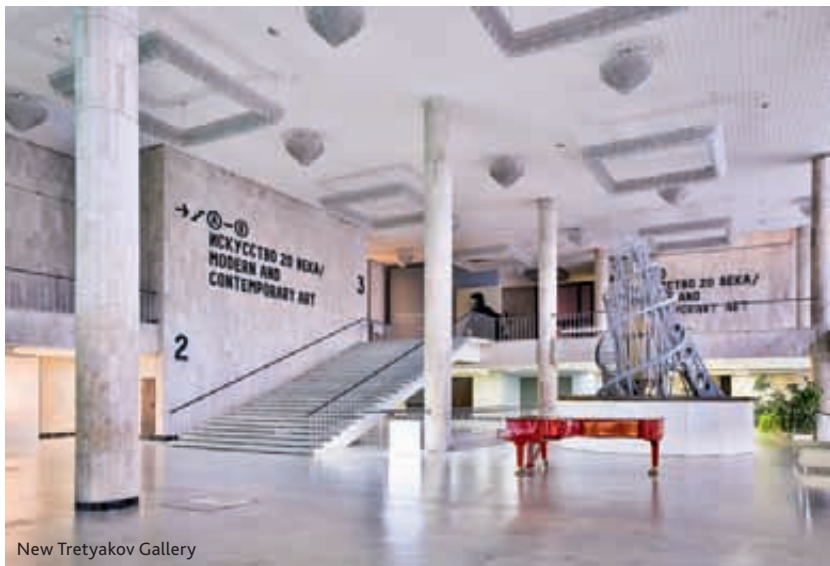
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Garage Museum of Contemporary Art



New Tretyakov Gallery

Masterpieces of the Leiden Collection

LUSH AND RARE

In March the famous Leiden collection will be exhibited at the Pushkin Museum. It belongs to an art-loving couple in New York: Thomas Kaplan and his wife, Daphne Kaplan. Over the past 15 years they have been able to amass an amazing selection of works by old Dutch masters, including Rembrandt, Frans Hals and Jan Vermeer and numerous works of Leiden painters — representatives of the school of so-called “elegant painting” (fijnschilderei).

WHEN March 26

2 Ulitsa Volkhonka

Metro Kropotkinskaya
+7 (495) 609 9520
arts-museum.ru

Vasily Vereshchagin

MAJOR RETROSPECTIVE

The New Tretyakov Gallery will present a comprehensive overview of this important 19th-century painter's oeuvre. Known best for his large-scale battle paintings, Vereshchagin was a true pacifist, which is revealed in the way he depicted war. He was also an avid traveler, and many of his works are devoted to foreign countries and cultures. This promises to be a fascinating show that may make you alter your view of this artist.

WHEN From March 7

10 Krymsky Val

Metro Oktyabrskaya
+7 (495) 957 0727
tretyakovgallery.ru

Yankilevsky at MMOMA

LOOKING BACK AT A BRILLIANT CAREER

The Museum of Modern Art is holding a large-scale retrospective devoted to the 80th anniversary of one of the



Pushkin Museum of Fine Arts

central figures in Moscow's nonconformist art, Vladimir Yankilevsky, who passed away in January 2016. The exhibition will emphasize the importance of Yankilevsky's art and include more than 200 of his works from both Russian and foreign collections, including the Pompidou Center, Russian Museum, and the Tretyakov Gallery, as well as from the artists' collection.

WHEN March 1 – April 29

10 Gogolevsky Bulvar

Metro Kropotkinskaya
+7 (495) 231 3660
mmoma.ru

General Rehearsal

SNEAK PEAK AT CONTEMPORARY ART

This exhibition at MMOMA is a “rehearsal” for a grand opening of a new museum in Moscow – V-A-C Foundation's space at the revamped GES-2 power plant in the heart of Moscow, which is planned to open in 2019. The exhibition will combine works from three art collections — V-A-C, KADIST and the Moscow Museum of Modern Art and feature works by Mariana Castillo Deball, Tala Madani, Arseny Zhilyaev, and Vladislav Mamyshv-Monroe.

WHEN From April 25

25 Ulitsa Petrovka

Metro Pushkinskaya, Chekhovskaya
+7 (495) 231 3660
mmoma.ru



FISH AND SEAFOOD FROM ALL OVER THE WORLD

SHOW A PHOTO OF THIS PICTURE IN THE RESTAURANT
AND GET A COMPLIMENTARY GLASS OF PROSECCO AND AN OYSTER

26, TVERSKOY BOULEVARD / +7 (495) 025 00 15

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MOSCOW · 2012



Experimentarium

GET YOUR GEEK ON

MUSEUMS ARE FOR MORE THAN ART

THE MARVEL AVENGERS' SECRET BASE EDUTAINMENT AT AVIAPARK

If your kids know and love the Marvel characters — and they surely do — they'll enjoy this interactive exhibit. They can test their skills and join with the Avengers to save the (virtual) world and gawk at all the full-sized Avengers. The exhibit is set up to give visitors a bit of science to go with their science fiction, all presented in an entertaining way. So they can check out a digital model of the universe in the section devoted to Thor, or learn about DNA in Bruce Banner's lab where he is transformed into the Hulk. The show will run until mid-May, and there are free shuttlebuses from Metros Dinamo, Polezhayevskaya and Savyolovskaya.

4 Khodynsky Bulvar
+7 (916) 155 8056. aviapark.com/en

Most visitors know Moscow's great art museums. But the city is rich in museums for the sciences, too, and many are hands-on for little space explorers and inventors.



EXPERIMENTANIUM LEAVE THE KIDS ALL DAY

Experimentanium is a hands-on museum about technology and science, best suited to kids and teenagers, although any adult is bound to find something new here, too. The exhibition covers all the basic fields of science, including mechanics, optics, acoustics, and electricity. There's more than 300 interactive items: you can watch a tornado grow or study a clock's inner workings. Plan on staying for an entire afternoon.

80 Leningradsky Prospekt, Bldg. 11
Metro Sokol
+7 (495) 120 0520
experimentanium.ru



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MUSEUM OF COSMONAUTICS

SPACE IS CLOSER THAN YOU THINK

Located in the base of the Monument to the Conquerors of Space, a masterpiece of Soviet modernism, the museum exhibits all kinds of genuine articles that truly went out of this world, like the famous space dogs Belka and Strelka (stuffed), a spacesuit worn by Yuri Gagarin and a space capsule. Other attractions include a huge mock-up of the Mir station and a space food vending machine. Get your freeze-dried space ice cream here.

111 Prospekt Mira
Metro VDNKh
+7 (499) 750 2300
kosmo-museum.ru

POLYTECHNIC MUSEUM

ACHIEVEMENTS OF RUSSIAN SCIENCE

The Moscow Polytechnic Muse-



Museum of Cosmonautics

um's original building is in the process of being renovated so it is temporarily housed at Pavilion 26 at VDNKh Park. The exhibition displays the greatest achievements of Russian science, from the first radio to a prototype TV to a nuclear bomb. You can also see some cool holograms and mock-ups of future lunar and Mars settlements. There are a lot of hands-on exhibits for

budding scientists to explore, and everything is labeled and described in English as well as Russian. Don't miss the earth-shaking nuclear explosion.

119 Prospekt Mira, Bldg. 149
Metro VDNKh
+7 (495) 730 5438
polymus.ru

ZOOLOGICAL MUSEUM OF MOSCOW UNIVERSITY

A TREAT FOR TAXIDERMISTS

The Zoological Museum was founded as part of Moscow State University, but it was opened to the public in 1866. It's a time capsule of sorts. There are squiggly things in jars and stuffed things standing about, with many labels not replaced since Soviet times so they still specify the natural habitat of certain species as "the south of the U.S.S.R." It's a real treat for taxidermy fans — some

of the specimens were gathered more than 150 years ago.

6 Bolshaya Nikitskaya
Metro Okhotny Ryad
+7 (495) 629 3948
zmmu.msu.ru

MOSCOW PLANETARIUM

A TRIP TO THE STARS

The Moscow Planetarium opened a few years ago after a major renovation. It uses a state-of-the-art Universarium projector to show an accurate image of the night sky. The Planetarium also plays immersive "full-dome" films like "Journey Through the Solar System" or "Black Holes: the Other Side of Infinity." There's also a small museum about the history of astronomy and some of its latest achievements.

5 Sadovaya-Kudrinskaya, Bldg. 1
Metro Barrikadnaya
+7 (495) 221 7690
planetarium-moscow.ru

COURTESY OF PRESS OFFICES: MUSEUM OF COSMONAUTICS

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Chaosky at Helikon Opera



The Bolshoi Theater

SPRING ON MOSCOW STAGES

Lovers of the classical performing arts can expect a busy spring, dashing from theater to concert hall.

MANON

KENNETH MACMILLAN BALLET EXPLORES THE PSYCHOLOGY OF A LOVER

Kenneth MacMillan, one of the 20th century's great choreographers, based his ballet on the 1731 French novel, "Manon Lescaut." Faced with a choice between marrying an old wealthy man for money or her love, Manon cannot choose, and MacMillan digs into this psychological and moral question through dance.

WHERE The Stanislavsky and Nemirovich-Danchenko Theater

WHEN March 8, 9 at 7 p.m.

📍 17 Bolshaya Dmitrovka Ulitsa
Metro Chekhovskaya
+7 (495) 723 7325. stanmus.ru

ALCINA

AIX-EN-PROVENCE FESTIVAL PRODUCTION OF HANDEL

With jealous lovers, an enchanted



Alcina at the Bolshoi

island, revenge, and crossdressing, the melodrama of George Friedrich Handel's baroque opera rivals anything you might see on Channel One. Katie Mitchell's production, which premiered in 2015 in Aix-en-Provence, brings with it a talented cast of singers, and should be excellent.

WHERE Bolshoi Theater, New Stage

WHEN March 21, 23, 25, 27 at 7 p.m.

📍 4/2 Ulitsa Bolshaya Dmitrovka
Metro Teatralnaya
+7 (495) 455 5555. bolshoi.ru

CHAADSKY CONTEMPORARY OPERA FROM IMPRISONED DIRECTOR

It is rare to see a new opera on the Moscow stage, and even rarer when the director is under house arrest, but "Chaosky," which had its pre-

miere last year, is set to play again this April, despite Kirill Serebrennikov's continuing legal trouble. The director's arrest didn't stop the "Golden Mask" festival from nominating this production for best opera of the 2016/2017 season.

WHERE Helikon Opera
WHEN April 14, 20, 21, 22 at 7 p.m.

📍 19/16 Bolshaya Nikitskaya Ulitsa
Metro Arbatskaya
+7 (495) 250 1111. helikon.ru

LIFAR, KILIAN, FORSYTHE THREE RADICALLY DIFFERENT APPROACHES TO BALLET

This ballet sampler offers intriguing works from three great choreographers of the 20th and 21st centuries. It offers the viewer a chance to compare styles that could not be more different, from

neoclassicism to minimalism. The Stanislavsky Theater's production of William Forsythe's work, the "Second Detail," was nominated this year for the prestigious "Golden Mask" award.

WHERE The Stanislavsky and Nemirovich-Danchenko Theatre

WHEN March 18, 19 at 7 p.m.

📍 17 Ulitsa Bolshaya Dmitrovka
Metro Chekhovskaya
+7 (495) 723 7325. stanmus.ru

JOHN CORIGLIANO ANNIVERSARY CONCERT

THREE WORKS BY CELEBRATED COMPOSER

Eighteen years after New York based composer John Corigliano won an Academy Award for his work on "The Red Violin" (1999), Muscovites will have the opportunity to hear soloist Ivan Pocheikin perform a concerto based on the score with the Omsk Symphony Orchestra and the Moscow Contemporary Music Ensemble. Corigliano, who will be in attendance, is sure to be pleased.

WHERE Tchaikovsky Concert Hall
WHEN March 14 at 7 p.m.

📍 4 Triumfalnaya Ploshchad
Metro Mayakovskaya
+7 (495) 232 0400. meloman.ru



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Voskhod

Best of the Best

SEASONAL FAVORITES

VOLNA

ALL ABOUT FISH

Volna ("wave") is a seafood restaurant by Andrei Dellos, the owner of Pushkin. Fish and seafood come from all over the country – from the Black Sea to the Far East. Try the pike burger (550 rubles) or Odessa's favorite fish – pan fried barabulka (680 rubles), or go all out for a seafood platter (5950 rubles).

📍 26 Tverskoy Bulvar, Bldg. 2
Metro Tverskaya, Pushkinskaya
+7 (495) 025 0015. rest-volna.ru

CAFÉ PUSHKIN

ONE OF THE BEST IN THE CITY

Pushkin has been on the top of every Moscow restaurant list since its

opening in 1999 and is a compulsory stop for well-off tourists. The interior, the waiters and the dishes try to recreate an atmosphere of a 19th-century restaurant. Try the original "Olivier" salad (995 rubles) or Beef Stroganoff with potatoes "a la Pushkin" (1570 rubles).

📍 26A Tverskoy Bulvar
Metro Tverskaya. +7 (495) 739 0033
cafe-pushkin.ru

MAMA GOCHI GEORGIAN RESTAURANT THAT MAKES ITS OWN CHEESE

Mama Gochi is a newly opened Georgian place next to the Bolshoi Theater, right in the heart of the city. Its specialty is cheese, which



Volna

is made in-house. To try out the best cheese products, order one of the tasting plates (from 340 rubles) with a glass of home-made wine (180 rubles). The staples of Georgian cuisine are good, too, like the excellent khinkali dumplings (from 310 rubles) or kharcho soup (340 rubles).

📍 5/6 Ulitsa Bolshaya Dmitrovka, Bldg. 1
Metro Okhotny Ryad, Teatralnaya
+7 (925) 082 8188
facebook.com/pinsamaestrello

VLADIVOSTOK 3000

FAR EASTERN CUISINE IN MOSCOW

The Vladivostok 3000 restaurant is part of the Mummy Troll Bar – a live music venue opened by the frontman of its namesake band, Ilya Lagutenko. Listen to some of Russia's best indie bands while trying out far-eastern seafood specialties, like Kamchatka crab, Magadan shrimp or Pacific whelk (from 550 rubles). Don't miss



Vladivostok 3000

VOSKHOD

FOOD FROM U.S.S.R. IN A SPACESHIP

Voskhod is a new restaurant by one of Moscow's most prominent restaurateurs Alexander Rappoport, located in the newly built Zaryadye Park right next to the Kremlin and St. Basil's Cathedral. Voskhod focuses on dishes from the 15 former Soviet republics with decor that looks like a Soviet-made spaceship. Enjoy great views of the Moscow River as you dine. Try Azeri home-made pasta (620 rubles) or trout from Lake Sevan in Armenia (980 rubles), while listening to a live band playing retro music in this time machine.

the signature garnish – stewed fern.

7 Tverskaya Ulitsa
 Metro Okhotny Ryad
 +7 (495) 510 5848
 mumiytrollbar.com

6 Ulitsa Varvarka
 Metro Kitai-Gorod, Okhotny Ryad
 +7 (495) 531 0430
 voshodrest.ru



Cafe Pushkin



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 #shinokmoscow

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Steak It Easy

PRIME HEALTHY SALADS AND COFFEE

Prime is the Russian equivalent of the Pret-A-Manger chain. Coffee (from 119 rubles) is quite decent for a fast food chain, especially with a chia seed and mango dessert (169 rubles). There are lots of healthy options, like salmon and quinoa salad

for steaks and wine. Try the excellent picanha or skirt steaks (600-650 rubles) with mashed potatoes and truffle oil, and wash it down with a glass of wine (from 90 rubles).

📍 9 Lesnaya Ulitsa

Metro Belorusskaya

+7 (495) 730 7818

steakiteasy.ru

FAMILY FARM BURGER

FARM-TO-TABLE BURGERS

LavkaLavka, the company that owns the eponymous food markets and a farm-to-table restaurant, launched a new chain of fast food cafes, focusing on burgers, salads and soups, all

Get a spring in your step

LITE FARE

GOROD SAD

CHAIN OF HEALTH FOOD SHOPS

Gorod Sad ("city garden") is a chain of health food shops, and some have on-site cafes where you can order dishes like pumpkin soup (200 rubles) or grilled vegetable salads (150 rubles) — or simply pick up products like quinoa, granola or some superfoods (chia, carob) and cook something at home.

📍 16 Ulitsa Bolshaya Dmitrovka

Metro Okhotny Ryad

+7 (916) 918 3133. gorod-sad.com

(189 rubles) or baked beet with feta cheese and arugula (169 rubles). Eat in or take out.

📍 prime-star.ru/cafes/

STEAK IT EASY

STEAKS AND WINE ON THE CHEAP

Steak It Easy is part of the RESTart holding company belonging to the Vasilchuk brothers. The brand chef is Australian Sebbie Kenyon, who used to work at Rappaport's Voronezh restaurant. Steak It Easy prides itself on its low prices



Family Farm Burgers

cooked with ingredients supplied by farmers.

Try the "bull" burger, chicken or goose meat burger (from 250 rubles), which goes great with home-made fries (180 rubles) and a draft beer.

📍 10 Ulitsa Aviakonstruktora Mikoyana

Metro Dinamo

+7 (926) 111 1111

facebook.com/Family-Farm-

Burger-1934899853428038/

KM 20

CLEAN DESIGN, CLEAN FOOD

KM20 is Moscow's best-known concept store. Last year it moved to a new location on Stoleshnikov Pereulok, with six times more space and a healthy food restaurant taking up the airy and light top floor. Try an upgraded version of traditional beetroot salad "vingret" (400 rubles) or green vegetable curry (650 rubles), and choose from the extensive collection of ecologically pure wines to go with your dish. There are plenty of options for vegans.

📍 2 Stoleshnikov Pereulok

Metro Okhotny Ryad

+7 (495) 987 2220

km20.ru/cafe



KM 20



Pinsa Maestrello

PINSA MAESTRELLO

MORE ROMAN PIZZA

Pinsa Maestrello is another popular place devoted to the square-shaped Roman variety of pizza, which the owners call “pinza.” It’s run by a couple of young Italians from Verona and a chef from Rome. Try classic Italian combinations, like Margarita — a bargain at just **250 rubles** — or more inventive combinations like Tartufina with truffle sauce and chanterelle mushrooms (**400 rubles**).

16 Ulitsa Pokrovka

Metro Kitai-Gorod, Turgenevskaya
+7 (495) 623 4411
facebook.com/pinsamaestrello

PINZERIA BY BONTEMPI

INNOVATIVE PIZZA FROM ITALIAN CHEF

Valentino Bontempi, one of the best-known Italian chefs in Moscow, reinvented the square-shaped Roman pizza and calls it “pinza.” It has a thick crust and the ingredients are always of superb quality. Stop by the little cafe on your way to or from the Pushkin Museum for a slice of artichoke and calamari (**520 rubles**) or salami and broccoli pinza (**440 rubles**) and a great Italian coffee (cappuccino – **200 rubles**).

Let the sunshine in

ITALIAN HOLIDAY

2 Bolshoi Znamensky

Pereulok

Metro Kropotkinskaya
+7 (499) 678 3009
pinzeria.ru

SALUMERIA

NOT JUST SAUSAGE

Salumeria is one of the many ventures of Italian chef Uilliam Lamberti, whose name in Moscow is synonymous with good food. Salumeria is named after a place where one can buy sausage, and there’s

no shortage of it here: try deer salami (**300 rubles** per tasting portion). You can’t go wrong with the main dishes, either, be it eggplant parmigiana (**500 rubles**) or cannelloni with ricotta and artichokes (**750 rubles**).

12/9 Spiridonevsky Pereulok

Metro Pushkinskaya. +7 (499) 290 0001
facebook.com/salumeria.moscow

CAMORRA PIZZA E BIRRA

BEER AND PIZZA

The first Moscow outpost of a popular St. Petersburg chain attempts a winning combination of craft beer and pizza. The beer comes from the St. Petersburg AF brewery, known for some interesting concoctions, like “bounty killer” coconut stout or “lemon haze” APA. As for pizza, try spicy sausage or goat cheese and pumpkin (**both 450 rubles**) and you won’t be disappointed.

9/1 Bolshoy Spasoglinishchevsky Pereulok

Metro Kitai-Gorod. +7 (499) 390 5288
facebook.com/camorrapizzamsc/

ZIZO

ITALIAN FASTFOOD AT A MARKET

Zizo is the first foray of Uilliam Lamberti into the realm of fast food. The name just means “meat” in an Italian dialect. Located at Usachevsky market, Zizo specializes in porchetta (or porketta), traditional Italian boneless pork roast with spices. A porchetta sandwich is **400 rubles**. There are also lamb and chicken versions.

26 Ulitsa Usacheva

Metro Frunzenskaya
+7 (926) 547 7171. facebook.com/zizomoscow



Camorra Pizza e Birra

Pass the kale, please

MEATLESS MONDAYS... THROUGH SUNDAYS

FRESH

HEALTH NUT PARADISE

It's probably been a while since you have seen chia, kale, or seitan on a Moscow menu, and if these words make you long for a salad not comprised of mayonnaise and potatoes, pull on your yoga pants and head to Fresh. Aside from salads (295 - 680 rubles), you

can find bean burgers (395 - 550 rubles), burritos (spicy means spicy, 450 - 600 rubles), and fresh juices (250ml, 375 rubles). The restaurant now has two venues in the city and provides catering.

📍 **11 Ulitsa Bolshaya Dmitrovka**
Metro Tverskaya. +7 (965) 278 9089
freshrestaurant.ru

MOKH

VEGAN STAND IN UPSCALE MOSCOW MARKET

Danilovsky market houses many of Moscow's finest food start-ups, most occupying no more than a small stand, and Mokh ("moss" in English), sandwiched between an Indian stall and a crab joint, might be the hippest of them all. Its all-vegan menu changes often, but if you're not lucky enough to find tom yum soup (300 rubles), you can still count on kombucha on tap (200ml, 100 rubles).



Mokh

📍 **74 Mytnaya Ulitsa** in Danilovsky

Market. Metro Tulsкая
+ 7 (916) 814 3180.

vk.com/moxveganfood

FRUITS & VEGES

VEGAN MENU AND PUNK SOUNDTRACK

Come hungry to Fruits & Veges or you might end up having to take the rest of your pizza-sized vegan burger (310 rubles) home. Don't let that stop you from ordering it though, because the chickpea,

spinach and broccoli patty is one of the best around. Share it, and you might even have room for tiramisu (200 rubles).

📍 **10/12 Nizhnaya Syromyatnicheskaya Ulitsa**

Metro Kurskaya
+7 (495) 722 0798.

facebook.com/fruitsandveges?fref=ts

COURTESY OF PRESS OFFICES: MOKH



Moscow, 1905 goda st., 2, phone +7 (495) 651 81 00

www.mykazbek.ru

Maison DELLOS

AN UPDATED SPRING CLASSIC

FROM CHEF VLAD PISKUNOV OF MATRYOSHKA

Everyone knows how to make vinegret: cut up boiled vegetables and pickles, dress with oil, and plop it on the table. But Russian vinegret (not the French salad dressing vinaigrette) has been made in Russia since the 18th century and was originally a mixture of all kinds of products. In my recipe, I bake the root vegetables in foil under ashes and dress them with a classic French vinaigrette. I personally like to make vinegret with whole sprats or herring. In the restaurant, we always add a few salted mushrooms.

INGREDIENTS

- 2 beets
- 3 potatoes
- 3 carrots
- 1 onion
- 200 g fresh or frozen peas
- 3 pickles, salted or marinated
- 3–4 springs of dill
- 70 ml vegetable oil
- 2 Tbsp apple cider vinegar
- 1 Tbsp lemon juice
- 1 tsp mustard
- 1 Tbsp sugar and salt to taste

INSTRUCTIONS

1. Scrub the carrots and beets and wrap in foil. Prick with a fork and put on hot coals in a stove or grill and cover with ashes. Bake until they are done. Boil potatoes.
2. Use tongs to remove the foil-wrapped carrots and beets. Take them out of the foil and place them directly on the coals or grill for 10 minutes so they get a smoky flavor.
3. Put the green peas in salted boiling water and wait until the water

comes to a boil again. Immediately take off the heat, strain and rinse with cold water.

4. Take the vegetables out of the stove (off the grill) and cool to room temperature. Peel them and the onion.

5. Dice the root vegetables and pickles; dice the onion finely; mince the dill. Mix all the vegetables except for the beets in a large bowl. Put the diced beets in a separate bowl, dress with a

couple of spoonfuls of vegetable oil and mix to coat well. This way the beets won't "weep" in the salad.

6. Make the dressing: in a small bowl or mixer, blend the vinegar and lemon juice. Add the salt, sugar, mustard and mix well. Add a small amount of vegetable oil and whip until emulsified.

7. Pour the dressing into the large bowl with vegetables. Mix, add the beets, and mix well again.



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MATRYOSHKA-REST.RU

Maison DELLOS
MOSCOW, RUSSIA



pskoviana



COURTYARD BARS

When the weather warms up, what better way to spend the evening than on a charming outdoor terrace with friends?

NOOR ELECTRO

AFTER-THEATER COCKTAILS

Noor has recently been redecorated, expanded and renamed Noor Electro. "Electro" stands for the avant-garde Electro Theater that shares the same building with Noor. The cocktails are legendary and it's always crowded on the weekend. In the warm season Noor opens up a cute courtyard between the buildings with a few tables and chairs and some green plants.



32.05 in Hermitage Garden

Noor is great place for pre- or post-theater drinks.

23/12 Ulitsa Tverskaya
Metro Mayakovskaya.
+7 (903) 136 7686
noorbar.com

DOM 12

A BAR FOR INTELLECTUALS

Located just off Ostozhenka, dubbed Moscow's golden mile, Dom 12 is a restaurant-cum-wine bar beloved by the city's intellectuals. Dom 12's schedule includes lectures, book presentations and film screenings. In the warm months, you can sit on the lower or upper terrace, or spread out in the flower-covered courtyard. The food is quite good and not too Westernized, and the wine list is extensive.

12 Mansurovsky Pereulok

Metro Park Kultury
+7 (903) 968 8897
dom12cafe.ru

32.05

WHEN A PARK BECOMES COURTYARD

3 2.05 is one of Moscow's most popular bars with a patio. Try any of the classic cocktails (from 380 rubles) and chill amongst the

greenery, while gazing at the visitors to the Hermitage Garden, one of Moscow's best parks. The menu is innovative — try Beef Stroganoff with mashed potatoes squeezed into a drinking glass.

3 Ulitsa Karetny Ryad
Metro Trubnaya
+7 905 703-32-05. veranda3205.ru



Entuziast

ENTUZIAST

BERLIN STYLE BAR

Nestled in one of the courtyards on the pedestrian street Stoleshnikov Pereulok, Entuziast is a bar and motor-bike repair shop. Really. When the weather is warm, the bar spills out into an expansive courtyard which



Dom 12

POWERHOUSE

19TH-CENTURY MANSION WITH COURTYARD

This bar and club, located in a mid-19th-century wooden mansion, is most famous for its funk and hip-hop nights. The food by up-and-coming chef Kim Yerunov is more than just pub grub, and there's a separate whisky tasting bar for connoisseurs. When the weather is warm, Powerhouse opens its huge courtyard with a summer terrace, where markets and festivals are organized on a regular basis. Considered one of the best clubs in Moscow, its performers draw a stylish crowd.

fills up with people drinking beer and cider (the only alcohol served at Entuziast), fixing their bikes, or grilling meat on a barbecue. On grill-free days try one of the club's sandwiches. If you're lucky, you might show up on an evening when there is a concert or film. The scene would not be out of place in Berlin's trendier neighborhoods.

7/5 Stoleshnikov Pereulok
Metro Okhotny Ryad
facebook.com/entuziastmoscow

7/4 Goncharnaya Ulitsa
Metro Taganskaya
+7 (495) 698 0550
facebook.com/dewars.powerhouse



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Antikvarny



Mendeleev

HIDDEN BARS

Knock on an unmarked door, nod to the guy who opens it, and slip into one of Moscow's secret night spots.

MENDELEEV

BELOVED EXPAT SPOT

Mendeleev is a bar in the basement of the small Chinese cafe Lucky Noodles. Exposed brick, antique furniture and customized cocktails are what people come here for. On any night there's plenty of Moscow's expats here, and there's dancing on the weekend.

📍 20/1 Ulitsa Petrovka
Metro Kuznetsky Most
+7 (495) 625 3385

VODA

CREATIVE CLASS

Hidden in one of the maze-like courtyards on Ulitsa Petrovka, Voda is a magnet for Moscow's so-called "creative class." The décor is minimalist and you'll probably have to stand. Call ahead to reserve a spot; you can't just pop in unannounced. There's

no menu, so you tell the bartender your preferences and get one of the pink-colored cocktails that Voda specializes in.

📍 17/7 Ulitsa Petrovka
Metro Okhotny Ryad
+7 (495) 281 4670

CHAYNAYA

ONE OF THE CITY'S BEST

Chaynaya is one of a few Moscow's cocktail bars that occasionally make it to the international best bar lists. Designed like a Chinese teahouse (hence the name) it specializes in customized cocktails. Call ahead to reserve a spot and make your way to the unmarked door in one of the courtyards across from Belorusskaya train station. Knock and the world of custom cocktails is yours.

📍 29 1-Ya Tverskaya-Yamskaya Ulitsa
Metro Belorusskaya
+7 (495) 967 3052

ANTIKVARNY BOUTIQUE & BAR

FURNITURE AND DRINKS

You might be confused when you open the door to what looks like an antique shop. Most of the furniture and decorations are for sale, but people come here for great cocktails and occasional theater performances.

📍 5 Zvonarsky Pereulok
Metro Lubyanka
+7 (925) 121 2255
facebook.com/antikvarny

COURTESY OF PRESS OFFICES: ANTIKVARNY; MENDELEEV

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+7 (495) 9-300-300 www.greatcircus.ru

DANCE BARS

If spring fever leads to a case of dance fever, here are the best places to get down.

DISSIDENT

UNDERGROUND TECHNO

Dissident is Moscow's version of an underground techno club, hidden in a basement in one of the courtyards along the boulevard ring. Inside is exposed brick and old furniture. Drinks are rather expensive, but it's a great place to dance into the wee hours.

📍 **25 Chistoprudny Bulvar**

Metro Chistiye Prudy,

Turgenevskaya

+7 (495) 917 8962

[facebook.com/Dissident25](https://www.facebook.com/Dissident25)

the former Arma factory next to Kursky train station. It's a club and restaurant that belongs to Russia's #1 rapper, Basta. There's plenty of rap and hip hop concerts on the schedule, as well as techno parties that sometimes go on for three nights in a row.

📍 **5 Nizhny Susalny Pereulok, Bldg. 6**

Metro Kurskaya

+7 (495) 741 8383

gazgolderclub.ru

DENIS SIMACHEV SHOP & BAR

TRENDY MUSCOVITES' HANGOUT

Founded by designer Denis Simachev in the glamorous 2000s, this club quickly became the most popular hangout for Moscow's fashionable youth. The kitschy



Denis Simachev

interior features mirrors, chandeliers and washbasins in the middle of the dance floor. The music is consistently good and so are the cocktails. Simachev also offers some delicious bar snacks. It's crowded on the

weekends, dress smart to pass face control.

📍 **Stoleshnikov Pereulok 12/2**

Metro Lubyanka

+7 (495) 629 8085

[facebook.com/dsbar](https://www.facebook.com/dsbar)

GAZGOLDER

RAP AND TECHNO AT A FORMER FACTORY

Gazgolder is located in a recently renovated historical gas holder — a big vat — at



pekrava



SIGNATURE BAR MENU EUROPEAN AND JAPANESE CUISINE PANORAMIC VIEWS ON MOSCOW OPEN VIEWING POINT





top SPRING POP CONCERTS

The Prodigy

THE PRODIGY

WHEN March 16-17

WHERE Stadium Live

Even though the Prodigy is often regarded as 1990s throw-back, it still has a strong fan base in Russia, and will once again play at Stadium for two nights in a row. One of the leading British electronic dance music bands, the Prodigy released their latest album just last year, and frontman Keith

Moscow has long been on the international pop, rock and classical circuit, and this spring is no exception. Here are our picks for the best concerts. Buy your tickets soon!

Flint's antics on stage are as good as ever.

📍 80 Leningradsky Prospekt, Bldg. 17. Metro Sokol +7 (916) 440 4750. stadium-live.ru

REJJIE SNOW

WHEN April 11

WHERE 16 Tons

Up-and-coming Irish hip-hop star Rejjie Snow will finally pay a visit to Moscow, playing a highly anticipated concert at 16 Tons. The concert is part of the tour to support his debut album "Dear Annie," which Rejjie recorded after he moved to the U.S. Book your tickets early and expect the tiny club to be packed.

📍 6 Presnensky Val Ulitsa 1905 Goda +7 (495) 253 5300. 16tons.ru

ANTOHA MC

WHEN March 11

WHERE Red Club

Antoha MC first appeared in 2016 and took the Moscow music scene by storm. An-

toha MC is a one-man act, rapping, and playing the trumpet. His music can be best described as a blend of hip-hop, synth-pop and reggae. Antoha MC sounds in turns like the legendary band Kino and a reggae band from the 1980s.

📍 9 Bolotnaya Naberezhnaya Metro Kropotkinskaya, Polyanka +7 (495) 649 3959

LORDE

WHEN May 31

WHERE CrocusCity Hall

Lorde is a singer from New Zealand who shot to fame at the rather tender age of 16, but keeps churning out hit after hit, including Yellow Flicker Beat from the "Hunger Games" franchise. Her music is indie-pop and her lyrics deal with issues like growing up in suburbia, heartache and loneliness. This will be Lorde's first visit to Russia.

📍 Crocus Exhibition Center, Pavillion 3 Metro Myakinino +7 (499) 550 0055 crocus-hall.ru

TASS PHOTO

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HOW TO RENT A DACHA

The snow may be hip-deep and sunbathing the last thing on your mind, but if you want to rent a dacha this summer, March is a good time to start looking.

First Things First

Before you even begin your search for a dacha, you have to decide a number of issues. Are you or is someone in your family going to live there full-time during the summer, or is this just for weekends? Do you have a car? Are you planning to always drive to the dacha or would you take a commuter train or bus? If you are a one-car family, will the car stay at the dacha or go into the city on most days?

Do you want to live in the heart of a community or away from other houses? Do you want to be near a swimming spot or woods? Do you want a wooded lot or open space? Do you want to grow flowers or vegetables? Do you want a lot of land or just a yard? Do you need it fenced in?

What level of comfort do you want? Do you want to get away from it all at a dacha with spotty or no electricity, no Wi-Fi, outdoor plumbing, a well, and a “summer kitchen” (a separate structure with a stove and sometimes water)? Or do you want to rent a suburban house with all the modern amenities?

Once you’ve thought this through, you’ll know what to look for, like a dacha that is walking distance from a train station and shops (if the family car will stay in the city), or reliable Wi-Fi and satellite television (if you are in business and need to stay in touch with the world).

The next issue is which direction from Moscow. If you live in the northeast of Moscow, you don’t want a dacha 30 kilometers out of the city to the southwest — that would add one to three hours driving time. Most people draw a “pizza slice” on a map with the center point at their apartment and the crust at their preferred maximum number of kilometers out of the city. That’s their search zone.

And then — how much can you pay? The smallest house with no modern conveniences might cost 15,000 rubles a month (or less); a modest dacha with some or all conveniences averages 25-60,000 rubles a month; a modern suburban-type house starts at about 100,000 rubles a month and goes up from there. The season is three to five months (May through September), and sometimes there is a security deposit (one half to one month’s rent). If you go through a realtor, you will have to pay a commission (from a third to one month’s rent).

All in the Family

People are sentimental about their dachas, which for decades were the only approximation of private property and places that represent the joys and freedoms of summer. Many dacha owners prefer to rent to someone they know, even if it’s a friend of a friend of a friend. In some cases, dachas are passed around at businesses — a dacha that is always rented by whoever heads a particular company, or that is passed around a group of foreign friends.

So once you have a general idea of the region you want to be in, drive around and note any dacha communities you like. And then ask around. In fact, ask everyone you know, especially older folks. At the dacha villages you like, walk around and talk to the residents or local shop clerks, who tend to know everything about their customers (and willing to share their information for a finder’s fee).

The best person to help you is the dacha village’s unofficial caretaker. There’s always a man who lives nearby year round and keeps an eye on dachas in return for a few hundred rubles a month. He knows which dachas are empty, who is having financial problems, who is going to Crimea for the summer, and so on. Offer a finder’s fee and see what he turns up.

Search the Web

If you aren’t looking for a high-end property, forget agents and instead search on one of Moscow’s many real estate websites. The best sites for dachas are cian.ru, www.gdeetotdom.ru, avito.ru/rossiya/nedvizhimost, domofond.ru, and www.irr.ru. The real estate forum on expat.ru has a few offerings (and is in English). Even if your Russian is poor, you can still figure out square footage, price and number of rooms. Some bargaining is possible. And then: head out to your dacha, kick off your shoes, and relax.

DO Inspect the property (which may look quite different from the online photos). Check everything and make sure you understand what will be included in the price and what you can do on the property (like garden or set up a kiddie pool).

- Test drive at rush hour. A dacha that is 35 minutes away at midnight might be three hours away on a weekday morning.
- Test the cell phone reception, Wi-Fi, and other amenities. Check cell phone provider maps to find the best coverage (or to determine the provider to buy your plug-in modem from).
- Ask about the neighbors or talk to them; a group of rowdy party animals next door will ruin your country idyll.
- Sign a contract.

DON’T Sign a contract or hand over money before you see the property.

- Pay the entire summer’s rent ahead of time.



PhilippovBakery

It's time to crawl out of your winter den and start exploring Moscow. If your language skills aren't up to a tour in Russian, try tours and club activities in English. These are a great way to learn something new — and make some new friends.



Yaroslavl



Moscow Metro

TMT Art Club

MOSCOW'S ART SCENE IN ENGLISH

The Moscow Times has launched several clubs to give expats an opportunity to get to know the city, culture and art scene.

The Art Club arranges specialized excursions to Moscow museums of contemporary and classical art, as well as history, theater and other topics. This spring there are already plans to visit the Transatlantic Alternative show at the Garage Museum of Contemporary Art, the show on choreographer Marius Petipa at the Bakhrushin Theater Museum, and two exhibits of old Moscow apartments and artifacts at the Museum of Moscow. Also coming up are trips to the Museum of Russian Impressionism, the Center of Fashion and Design, and the fabulous, but often overlooked, Museum of Decorative Art. If you've ever felt a bit lost in Russian museums — what is that big cauldron with no English label? — join one of these tours.

clubs.themoscowtimes.com/artclub

EDUTAINMENT FOR ADULTS

EXPLORE THE WORLD AROUND YOU

Bridge to Moscow

UNIQUE TOURS IN AND AROUND MOSCOW

With spring in the air, what could be better than a trip to a Russian farm? Or to one of the Golden Ring cities? Get out of your Soviet-era apartment block and explore the glories of the Russian outdoors. If fresh air and travelling aren't your thing, they also offer tours in Moscow, including the secrets of the Moscow Metro — the perfect tour during those slushy spring weekends. The tours are

in English, and the organization can help you organize private tours, too.

+7 (495) 991 7270 bridgetomoscov.com

Memorial Tours of Moscow

THE DARK SIDE OF MOSCOW

Memorial is one of the country's oldest and most respected human rights organizations. It began as a group dedicated



CIS RUSSIA

International School

Left: a riverside restaurant on the Volga

Below: Moscow through an engineer's eyes

to finding and commemorating all the citizens who suffered in the repressions. The group holds an English-language, free walking tour around more than a dozen buildings used or targeted by the Soviet state security apparatus during the revolutionary and Stalinist periods (1918-1953). From detention centers and the former execution garage of NKVD, to the Soviet Union's infamous Military Collegium, you'll see how the Soviet secret police occupied the central Lubyanka district shortly after the Soviet takeover of Moscow in this 90 minute tour. Check their site for details about upcoming tours in English (and many in Russian).



topos.memo.ru/page/tours

TMT Dining Club

GOOD FOOD, GREAT COMPANY

Have you wanted to learn about fine malt whiskey and decide which brand suits your taste? Or wondered if there is more to Greek cuisine than moussaka? Or been curious about Russian food beyond borscht and pelmeni? Then check out the schedule for The Moscow Times Dining Club. Coming up soon is a meal at the Philippov Bakery, where they have revived recipes for the baked goods the Philippov family served on Tverskaya Ulitsa for more than a century, and a fun meal at Dyuk Dyuk, where you can explore and enjoy home cooking from Odessa. Check out the site for upcoming events and join in. Bring your friends!

clubs.themoscowtimes.com/diningevents

Moscow Through an Engineer's Eyes

EXPLORE THE CAPITAL'S ARCHITECTURAL MASTERPIECES

Moscow has lived through many architectural periods, and they have all left their marks on the city. If you want to get technical about the nuts, bolts, and cantilevers underpinning these masterpieces, join a tour to Shukhov tower, Kievsky Train Station, or St. Basil's cathedral. The group has organized tours in English in the past and may continue if there is sufficient interest. So gather some friends together and contact them. Alternatively, brush up on your Russian architectural vocabulary before you come and try a Russian tour.

+7 (499) 322 2325
engineer-history.ru

CIS Russia

A SENSE OF COMMUNITY

Cambridge International School (CIS Russia) provides a comprehensive and well-rounded education for children from nursery school right up until they go off to university. Part of the University of Cambridge, one of the oldest and most prestigious institutions of higher education in the world, its curriculum is based on the programs of the Cambridge International Examinations, British National Curriculum and Russian State Curriculum. This means that when children graduate, they have the academic preparation to continue their higher education anywhere in the world.

More than 200 educators at two campuses in Moscow and one in St. Petersburg provide individualized education for about 600 children. Classes are small — no more than 20, and usually about 15 children. No one gets lost in a crowd. After school, children can stay around to participate in a full range of activities such as dance, music, drama, art, and a rich athletics program.

While the educators and administrators at CIS Russia are proud of their academic program, they pride themselves on something else — their sense of community. This isn't a school where parents drop off their kids in the morning, pick them up in the afternoon and only visit the school for special events. Parents are welcome to stop in at any time to discuss a problem with academics, behavior, or relationships with their peers and family. Families are encouraged to take part in school activities, and teachers are valued and given everything they need to be innovative in developing an individual approach to every student.


As Paul Grisewood, director of the Skolkovo campus in Moscow, says, "Community is the heart and the soul of a school. It is where students can grow and flourish. That is why for those parents who understand the importance of the community it is also important to pick a good school where community values are cherished."

TOP-5 FLOWER POWER

The best way to get into a spring mood is to visit a blooming garden! Even in early spring, Moscow has greenhouses filled with lush greenery and blossoms.


1 MOSCOW'S CENTRAL BOTANICAL GARDEN

This 332-hectare (820-acre) garden founded in 1945 is one of the biggest botanical gardens in Europe. Part of the Russian Academy of Sciences, it has all kinds of experimental garden beds along with thematic areas, like a Japanese garden, a rose garden, arboretum and a greenhouses. Across the street near the greenhouses is a flower shop. Get lost for the day in the first green leaves and blossoms of spring.

 **4 Botanicheskaya Ulitsa.** Metro Vladykino
+7 (499) 977 9145. gbsad.ru

2 ALEXANDROVSKY GARDENS


The Alexandrovsky Gardens in between the Kremlin walls and Manege Square was part of the city's program to reconstruct Moscow after the Napoleonic wars and the damage caused by the French troops. The park was named after the Russian Emperor Alexander I and comprises three gardens stretching from the History Museum to the Borovitskaya Tower, each with their own designs and flower beds. In spring time it is a riot of tulips, daffodils, and lilacs — and people, of course. It's a great place for people-watching and imagining all the illustrious political and cultural figures who walked here before you.

 **Kremlin.** +7 495 629 2036




3 BOTANICAL GARDENS OF MOSCOW STATE UNIVERSITY

Also called the "Apothecary Garden," this small, verdant park is the oldest botanical garden in Russia. Founded in 1706 by Peter the Great, it was used to grow medicinal herbs and train future medical personnel in botany. Today it is a gulp of fresh air and beauty in the city center, with enormous greenhouses filled with mini-tropical jungles of ferns, palm trees, orchids and other sweet-smelling blooms. Stop in to recharge. Keep your eye out for concerts and other events.

 **26/1 Prospekt Mira.** Metro Sukharevskaya
+7 (495) 680 6765. hortus.ru


4 GARDEN PARTY AT VDNKH

Every year VDNKh hosts a garden fair for Muscovites who want to get their hands dirty. Called "Refresh Your Garden," it is being held this year April 18-21. You'll be able to buy seeds and seedlings (vegetables, flowers, herbs and shrubs); specialized plant food; garden tools and do-it-yourself greenhouses; and all kinds of watering systems. The large pavilion will be filled with more than 200 companies selling their wares and offering advice. Stop in for all your gardening needs, be they a couple of balcony flowerpots or vegetable and flower gardens at your dacha.

 **VDNKh Park, Pavilion 69.** Metro VDNKh
+7 (495) 544 34 00. vdmh.ru

5 LILAC GARDENS

Moscow's parks, squares and courtyards are dotted with lavender and white lilac bushes, but for a full-on, all-lilac experience, head to the north of the city. Near Izmailovsky Park, in a triangle between Shchyolkovskoye Shosse, Nikitinskaya Ulitsa and Sirenevy Bulvar is the 7-hectare (17-acre) Lilac Garden. Founded in 1975, it contains over 300 kinds of lilacs from all over the world concentrated in a small park. Refresh your nose by the central fountain when you need a break from sniffing in the beautiful scent of spring in Moscow.

 **12 Shchyolkovskoye Shosse**
Metro Cherkizovskaya
mos-holidays.ru/sirenevij-sad/



THE GRAND DAMES

Stay in style



Ritz-Carlton



SwissOtel Krasnye Holmy

Moscow has hundreds of excellent hotels, but for a luxurious stay in the capital, choose one of Moscow's grand hotels. Built in every era from pre- to post-revolutionary, they provide everything the modern traveler needs — and then some.



Lotte Hotel

METROPOL ART NOUVEAU MASTERPIECE

When the Art Nouveau style Metropol Hotel opened in 1905, it had all the latest modcons: electricity, hot water, room telephones, refrigerators and elevators. It also had the magnificent "Princess of Dreams" mosaic panel by Mikhail Vrubel at the top of the façade, beautiful stained glass and sculptural art. After serving as living quarters for the first Soviet governments and several owners, it is now being carefully renovated. So far, 28 rooms and suites have been remodeled in the style and soothing colors of the 19th century Russian Art Nouveau, combined with all the high-tech functionality needed by 21st century business travelers.

2 Teatralny Proyezd. Metro Teatralnaya
+7 (495) 266 0170 metropol-moscow.ru

RADISSON ROYAL MOSCOW

THE HISTORICAL UKRAINE HOTEL

When the Ukraine Hotel was completed in 1957, it was Europe's largest hotel and the pride of the city. Now it has been brilliantly renovated to bring it into the 21st century while not losing any of its mid-19th-century chic. The adjacent Congress Park is one of the city's best conference centers, with spaces for every need and capacity. This award-winning 5-star hotel is also a museum of sorts, with a collection of more than 1,200 paintings, almost 60 sculptures, and a unique diorama of the city in 1977. In fine weather, take a river cruise on one of the hotel's fleet.

2/1 Kutuzovsky Prospekt, Bldg. 1
Metro Kievskaya +7 (495) 221 5555
radissonblu.com/en/royalhotel-moscow

BALTSCHUG KEMPINSKI QUIET ELEGANCE

The Baltshug Kempinski is located right across the Moscow River from the Kremlin, St. Basil's Cathedral and Red Square, and has some of the most spectacular views in any hotel in the city. The historical building, built in 1898, has been meticulously reconstructed in a warm contemporary style with all the amenities. The lobby lounge and bar is always bustling, and the Sunday brunch is usually packed with travelers and locals, both foreign and Russian. An easy walk to galleries, museums, restaurants and theaters, the Kempinski Baltshug is perfect for tourists and art lovers.

1 Ulitsa Balchug
Metro Novokuznetskaya. +7 (495) 287 2000
kempinski.com/en/moscow/hotel-baltschug/location/



The Metropol



Radisson Royal "Ukraine"

LOTTE HOTEL MOSCOW LUXURY IN THE HEART OF THE CITY

Opened in 2010, the Lotte Hotel is one of Moscow's newest hotels and already a favorite of travelers and locals. It has 300 rooms — including the largest Royal Suite in Russia, which at almost 500 square meters could welcome the most extended royal family — all equipped with every technical wonder a modern traveler needs. For a meal, make reservations ahead of time, since both visitors and Muscovites fill the hotel's famous eateries: updated Italian cuisine at OVO and impeccable Japanese fare at MEGUmi. And be sure to visit the health club, pool, and Mandara Spa, where East and West combine to relax and renew — the perfect antidote to Moscow madness.

2 Novinsky Bulvar, Bldg. 8
Metro Smolenskaya. +7 (495) 745 1000
lottehotel.com/moscow

RITZ-CARLTON A NEW MOSCOW LANDMARK

The best thing that has happened to Ulitsa Tverskaya was when the boxy, dark and dreary Intourist Hotel was torn down and the stylish Ritz-Carlton put up in its place. The hotel is modern and a bit glamorous, and yet looks as if it has been in this spot for a century. Enjoy a drink or coffee in the lobby, or have a drink and snack in the rooftop O2 Lounge with its astonishing view over the Kremlin and Red Square, before dining on Pan-Asian cuisine in the Novikov Restaurant and Bar. The hotel has a particularly fine spa and health club, not to mention modern, flexible meeting space. The ballroom is a popular spot for weddings and other festivities.

3 Ulitsa Tverskaya
Metro Okhotny Ryad +7 (495) 225 8888
ritzcarlton.com/en/hotels/europe/moscow

SWISS OTEL KRASNYYE HOLMY

KNOCK-OUT VIEW AND SWISS CHARM

At the tip of a narrow island between the Moscow River and a canal, right next to Moscow's newest concert hall, Dom Muzyki, stands the 34-story Swiss Otel Krasnyye Holmy. Modern and sleek, but still warm and welcoming, the hotel is a favorite of business travelers and anyone who wants to stay fit and healthy on the road. The Purovel Spa and Sports facilities make it easy to relax and stay in shape. The City Space Bar and Restaurant, named one of the world's top ten bars, has a 360-degree city view and an extensive and tempting menu of drinks and dishes.

52 Kosmodamianskaya Naberezhnaya, Bldg. 6
Metro Paveletskaya. +7 (495) 787 9800
swissotel.com/hotels/moscow/

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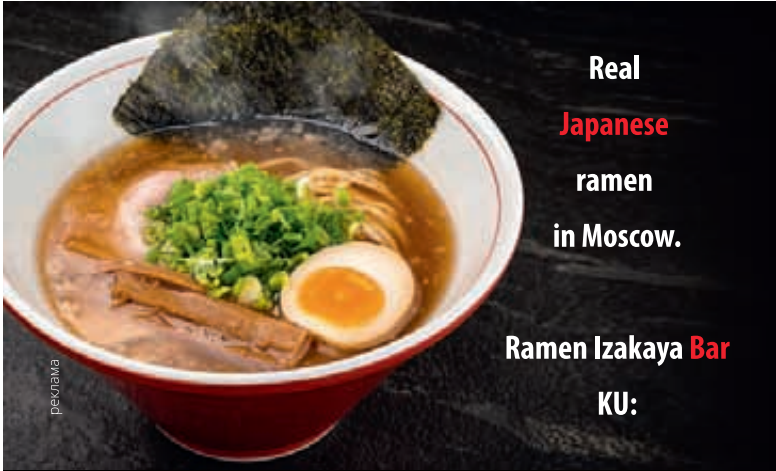
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MAY HOLIDAYS... THE GREAT ESCAPE

DUBAI

TREAT YOURSELF TO A SHEIKH'S HOLIDAY

dubai, the United Arab Emirates' largest and wealthiest city, has long been one of the favorite holiday spots for well-off Russians. And it's no wonder, with Burj Khalifa, officially the tallest building in the world; Burj Al Arab, dubbed "the world's only 7-star" hotel; and, of course the artificial islands. It's also quickly becoming an important spot for contemporary art, with a growing number of cutting-edge galleries and the Art Dubai fair.

Jumeirah Al Naseem is a brand new hotel, part of the Madinat Jumeirah resort. Hospitable and cozy, Jumeirah Al Naseem combines traditional Arab culture and design with a modern Dubai outlook. "Al Naseem" means "sea breeze" in Arabic, reflecting the location of the hotel and emphasizing its open design and magnificent views of the sea. Jumeirah Al Naseem offers guests a choice of 430 rooms and suites.

At the entrance to the hotel, guests are welcomed by a caravan of camels made of steel by Emirati sculptor Mattar Bin Lahej. The guests have access to the longest private beach in Dubai, a swimming pool, more than 40 restaurants and bars, and an authentic bazaar of oriental spices and clothes, as well as a spa and fitness center. And the sun always shines.

SOCHI

FROM OLYMPICS TO A SKI RESORT

four years after the Olympics, Sochi has reinvented itself as a combination of sea and ski resort. On the seashore: sun, sea, old sanatoria, a wonderful arboretum, and, of course, the Olympic park in the nearby Adler.

In the mountains, the ski season in the resort of Roza Khutor continues until the very end of April, and you can count on sunny weather, 102



Five hours by plane and you're in the sunshine at the Jumeirah Al Naseem resort in Dubai.

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The Caucasus in the spring

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Even if you don't ski, come to Roza Khutor for breathtaking views of the Caucasus mountains or a bite at Vysota 5642 (Height 5642) restaurant by Arkady Novikov, Moscow's top restaurateur. There are plenty of hotels by the sea, including the famous Zhemchuzhina (Pearl) where you can experience luxury Soviet style.



Roza Khutor resort

Walk the crooked cobbled streets of the walled Old City, which is a UNESCO World Heritage site. Don't miss the wonderfully restored Maiden Tower and Palace of the Shirvanshahs.

Stroll down the wide green boulevard along the seashore and check out the new skyscrapers, as well as late 19th- early 20th century archite-



Qol Sharif Mosque in the Kazan Kremlin

ture. One such opulent mansion now houses the Historical Museum.

The Azerbaijan Carpet Museum will tell you more about carpets than you ever wanted to know, while the dream-like Heydar Aliyev Center by Zaha Hadid hosts contemporary art shows.

If you have time, take a drive to Gobustan — a national park with prehistoric petroglyphs and lunar landscapes with mud volcanoes and stunning views of the Caspian.

BAKU FAIRYTALE CITY ON THE CASPIAN SHORE

Just three hours by plane and you are in Baku, a city that has shed its Soviet heritage and embraced its new role as a booming oil town on the Caspian Sea.

ROSTOV PEARL OF THE GOLDEN RING

Rostov is great to visit at any time of the year. It's also one of the easiest to reach cities of the Golden Ring route, a string of small but historically important cities north-

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Zavidovo has extensive sports facilities and is a favorite stop on private river cruises.

east of Moscow. Just hop on a regular commuter train and it will get you there in less than three hours.

It's not clear exactly when Rostov was founded, but its first mention in the Chronicles is dated 862. Before that it was part of the Finno-Ugric lands. The city, built on the shores of Lake Nero, quickly rose to prominence. It first became the capital of the Rostov-Suzdal principedom and then the center of the independent Rostov principedom. After the Tatar-Mongol invasion, Rostov became part of growing Muscovy.

The main sight in Rostov is the 17th-century Kremlin, about a 20-minute walk from the train station. It wasn't built as a proper Kremlin, i.e. a defensive fortress, but rather as the seat of power for the local religious authority — the Metropolitan. It's a museum now, with a great collection of icons and religious artifacts, as well as "finift" — enameled miniatures, a local specialty.

The best place to stay is within the Kremlin walls at the the Hotel na Pogrebakh ("above the cellars"). It's located in a renovated 17th century building, and gives you 24-hour access to the majestic Kremlin grounds.

KAZAN

MULTI-CULTURAL METROPOLIS ON THE VOLGA

Kazan is the capital of the republic of Tatarstan and one of the most unique cities in Russia. Ivan the Terrible's campaign of 1552 put an end to the Kazan Khanate, but the region retains its distinct cultural and religious identity. Mosques and Orthodox churches are scattered all over the city, and a formidable-looking Kremlin sits up on a hill overlooking the



Golden Ring city of Rostov

Volga. Start your tour of the Kremlin with the recently built Qol Sharif mosque, the 16th-century Annunciation Cathedral and the "leaning" Suyumbike tower. A great place to stay is the Center Hotel Kazan Kremlin (6 Ulitsa Karla Marksa), right next to the Kremlin walls.

Check out the walking street Ulitsa Baumana and try some Tatar cuisine, including traditional "echpochmak" triangle pies and the honey-covered fried dough dessert called "chak chak." Climb the tall bell tower of the Epiphany Cathedral for great views of the city, or walk along the winding canal-like Bulak River. Spend some time at Smena — a bookstore doubling as an art gallery and a coffee shop. The Tatarstan State Museum of Fine Arts has a good collection of avant-garde art and local icons.

If you have time for a day trip, head out to the island city of Sviyazhsk, which was founded by Ivan the Terrible as the launching ground for his attack on Kazan. Now it's a quiet museum town with 16th and 17th century churches and monasteries.

ZAVIDOVO

PRESIDENTIAL RECREATION

Zavidovo is a village and a nature reserve just 100 kilometers from Moscow, located in one of the most environmentally clean corners of the world, according to UNESCO. It's best known for being the official residence of the Russian president. Zavidovo has enjoyed the attention of Russia's leaders for a long time — in fact, there's evidence that Ivan the Terrible's hunting lodge was located somewhere in the area. During the Soviet era it became known as the "Politburo hunting reserve."

Radisson Resort & Residences Zavidovo is a hotel complex that stands right on the bank of the river Doibitsa, close to its confluence with the Volga. A holiday at Zavidovo best suits those who appreciate nature and privacy in combination with good service and comfort. There are 239 hotel rooms and 188 apartments, each with a view of the river or the forest. There's a sandy beach and a promenade along the river, from where you can admire the snow-white yachts and fast boats.

Sports fans will appreciate the professional golf course, yacht club and sports center that offers both summer and winter activities. There's also a spa, several restaurants and bars. The resort complex has one of the biggest conference centers in the Moscow region. The perfect place to get away from the city!



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