

Autumn Guide

The  Moscow Times

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ST. PETERSBURG  **GOSTINY YARD** Shopping center «Gostiny Dvor». Nevsky Prospect, Building 35, Sadovaya Line, 2nd floor.
(The historical center of St. Petersburg)

The Moscow Times

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HOW TO FIND THE BEST OF AUTUMN

The weather is getting chillier and the days are getting shorter, but do not despair! Autumn means a lot of good things, too. For one thing, it's the start of another cultural season for Moscow, and there's plenty to see. And there is never a shortage of great things to do in this city during any season.

As always, our seasonal guide is here to show you the best in Moscow culture, wining and dining, nightlife, travel and health. So with a beautiful autumn ahead of us, sit back with this guide and make plans for some wonderful days and fun adventures ahead!

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From Tiepolo to Canaletto and Guardi

AUTUMN EXHIBITIONS

WHAT NOT TO MISS

TRETYAKOV GALLERY

TIME OF CHANGE. GRAPHICS OF THE 1860S.

This exhibition is the fourth in a series from the Tretyakov Gallery's collections focusing on 19th-century drawings. The 1860s were marked by significant changes in aesthetic perspectives, in part because of the influence of impressionism and the development of art collectives. It features about 200 works by artists including Vasily Perov, Ivan Kramskoi and Nikolai Nevrev.

WHEN Through Nov. 30

10 Lavrushinsky Pereulok.
Metro Tretyakovskaya.
tretiyakovgallery.ru/en



New Tretyakov

NEW TRETYAKOV GALLERY

THE ROMANOV. FAMILY CHRONICLES

To commemorate the 100th anniversary of the murder of Tsar Nicholas II and his family, the New Tretyakov is hosting a photo exhibition in conjunction with the Moscow International Photo Biennale. The collection features albums and photographs from the Romanov estate that have never been open to the public before.

WHEN Through Oct. 28

GONCHAROVA AND MALEVICH:

IN THREE DIMENSIONS

This is an immersive, virtual-reality-enhanced exhibition that showcases and "recreates" works by Natalia Goncharova and Kazimir Malevich. Visitors are able to learn about the artists' creative processes and take >



Garage Museum of Contemporary Art



Pushkin Museum

part in them, as the virtual-reality technology allows visitors to create their own art works.

WHEN Through Dec. 30

ILYA AND EMILIA KABAKOV. NOT EVERYONE WILL BE TAKEN INTO THE FUTURE

This mixed-media exhibition comes to Moscow after touring the Tate Modern in London and the State Hermitage Museum in St. Petersburg. It features over 100 paintings, drawings, sculptures and large-scale installations centered around a pivotal project called "Not Everyone Will Be Taken Into the Future," featuring a train receding into the distance as it leaves behind futuristic images. Ilya and Emilia Kabakov are widely regarded as Russia's leading contemporary artists, known for their complex and collaborative installations.

WHEN Through Jan. 3

MIKHAIL LARIONOV

This comprehensive retrospective focuses on Mikhail Larionov (1881-1964), one of the founders of Russian avant-garde. Larionov was recognized for his primitive style



Edo exhibition at the Pushkin

**SOMETHING'S
ON FOR EVERY
TASTE AND
INTEREST, FROM
CLASSICAL TO
CONTEMPORARY.**



Bauhaus exhibition at Garage



Ilya and Emilia Kabakov. Not Everyone Will Be Taken into the Future

and abstract art. This exhibition is divided into two sections: One is dedicated to the Russian influences on Larionov and features his most iconic paintings; and the other is dedicated to his French influences and his artwork for Sergei Diaghilev and the Ballets Russes.

WHEN Through Jan. 20

10 Krymsky Val.
Metro Oktyabrskaya.
tretiyakovgallery.ru/en

GARAGE MUSEUM OF CONTEMPORARY ART

BAUHAUS IMAGINISTA. MOVING AWAY: THE INTERNATIONALIST ARCHITECT

"Moving Away: The Internationalist Architect" is the Moscow segment of the "bauhaus imaginista" project, an international collaboration tracking Bauhaus's influence around the globe. This exhibition at Garage focuses on the relationships between Bauhaus students and their teachers in the Soviet Union, and it features works by students of architects and urban planners Hannes Meyer, Phillip Tolzinger, Konrad



BVLGARI exhibition at the Kremlin

Püschel and Lotte Stam-Beese.
WHEN Through Nov. 30

THE FABRIC OF FACILITY

This international project presents "clothes in art," with a different view than that of the fashion industry. It focuses on the production cycles of raw materials, textiles and their modes of transport around the world. It is a study and re-discovery of global trade and influence. Special attention is paid to the Russian (and Soviet) context, though the exhibition features over 40 international artists.
WHEN Through Jan. 27

MARCEL BROODTHAERS

Garage presents an exhibition of Belgian filmmaker and artist Marcus Broodthaers (1924-1976). He produced works that challenged and revolutionized how museums functioned. This exhibition features his early films and most famous installations, including "The Museum of Modern Art, Department of Eagles" and "Decors." Broodthaers began his creative life as a poet, and his works accordingly explore the relationship between image and text.
WHEN Begins Sept. 29 and runs through Feb. 3

DAMIÁN ORTEGA. THE MODERN GARDEN



Pablo Picasso: Three Women



Burluk exhibition



Museum of Russian Impressionism

THE AUTUMN SEASON INCLUDES FINE ITALIAN JEWELRY, PICASSO AND KABAKOV.

Garage commissioned this large-scale installation by Damián Ortega, a sculptor working in Mexico City. It comprises 30 sculptures constructed from commercial materials and logos as a study of the intersection between the corporate and artistic worlds, as well as the ability to recycle industrial materials into works of art.

WHEN Begins Sept. 29 and runs through Feb. 28

📍 9/32 Krymsky Val.
Metro Park Kultury, Oktyabrskaya.
garagemca.org/en

THE PUSHKIN STATE MUSEUM OF FINE ARTS

FROM TIEPOLO TO CANALETTO AND GUARDI

Works from two preeminent Italian museums join pieces from the Pushkin Museum's permanent

collection in order to present a survey of Italian rococo. The featured Italian artists include Giambattista Tiepolo, Giovanni Battista Pittoni, Luca Carlevarij, Giovanni Battista Piazzetta, Giovanni Antonio Canal (Canaletto), Francesco Guardi and Pietro Longhi.

WHEN Through Oct. 14

TADASHI KAWAMATA: ON THE RIGHTS OF BIRDS / PARASITE PROJECT

The Pushkin Museum commissioned contemporary Japanese artist Tadashi Kawamata to create this innovative project.

Kawamata collected materials while surveying the oldest sections of the Pushkin Museum's main building. He then warped these materials into sculptures resembling nests, and the nests are displayed both in a special exhibition area and on the outer facade of the museum.

WHEN Through Oct. 28

MASTERPIECES OF EDO PAINTINGS AND PRINTS

Art works rarely displayed outside of Japan have been brought to the Pushkin for a major survey of the Edo period (1603-1868). This era was marked by major political and artistic changes: When the Tokugawa clan came to power, cities rapidly industrialized and traditional crafts were revolutionized. This rare exhibition features works that have been designated as Japanese national treasures, and provides insight into the cross-section of traditional and modern art in Japan.

WHEN Through Oct. 28

ANATOMY OF CUBISM

This exhibition examines Pablo Picasso's early sketchbook for "Ladies of Avignon." By focusing on the early planning stages of this work, visitors can gain an appreciation for the deeper layers of cubism. The exhibition also includes Paul Cezanne's "Bathing," several Egyptian and African sculptures, and paintings by Picasso from the Pushkin collection.

WHEN From Sept. 25 through Jan. 13

BARONESS D'OETTINGEN'S PARIS NIGHTS

At the turn of the 20th century, Polish émigré cousins Hélène Miaczinska and Sergei Yastrebzov moved to Paris. She became Baroness d'Oettingen and he became Serge Férat, and together they were leaders among the emerging avant-garde movement. The Pushkin has re-created the baroness's salons, which entertained such luminaries as Picasso and Matisse. This exhibition encompasses the years 1910-1950 and showcases materials from the private collections of the two cousins.

WHEN From Sept. 25 through Jan. 13

 12 Ulitsa Volkhonka.



Ezra Stoller exhibition

RUSSIAN AVANT-GARDE, AMERICAN MODERNISM, AND JAPANESE EDO- PERIOD

Metro Borovitskaya, Kropotkinskaya.
pushkinmuseum.art


MUSEUM OF RUSSIAN IMPRESSIONISM

DAVID BURLIUK. A WORD TO ME!

More than 50 works from 14 state museums have been collected for this retrospective of David Burliuk, widely considered the "father of Russian futurism." The exhibition spans the years 1900-1930 and provides a glimpse into the dramatic evolution of Russian art during that period.

From Oct. 4 through Jan. 27

WHEN From Oct. 4 through Jan. 27

 15 Leningradsky Prospekt.
Metro Belorusskaya.
rusimp.su/en


KREMLIN MUSEUMS

BVLGARI. TRIBUTE TO FEMINITY. MAGNIFICENT ROMAN JEWELS

For the first time in Russia, the Moscow Kremlin Museums are holding a retrospective exhibition that presents pieces of jewelry

by the Italian luxury brand BVLGARI, some dating back more than 130 years. Over 400 unique pieces of jewelry from the Bvlgari Heritage Collection, as well as pieces from private collections around the world, will be on display at two exhibition halls of the Kremlin museums — the Exhibition Hall of the Assumption Belfry and the Exhibition Hall of the Patriarch's Palace.

WHEN Through Jan. 13

 The Kremlin.
Metro Okhotny Ryad.
kreml.ru/en-us

MULTIMEDIA ART MUSEUM

UNO MORALES. FORGET ABOUT WHAT YOU REMEMBER


Uno Morales is a Russian artist who creates whimsical graphics constructed entirely out of pixels. His art, on display at the Multimedia Art Museum in conjunction with the Triumph Gallery, has a surreal, sinister and vivid character, warping pixels into eerie portraits, landscapes and scenes.

WHEN Through Oct. 14

YOU LOOK AT SOMETHING THAT NEVER HAPPENED

This photographic installation from the Zabludowicz collection challenges viewers' notions of reality and objectivity. Each image on display has been manipulated in some way, as true-to-life as they may seem at the outset. This playful and surreal exhibition features works by photographers from around the world.

WHEN Through Nov. 4


 16 Ostozhenka Ulitsa.
Metro Kropotkinskaya.
mamm-mdf.ru/en

THE LUMIERE BROTHERS CENTER FOR PHOTOGRAPHY

PIONEERS OF AMERICAN MODERNISM. EZRA STOLLER

For the first time in Russia, the Lumiere Brothers Center of Photography presents the works of American architectural photographer Ezra Stoller (1915-2004). The exhibition includes such iconic works as his photographs of the Guggenheim Museum in New York, the Whitney Museum of American Art, Manhattan skyscrapers, the TWA Terminal at John F. Kennedy (then Idlewild) Airport and other modern buildings.

WHEN Through Dec. 2

 3 Bolotnaya Naberezhnaya, bldg. 1.
Metro Kropotkinskaya.
lumiere.ru



The Gingerbread House at Novaya Opera

THE STAGE

PREMIERES AND NEW PRODUCTIONS

autumn means the start of Moscow's cultural season. Here are some of the exciting premieres and new productions taking place on stages across Russia's capital.



Macbeth at the Stanislavsky

BOLSHOI THEATER

CANDIDE

As part of a global celebration of composer and conductor Leonard Bernstein's centenary, the Bolshoi Theater presents the operetta "Candide," which is based on Voltaire's novella. Richard Wilbur, Stephen Sondheim and Lillian Hellman contributed to the libretto.

1 Teatrnaya Ploshchad.
Metro Teatrnaya
Bolshoi.ru/en

THE BARBER OF SEVILLE

The Bolshoi does a new take on one of the world's most beloved comic operas, Gioachino Rossini's "The Barber of Seville." Pier Giorgio Morandi conducts.

NUREYEV

A production by embattled director Kirill Serebrennikov, this ballet is about the legendary dancer and choreographer Rudolf Nureyev, spanning his life from the 1960s to the 1990s. The libretto, scenography and staging are by Serebrennikov; the music is by Ilya Demutsky; and the choreography is by Yuri Posokhov. The new production has been surrounded by controversy due to postponements, Serebrennikov's arrest and the ballet's subject matter.



Nureyev at the Bolshoi



Bolshoi Theater

STANISLAVSKY AND NEMIROVICH-DANCHENKO THEATER

MACBETH

The Stanislavsky and Nemirovich-Danchenko Academic Music Theater premieres a new version of Giuseppe Verdi's opera based on Shakespeare's play. The stage director

is Kama Ginkas, and it's his first opera in Russia. Felix Korobov is the music director and conductor. While many productions place classical texts in present-day times, Ginkas moves Shakespeare's tale into prehistoric times.

📍 **Ulitsa Bolshaya Dmitrovka, 17.**
Metro Chekhovskaya
stanmus.com

NOVAYA OPERA


THE GINGERBREAD HOUSE, OR OR HÄNSEL UND GRETEL

One of the world's best operas for children premieres this fall at the Novaya Opera. Engelbert Humperdinck's "Hänsel und Gretel" premiered in the Weimar court theater in 1893 and was conducted by Richard Strauss. The libretto, based on the Grimm brothers' fairytale, was written by Humperdinck's sister Adelheid Wette. In Russia, this fairytale



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📍 [/yurarestaurant](https://www.instagram.com/yurarestaurant) 📺 [/yura.restaurant](https://www.youtube.com/yura.restaurant)



Novaya Opera

opera is known as "The Gingerbread House or Hänsel und Gretel." Stage director Yekaterina Odegova calls her production an all-family show, with bright costumes and sets, as well as interactive and playful scenes.

📍 3/2 Karetny Ryad. Metro Chekhovskaya
novayaopera.ru/en



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THE GOGOL CENTER

LITTLE TRAGEDIES

The Gogol Center's Kirill Serebrennikov is still under house arrest, but his recent production, Little Tragedies, is back on the stage. Based on four short dramas in verse written by Alexander Pushkin, "Little Tragedies" stays close to the words of the classic, but updates and sometimes revolutionizes the meanings. This production features music by Husky, one of Russia's most popular rappers.

THE LAKE

This new drama was written especially for the Gogol Center by Mikhail Durnenkov and is directed by Sergei Vinogradov. A trip to the lake by a group of friends turns into a discussion and study of midlife crises and insecurities.



The Gogol Center



The Lake at the Gogol Center

📍 8 Ulitsa Kazakova.
 Metro Kurskaya
en.gogolcenter.com

POKROVSKY OPERA

ONE DAY IN THE LIFE OF IVAN DENISOVICH

"One Day in the Life of Ivan Denisovich" is an opera written by

contemporary composer Alexander Tchaikovsky, based on the novel by Alexander Solzhenitsyn. It's set in a Soviet labor camp and follows a single day in the life of an ordinary prisoner.

📍 17 Nikolskaya Ulitsa, bldg. 1.
 Metro Lubyanka
opera-pokrovsky.ru

STANISLAVSKY ELECTROTHEATRE

ORPHIC GAMES. PUNK-MACRAME

Another ambitiously creative project by the Stanislavsky Electrotheatre, this is a single work of theater, based on the myth of Orpheus, in 33 acts, presented over the course of 12 different productions, and with all 100 participants taking part in its creation and direction.

📍 23 Tverskaya Ulitsa.
Metro Pushkinskaya
electrotheatre.com

BALLET MOSCOW

TRANSCRIPTION OF COLOR

Created by the Dutch choreographer Juanjo Arqués and the dramaturge Fabienne Vegt and set to John Adams' orchestral score "Harmonielehre," "Transcription of Color" debuted in June to strong reviews. The dance explores constructivism, the abstract and geometrical art created by artists of



Orphic Games at the Electrotheatre

A SINGLE WORK IN 33 ACTS, 12 PRODUCTIONS, WITH 100 PARTICIPANTS

and based on Leo Tolstoy's "Kreutzer Sonata." It will be performed at the Stanislavsky and Nemirovich-Danchenko Moscow Music Theater. Tolstoy's story is moved into the present day, and the heroine is cast as a woman who sacrificed personal ambition for the sake of taking care of her family.

📍 17 Bolshaya Dmitrovka Ulitsa.
Metro Chekhovskaya
baletmoskva.ru



A PIECE OF GEORGIA IN THE CENTER OF MOSCOW.

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FINE DINING

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the ingredients are so unusual that they send restaurant customers to their smartphones to look them up.



SibirSibir

SIBIRSIBIR

A transplant to Moscow from Novosibirsk, SibirSibir specializes in Siberian cuisine both traditional and contemporary. To build the menu, the restaurant delved into the culinary archives and the depths of the Siberian taiga, discovering hundred-year-old methods of cooking that had been forgotten. The ingredients are just as unusual, even sending Russians to their smartphones to

Google *muksun*, *capercaillie*, and *agaric*. You'll enjoy salted fish, Siberian dumplings and pine-cone jams. Don't miss the wide selection of infused vodkas.

Ulitsa Smolenskaya, 8.
Metro Smolenskaya.
sibirsibir.ru



MATRYOSHKA

Mixing pre-revolutionary aesthetics with a hint of steampunk, this restaurant will make you feel like you've stepped back one hundred years in time. In fact, it mimics some of Moscow's great restaurants from the turn of the century — in style as well as in its menu. Here you can dine like Tolstoy's heroes on caviar and blini, beef stroganoff, and borsch, as well as a number of creative meat and fish dishes, all inspired by classic Russian recipes.

📍 **Kutuzovsky Prospekt, 2/1 Bldg. 6.**
Metro Kievskaya.
matryoshka-rest.ru

GRAND CAFÉ DR. ZHIVAGO

The name is misleading, because this place has little or nothing to do with the novel. But it is one of Moscow's trendiest restaurants, and, located in the Hotel National and with huge open windows looking onto the Kremlin, it's difficult to beat.

The menu selection is terrific, featuring traditional Russian gourmet dishes with a contemporary flair, including cold smoked fish, different types of caviar, dumplings with fish, crab, or duck and lavish soups and salads. A gourmand's delight.

📍 **15/1 Mokhovaya Ulitsa.**
Metro Okhotny Ryad. drzhivago.ru

DELICATESSEN

Combining innovative recipes with home-style cozy interiors, Delicatessen is the perfect place to experience the new era of Moscow dining. With dishes ranging from diaphragm steak with lime and coconut mashed potatoes to grilled tongue with black chanterelle cream, one thing you may be sure of is that you're in for a surprise. And as for the cocktail bar, with dozens of creative choices chalked onto the walls of the restaurant, your only limit is your own imagination — and Delicatessen can help you with that.

📍 **20 Sadovaya-Karetnaya, Bldg 2.**
Metro Mayakovskaya. newdeli.ru

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VINOTEKA ABRAU-DURSO

Abrau-Durso Wine House is the leading Russian producer of sparkling and still wines; and Vinoteka Abrau-Durso provides a rare format for a Moscow venue, one in which the leading role is given to sparkling wines, with the accompanying food specially designed to highlight the tastes of the wines. The restaurant is situated in the historic GUM, one of Moscow's most prestigious shopping malls. In this place, the histories of two legendary brands merge. The wine list offers a full selection of sparkling wines, still wines, cocktails based on wine and sparkling wine, and Russian wines from Vedernikov Winery and Usadba Divnomorskoye. The bar also serves exquisite European and Russian cuisine, including Pacific crab canapés, Russian sturgeon, ceviche, baked starlet, caviar, oysters, mussels, bruschetta and snails – as well as a tempting dessert menu and other tasty treats. Moreover, Vinoteka Abrau-Durso offers lectures and themed master-classes. Upon request, the staff gives private wine tastings.

📍 **3 Red Square.**
Metro Okhotny Ryad.
abrau.ru

VINOTEKA ABRAU-DURSO ALSO OFFERS A SELECTION OF LECTURES AND MASTER- CLASSES.

atmosphere, the restaurant's other strong attraction is an installation by the Russian artist and architect Alexander Brodsky. It resembles an open-air bar on a seashore. There's a small table where visitors can have a drink, while looking around and listening to the sound of the sea and seagulls. The restaurant's dining-room interior can be best defined as "shabby chic," with a decor reminiscent of a pre-revolutionary St. Petersburg apartment. Proliv's menu blends well with its comfortable atmosphere, with traditional Russian cuisine given inventive twists and a modern flair.

📍 **12 Nikitsky Bulvar.**
Metro Arbatskaya.
prolivproliv.ru

SOUP-CAFÉ

If you've already had your fill of the classic *borshch* and *shchi*, Soup-café is the place to go. A cornucopia of flavors, the restaurant aims to collect every recipe under the sun — and it's at 127 and counting. Visitors can let their worries drain away as they sip *kharcho* or Boston cheddar and enjoy Soup-café's cozy atmosphere. And if they want to experiment at home, the restaurant's got them covered: From Creole gumbo to the millennial favorite, avocado soup, Soup-café's website boasts a recipe for every taste.

📍 **17 Skakovaya Ulitsa.**
Metro Belaruskaya.
soupcafe.ru



HAGGIS

Take Russian and British cooking traditions, mix them together, put them in a typical British pub, place it in the center of Moscow, and you get Haggis — a cutting-edge gastropub whose dishes combine familiar flavors in unique ways to make something entirely new. Serving everything from Scotch pies with wild deer to chicken liver pate with jellied cider, the pub is a love letter to the two

cultures. Add to that its inexhaustible drinks menu, featuring craft beer from seven countries, and there's no better place to spend an evening.

📍 **15 Petrovka Ulitsa, Bldg. 1**
Metro Teatralnaya. en.haggispub.ru

PROLIV

Proliv has become a hip magnet for Moscow's intelligentsia. With its inviting menu and

PHO

Located in Danilovsky market, one of the trendiest food spots in Moscow, Pho is a gem within the city's developing international food scene. Faithfully following Vietnamese culinary traditions, the restaurant offers soups, fresh mangos and, of course, their namesake pho — a rich Vietnamese soup filled with herbs, rice noodles and meat for those who want it. Add the pepper if you dare, and be sure to come in hungry — the serving size is generous enough for two. And other tempting eats beckon. from all over the market.

📍 74 Mytnaya Ulitsa. Metro Tulskeya.
facebook.com/pages/
B%03%B4/421354388204497



Korchma Taras Bulba

KORCHMA
TARAS BULBA

As you enter the tavern — or *korchma*, as they call it in Ukrainian — you find yourself enveloped in the warmth and hospitality of an old Ukrainian kitchen. Taras Bulba has it all: bright fabrics with traditional motifs, folk art, a soundtrack of Ukrainian tunes and, most importantly, an extensive menu chock-full of beloved Ukrainian dishes, from *smalets* and *draniki* to *vareniki* and *pampushki*. Soups, naturally, are in pride of place as the core of every meal, and Taras Bulba is one of the best places to try real Ukrainian *solyanka* or sorrel *borshch*.

📍 Multiple locations.
tarasbulba.ru

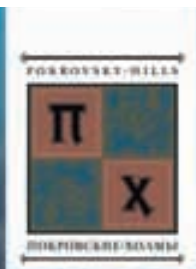


Soup-Café

MOSCOW
RESTAURANTS
CONTINUE
TO DIVERSIFY
VEGETARIAN
OPTIONS.

HAVE A NICE DAY

It's not always easy to find vegetarian food in Moscow, but Have A Nice Day sets out to offer its customers plenty of creative veggie, raw and simply healthy options. The restaurant strives to promote a balanced, conscientious lifestyle, and >

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Hines



Voskhod

VOSKHOD

Here, you can step into the future, sort of. Voskhod is a new restaurant by one of Moscow's most prominent restaurateurs, Alexander Rappoport, located in the newly built Zaryadye Park. Voskhod focuses on dishes from all 15 former Soviet Union republics and its interior looks like a Soviet-made spaceship with great views of the Moscow River. We recommend trying the Azeri home-made pasta or trout from Lake Sevan in Armenia, while listening to a live band playing retro music.

📍 **6 Ulitsa Varvarka.**

Metro Kitay-Gorod, Okhotny Ryad.
voshodrest.ru

DISHES FROM 15 FORMER SOVIET REPUBLICS SERVED IN THE INTERIOR OF A SPACESHIP



White Rabbit

its breezy, uncluttered interior and summer smoothies are enough to make visitors feel lighter and more at ease. If that doesn't tempt you, their vegetarian chowder, cauliflower cream soup and raw cold soup with asparagus and avocado should certainly put it on your radar.

📍 **15 Tsvetnoi Bulvar.**

Metro Tsvetnoi Bulvar. hndcafe.com

WHITE RABBIT

From its location on the 16th floor of Smolensky Passage, White Rabbit offers its visitors stunning views of the city as they taste the restaurant's many innovative dishes. Every Russian classic is brought to the next level as borshch gets a filling of crucians, baked beans and turnip crisps, and simple pies are re-imagined to contain grouse and mushrooms, or veal and beef tongue. The restaurant's

special pride, however, is its unique set of vegan dishes: moving with the times, they provide sun-dried beet tartare, star-shaped pumpkin ravioli and much more.

📍 **3 Smolenskaya Ploshchad.**

Metro Smolenskaya.
whiterabbitmoscow.ru/en



Expedition. North Cuisine

EXPEDITION. NORTH CUISINE

The legendary restaurant Expedition. North Cuisine has been around for 16 years, and has long been a favorite among Moscow's adventurous and foodie crowds. Here you can try

unique delicacies from the Russian North — products delivered from ecologically clean Russian regions where a regular tourist is unlikely to ever set foot. The dishes, from the traditional "Aybarch" stroganina of reindeer to "Baikal Port" — lightly marinated Baikal omul with onions and garlic — are prepared using unique and creative recipes. The interior of the restaurant immerses visitors in the atmosphere of a real expedition: Siberian cedar furniture, a real MI-2 helicopter and a mountain river under your feet.

📍 **6 Pevcheskiy Pereulok.**

Metro Kitai Gorod.
expedicia-restaurant.ru

CHICAGO GRILL & BAR

An upscale take on the classic American steakhouse, Chicago Grill & Bar aims to deliver the best, juiciest piece of meat you've ever had. The elegant, warm interior creates an intimate atmosphere perfect for



Chicago Grill & Bar

a date, business meeting or family outing, while those in the mood for a more rowdy evening will feel right at home at the restaurant's well-stocked bar — a long-time favorite hangout for the foreign business community in Moscow. With a remarkable selection of open-fire steaks, ranging from the standard filet mignon and rib eye to Chicago Grill's signature Machete or Denver, the restaurant is a carnivore's paradise. It has a great wine list too.

📍 **8 Strastnoi Bulvar.**
Metro Pushkinskaya.
chicagogrill.ru



Goodman

GOODMAN

If you treat meat as a cult or a religion, you've come to the right place. At Goodman steakhouses they know everything there is to know about good meat, as well as how to cook it to perfection. Come and check out their menu, bursting with tantalizing options from beef cheek burgers to beef ribs in raspberry sauce to pastrami on a piece of farmers bread — the list of wonders just goes on and on. If you're more into the original steaks, try the Tomahawk and you'll experience the sublime combination of perfectly charred outside and luscious rare-red center. And don't despair if you're more into fish and seafood: Between grilled octopus, crab cakes, and fresh melt-in-your-mouth sea bass, you're sure to find your new favorite dish.

📍 Multiple locations: goodman.ru

BAMBOO.BAR

Feeling like something tropical smack in the center of the city?

And in the center of Moscow City, to be exact? Then Bamboo. Bar is the place for you. This exotic tropical culinary island serves up tasty pan-Asian cuisine in a comfortable atmosphere located between the concrete and glass jungle of the Moscow City business center and the Presnenskaya Embankment. It takes up two floors and has a twelve-meter long bar, a famous summer terrace and some of the most glamorous parties in the



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Pescatore

city. The head chef, Sergei Kozhakov, offers guests a unique menu of traditional pan-Asian dishes that are inspired by his gastronomic journeys throughout Asia.

📍 **8 Presnenskaya Naberezhnaya, bldg. 1.** Metro Delovoy Center.
bamboobar.su/en

PESCATORE

Located next to Strelka Bar on Bolotny Island — Moscow's hip heartland — this seafood restaurant caters to an entirely different audience with its fish-themed décor. Restaurateur Andrei Zaitsev, Pescatore's owner, is a semi-professional angler in his spare time, and his passion for exquisite seafood resonates throughout his restaurant. An open kitchen and a mountain of ice displaying the restaurant's choicest seafood greets all visitors. Sometimes a fresh catch by the owner himself is offered as a special dish. Diners can ask for items on display to be prepared to their specifications. Pair your meal with a glass of wine from the extensive offering and enjoy the ebb and flow of the crowds meandering around the island.

📍 **16/9 Bersenevskaya Naberezhnaya,** Metro Kropotkinskaya, Polyanka. pescatore-moscow.ru

PYANY CRAB I SCHASTLIVAYA KURITSA

Find yourself on the streets of California as you settle down for a meal at Pyany Crab i Schastlivaya Kuritsa (literally, Drunk Crab and Happy Chicken). Set up with vintage finds from San Fran-

cisco flea markets and the owners' own photographs of California, the restaurant is as authentically West Coast as they come. Seafood runs the show, as shrimp come in all shapes and sizes, from marinated with mango to shrimp tempura; and crab dishes take it up an extra notch. You can take a crack at a



Bamboo Bar

THOUGH LANDLOCKED, MOSCOW IS A SEAFOOD LOVER'S PARADISE

whole baked Kamchatka or snow crab, or get everyone's favorite, the crab cakes — but if you do, know you'll be hooked for life.

📍 **6 Bolshoi Sukharevski Pereulok.** Metro Sukharevskaya, Trubnaya.
facebook.com/drun.crab

TIN WOODMAN BAR

If breakfast is the most important meal of the day, then Tin Woodman is the most important place in the city. Serving all-day American breakfasts and burgers, this restaurant has one goal: to make you leave happier than you came in. The staff greets you like an old friend; the cocktails are creative and never fail to do their magic; and the feta burger is to die for. Perhaps best of all, the bar is nextdoor to one of Moscow's must-see sites: the Moscow State University's enchanting Botanical Gardens. After a few hours' walk through the exotic plants and flowers, you're sure to work up an appetite for the deluxe breakfast of eggs, burger, tater tots, toast and jam.

📍 **26 Prospekt Mira.** Metro Prospekt Mira.
facebook.com/tinwoodmanmsk

BRISKET BBQ

This place is heaven and even the most discerning Texan would agree. A joint venture by innovative chefs Fyodor Tardatyan and Maxim Livsi along with Arkady Novikov, Moscow's best known restaurateur, Brisket BBQ brings the cooking culture of Texas into the heart of Russia's capital. Inspired by Tardatyan's visits to the Lone Star State, where



Pyany Crab i Schastlivaya Kuritsa

he got a chance to discover all the secrets of the trade firsthand, the restaurant is a Texan style barbecue: The meat is prepared in a traditional smoker at low temperatures and takes several hours to cook, giving it that unmistakable smoky flavor. Offering an overwhelming array of dishes, from its namesake brisket — a cut of beef or veal from the breast or lower chest — to pulled pork or smoked quarter of duck, Brisket BBQ has something new for each

visitor. Once you've come in from the bustling streets of Moscow and settled in a booth, the restaurant's tiled walls and simple modern interior give the impression that you're actually in the U.S. And even Texan tourists, skeptically entering the restaurant, ready to catch every mistake, end the meal with a glass of moonshine and feeling like they never left home.

15 Smolensky Bulvar.
Metro Park Kultury, Smolenskaya.
brisketbbq.business.site

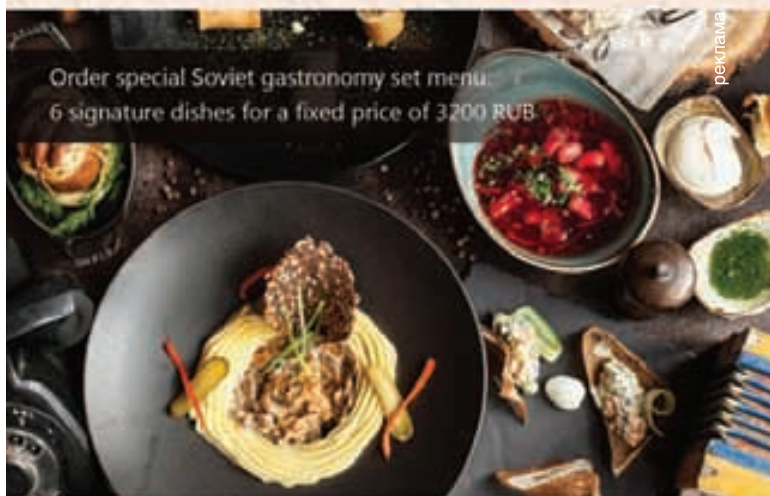


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Russian Pub

AUTHENTIC RUSSIAN PUBS

PTITSA-SINITSA

A mannequin hangs from the ceiling, a birdcage holds a bottle of whiskey and on-tap beer seems to come out of an old piano. Moscow's edgy bar Ptitsa-Sinita has long attracted the city's young and artsy crowd with its quirky vibe and eclectic array of artworks, statuettes, vintage bric-a-brac and — last but not least — the stellar food and alcohol. Gather your friends, settle down on the mismatched chairs and chat with the friendly bartenders as they pour you some killer cherry cider or a mango I.P.A.

3/5 Bolshoi Spasoglinishchevsky Pereulok. Metro Kitai-Gorod.
facebook.com/pticasinicapub

RUSSIAN PUB

The concept of the gastropub — a place where the kitchen complements the bar — is embodied in every particular by the Russian Pub, from its tasteful dishes, to the wood-based interior, to the atmospheric background music. The pub doesn't neglect English traditions, but adapts them to Russian culture, filling a traditional English pie with rich Stroganoff meat and adding a layer of *saló*, the cured pork fat staple, to everyone's favorite burgers. Visitors can marvel at the variety of excellent beer options from all the best Russian breweries, or try one of the pub's well-balanced cocktails, inspired by Russian recipes of old.



Beer & Brut

10/1 Tverskoi Bulvar.
Metro Pushkinskaya. ruspub.ru/en

1516

It doesn't get much more craft than an on-site brewery, and at 1516 their collection of fifty-some bottled beers from seven different countries is supplemented by stout and ale of the establishment's own making. Take a tour of the brewery to find out more about the history and technology of beer-making, or simply stop by the bar and try one of 1516's creations: With tropical Session Ale, Imperial

Porter and German-style Doppelbrot, you'll have a hard time settling on just one.

4a Abelmanovskaya Ulitsa.
Metro Proletarskaya. 1516pub.ru

RULE TAPROOM

Every one of Rule Taproom's 27 eye-catching taps is handmade and uniquely decorated, and that says everything you need to know about the bar's attitude to its craft. Always first on the scene when a new ale or beer

comes to town, Rule Taproom is meticulously selective and ends up serving only the very best — and that goes for both Russian and international labels. From the warming Imperial Oatmeal Stout (aptly titled the “Beer Geek Breakfast”) to tangy Pumpkin and Yam Beer, the Taproom’s diverse collection holds new surprises every time you visit.

📍 **19/7 Starovagankovsky Pereulok.**
Metro Arbratskaya. ruletaproom.ru

ONE MORE PUB

Capturing the warmth and good cheer of a British neighborhood pub, One More Pub lives up to its name as the embodiment of quintessential British drinking customs — albeit with a Moscow twist. With its unassuming homey interior and wide comfy couches, it’s the perfect place to chill out with a pint after a long day or watch a match with your friends. Do try the homemade sausages — they pair wonderfully with the pub’s Russian Konix Crazy Moose A.P.A or the mysterious Adnam’s Ghostship.

📍 **5 Butyrsky Val.** Metro Belorusskaya. onemorepub.ru

BEER & BRUT

If you’re struggling to choose between beer and wine, Beer & Brut has got the answer: Both, and plenty of them. At this elegant manor-house restaurant in the heart of Moscow, visitors can begin their day with a late noon-to-6 p.m. breakfast of cottage cheese in white chocolate with cherry marmalade and a glass of Prosecco, stay for a lunch of crab burgers and Speyside Oak Aged Blond Ale, and come back again for dinner — perhaps a dozen oysters and a Pinot Grigio Corvesso.

📍 **26/1 Pokrovka Ulitsa.**
Metro Kitai-Gorod. perelmanpeople.com/en/restoran/beer-brut

BUTYLKA, KRUSHKA I KOTYOL

When you love beer, there’s nothing like seeing it brewed before

your own eyes. Butylka, Kruzha i Kotyol, with its open brew nights and countless craft labels lining the shelves, has brought together a true community of beer enthusiasts looking for new flavors and a chance to geek out about their favorite drink. Settle down to try a Brut I.P.A. or a Hasta Manana, Amigos!, come to a beer tasting or even get some craft to go for 25 percent off the price. Whether you just want a good drink or an in with the Moscow craft scene, Butylka’s the place to be.

📍 **48 Pokrovka Ulitsa.**
Metro Kitai-Gorod.
facebook.com/BKiKo.Bar

VARKA

With its down-to-earth spacious interior and simple wooden tables, Varka doesn’t let anything distract from the main event: the impressive food and drinks menus. There are summery fresh lemonades for those who don’t drink, and everything from lemon and ginger Alaska cider to Noir coconut session milk stout for those who do. You can chase your drink with one of the pub’s huge original burgers, listen to some quality music and enjoy Varka’s lively atmosphere.

📍 **1/5 Solzhenitsyna Ulitsa.**
Metro Marksistskaya.
facebook.com/varkacraftbar

CIDERELLA

Cider fans can’t leave Moscow without popping by Ciderella, a friendly two-story



One More Pub



Varka

RUSSIAN PUBS ARE FINDING THEIR OWN VOICES AND UNIQUE STYLES.

pub whose life revolves around the classic apple beverage. With near-infinite variety, this place offers everything from on-tap Scottish Belhaven and Irish Mag-ners to the Russian fruity Kelvish and Spanish Barkaiztegi Gorenak.

Ciderella takes special pride in its baked Camembert toast, pumpkin cream soup and many other meatless options, meant to ensure that every customer finds a dish they’ll love. Try a cup of the pub’s signature mulled cider, and you’re sure to have the perfect night.

📍 **11 Nikolskaya Ulitsa.**
Metro Ploshchad Revolyutsy.
facebook.com/ciderellatapas

VSE TVOI DRUZYA

Created by rappers from the Russian band ILWT, Vse Tvoi Druzya — which translates to All Your Friends — has drawn a loyal following among the intellectuals, oddballs and hipsters of Moscow. The quirky decor and no-reservation policy mirror the pub’s informal vibe: Everyone there’s your friend, so come by and don’t stand on ceremony. With 18 taps of unusual craft beers and ciders, celebrity DJs and a 6 a.m. closing time, Vse Tvoi Druzya has everything you need for a wild night out.

📍 **12/27 M. Gnezdnikovsky Pereulok.**
Metro Chekhovskaya.
facebook.com/vtdmsk



Noor Electro

THE HOTTEST BARS AND CLUBS

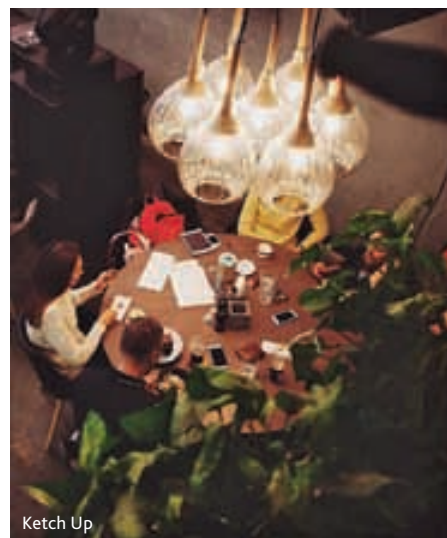
BERLIN BAR

This bar was founded by German expat and DJ Chris Helmbrecht. The interior is the creation of award-winning Berlin designer Thilo Ferdinand Reich, known for his work at bars Saint Jean and The Coven. The menu includes Berlin specials like currywurst and other German favorites — meatballs with potato salad and herring rolls.

📍 14 Bolshaya Sadovaya Street, Bldg. 6.
Metro Mayakovskaya.
facebook.com/from.berlin.to.moscow

DENIS SIMACHEV SHOP & BAR

Founded by designer Denis Simachev in the 2000s, this club quickly became



Ketch Up

a traditional hangout for Moscow's fashionable sets. The kitschy interior features mirrors, chandeliers and washbasins in the middle of the dance floor. The music is consistently good and so are the cocktails. Simachev also offers some delicious bar snacks. It's crowded on the weekends, so dress smart to pass face control.

📍 12 Stolesnikov Pereulok, Bldg. 2.
Metro Lubyanka.
facebook.com/dsbar

DISSIDENT

Dissident is a Moscow version of an underground techno club, hidden in a basement in one of the courtyards along the boulevard ring. Inside is exposed brick and old furniture. Drinks are expensive, but if you are looking for somewhere to dance into the wee hours, Dissident is just the place.

📍 25 Chistoprudny Bulvar.
Metro Chistiye Prudy, Turgenevskaya.
facebook.com/Dissident25

GAZGOLDER

Gazgolder is located in a recently renovated historical gasholder tank at the former Arma factory, next to the Kursky train station. The club and restaurant belongs to Russia's top rapper, Basta. There are plenty of rap and hip-hop concerts, as well as techno parties that sometimes go on for three nights in a row.

📍 **5 Nizhny Susalny Pereulok, Bldg. 6.**
Metro Kurskaya. gazgolderclub.ru

KETCH UP

Ketch Up is an outpost of a popular St. Petersburg burger chain on weekdays, but it turns into a bar with dancing on weekends. Try any of the 13 burger varieties and combine it with cocktails like the Penicillin or New York Sour. You'll find listings for upcoming parties on their Facebook page.

📍 **6/3 Ulitsa Kuznetsky Most, Bldg. 3.**
Metro Kuznetsky Most.
facebook.com/ketchupmoscow

MODEL T

Model T is a bit of a dive and underground bar, but it is also a music lover's dream with great live performances. It offers everything from death metal to experimental folk to avant-garde jazz.

📍 **8 1st Yamskaya Ulitsa.**
Metro Dmitrovskaya, Dostoevskaya.
facebook.com/modelt.musicbar

POWERHOUSE

This bar/club located in a 19th century mansion is mostly famous for its funk and hip-hop nights,



Denis Simachev Shop & Bar

as well as live indie and jazz-band performances. The food is good and there's a whisky-tasting bar for connoisseurs. Another draw is its enormous courtyard, which sometimes hosts early evening parties.

📍 **7/4 Goncharnaya Ulitsa.**
Metro Taganskaya. facebook.com/powerhousemoscow

PROPAGANDA

It seems that Propaganda — or "propka" as cool Muscovites call it affectionately — has been around forever. It first opened its doors in the 1990s and is still packed every weekend. Go there during the afternoon when the kitchen is still open — the food is quite decent. The most popular and crowded parties are the traditional DJ Sanchez' Thursdays and gay Sundays.

📍 **7 Bolshoi Zlatoustinsky Pereulok.**
Metro Lubyanka.
propagandamoscow.com

STRELKA BAR

Dance parties, concerts, lectures, movies, Strelka is the place to be. You're bound to bump into an editor of an edgy publication sharing a drink with a bunch of clean-cut Moscow hipsters, while expats dance to a Woodkid set. The food is worth trying, but you'll probably enjoy it more when there are no DJs or huge crowds.

The view of the Moscow River and the biggest church in Moscow is spectacular, and you'll enjoy it even more sitting on the open terrace in the summertime.

📍 **14 Bersenevskaya Naberezhnaya, Bldg. 5.** Metro Polyanka, Kropotkinskaya. strelka.com

NOOR ELECTRO

One of Moscow's most popular



Gazgolder

bars, Noor Electro is located in the same building as the avant-garde Electrotheatre. The bar was redecorated, expanded and renamed Electro Noor a couple of years ago in honor of the theater next door. The cocktails are legendary, and there's always a party on the weekend. If the autumn weather permits, there's a great courtyard, where there are live performances from time to time.

📍 **20/12 Ulitsa Tverskaya, Bldg. 1.**
Metro Mayakovskaya.
noorbar.com

TIME OUT ROOFTOP BAR

This 12th floor bar boasts views from two sides — one over Tverskaya and Bretskaya streets, and the other towards the Satire Theater and the Garden Ring. Its extensive cocktail list is divided into "times" — from breakfast time to sundown time, you can enjoy a refreshing (or reviving) cocktail while looking

out over one of the best views of Moscow. Open from midday every day, Time Out Rooftop Bar catches the sunshine and the atmosphere of the city, and on the weekend, the space lights up with music acts and dancing through the night.

📍 **5 Bolshaya Sadovaya Ulitsa.**
Metro Mayakovskaya.
timeout-bar

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SECTION SPORTS CLUB

This is not your typical healthclub. Section offers classes in TRX suspension training, flexibility, yoga, and other arts and techniques in the heart of Moscow, just minutes from the Pushkinskaya metro. It originally began as a closed community of friends that wanted to try different type of sports, and eventually morphed into this unique sports club.

📍 23 Bolshaya Bronnaya, bldg 1.
Metro Pushkinskaya. sportsectionclub.ru

THE KERALI CENTER OF AYURVEDA AND YOGA

Another popular form of medicine in Moscow is Ayurveda, the ancient system of health care from South Asia. The Kerali center doctors all studied in India, but have lived in Moscow for decades and adapted their methods to the city's specific conditions. The center holds yoga classes, has a café and store, and can help you get through the worst of the pre-winter blahs.

📍 3 Michurinsky Prospekt.
Metro Lomonosovsky Prospekt. ayurveda.ru



BANYAS

There's a good reason Russians and other northern nations invented banyas, saunas and steam baths: When it's cold outside, you need some powerful heat to warm your bones. There is nothing quite so invigorating and at the same time relaxing as a day at the banya (bath house). Sit and steam, jump into a cold pool, steam again, let a friend beat you with

some branches, jump back into the pool ... rinse and repeat. Finish with a massage and then some hot, sweet herbal tea. Or beer. Your skin, lungs, and outlook on life will thank you. There are many options for public or private banyas in the city. Among our favorites are the more traditional ones, Krasnopresnenkiy and the most famous and traditional of all, Sanduny.

📍 Krasnopresnenski Banyas: 7 Stolyarny



Section Sports Club



Sanduny

Pereulok, Bldg. 1. Metro Ulitsa 1905 Goda. baninapresne.ru.

Sanduny: 14 Neglinnaya Ulitsa, Bldg. 3-7. Metro, Trubnaya. msk.sanduny.ru/ru

MEDSI

Moscow has many excellent clinics and, should you need them, hospitals with modern, international-standard care. The largest and one of the best healthcare providers is the Medsi group, with several clinics around the city and the topnotch Botkinskaya

hospital for more serious treatments. If you need an English-speaking doctor, the clinic at 26 Prospekt Mira, Bldg. 6 (entrance on Grokholsky Pereulok) can serve you.

Multiple locations. medsi.ru

THAI PATTARA CENTER

Russians fell in love with Thailand and Thailand has returned the favor. The city now has hundreds of Thai spas. Anyone who has spent too much time bent over

a computer will tell you of the wonders of a good Thai massage, or better yet — a series of them over a couple of weeks. Keep yourself in shape, in good spirits, with all your meridians clear and flowing at your local Thai spa. Our favorite Thai Pattara Spa has a shop for Thai food and cosmetic products and a great home-cooking restaurant for after-massage renewal. And they speak English.

16 Begovaya Ulitsa. Metro Dinamo. thaipattaraspa.ru

MOSCOW HOMEOPATHIC CENTER

In Russia, homeopathic medicine has been developed along with allopathic (mainstream) medicine for centuries. There are special homeopathic clinics and pharmacies, and it is not uncommon for a doctor to prescribe homeopathic treatments to compliment "Western" medicines. The Moscow Homeopathic Medical Center has been around since 1935 and offers treatment for a wide range of ailments and chronic problems. Most people find the process of treatment slow, but steady, using herbs and other substances that do not, in general, have side effects.

22nd Vladimirskaia Ulitsa. Metro Perovo, Shosse. Entuziastov.mhc-r.ru

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NARAN TIBETAN CLINICS

Since 1989 Muscovites have been using Tibetan medicine to treat chronic ailments and lingering coughs and discomfort after a serious illness. The doctors use a very wide variety of methods to strengthen the body's ability to fight off and recover fully from an ailment, from acupuncture to massage and herbs. Got a cough you can't shake? You might give it a try. The Naran center has several clinics across the city.

📍 Multiple locations. naran.ru

GB BARBERS

Men, how about a day at the barbers? In a place that looks like an exclusive men's club, with professionals who have all gotten their training in London? Put yourself in competent hands at GB Barbers. You can have the classic haircut and shave, but consider adding on a "masculine" manicure and pedicure. If that's not enough, sign up for a facial, massage or paraffin therapy for your winter-dried hands and legs. In Russian and English.

📍 10 Ulitsa Vozdvizhenka Street. (Voentorg, entrance from Bolshoi Kislovsky Pereulok). Metro Arbatskaya. jpbbarbers.ru



Thai Pattara Center

RUSSIANS FELL IN LOVE WITH THAILAND AND THAILAND RETURNED THE FAVOR.

THE EXPAT SALON

The Expat Salon has been a staple of Moscow's foreign and English-speaking communities since 2004. It offers a wide variety of salon services and boasts some of the best hairstylists, manicurists, estheticians and massage therapists in town. Add to this: complimentary beverages, free Wi-Fi and use of the salon's iPads, magazines in English, and monthly specials.

📍 3 Maly Patriarshy Pereulok. Metro Pushkinskaya. en.expatsalon.ru

THE RITZ-CARLTON SPA

A space for rejuvenation and relaxation, this hotel spa offers a host of services, including facials, massages and rituals featuring local ingredients. Spa guests also enjoy access to a specialty café, a crystal-studded vitality pool, a crystal steam room and a beauty salon. Visit once or become a member: Membership includes unlimited access to the fitness studio and the spa area with a swimming pool, Jacuzzi, sauna, steam room and relaxation area, lifestyle evaluation and fitness assessment, as well as many other privileges.

📍 3 Tverskaya Ulitsa. Metro Okhotny Ryad. ritzcarlton.com/en/hotels/europe/moscow/spa



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Moscow metro tours



A lecture near the Shukhov Tower

UNUSUAL TOURS AND NEW PERSPECTIVES

Collapsing churches, forgotten railway tracks overgrown with grass, abandoned factories and warehouses, dilapidated Soviet apartment blocks, derelict ruins — all are part of a not-so-distant past that many Russians are happy to forget. These things are ugly, the thinking goes, and maybe even a bit unsettling and haunting. They're hardly the stuff for tours and excursions.

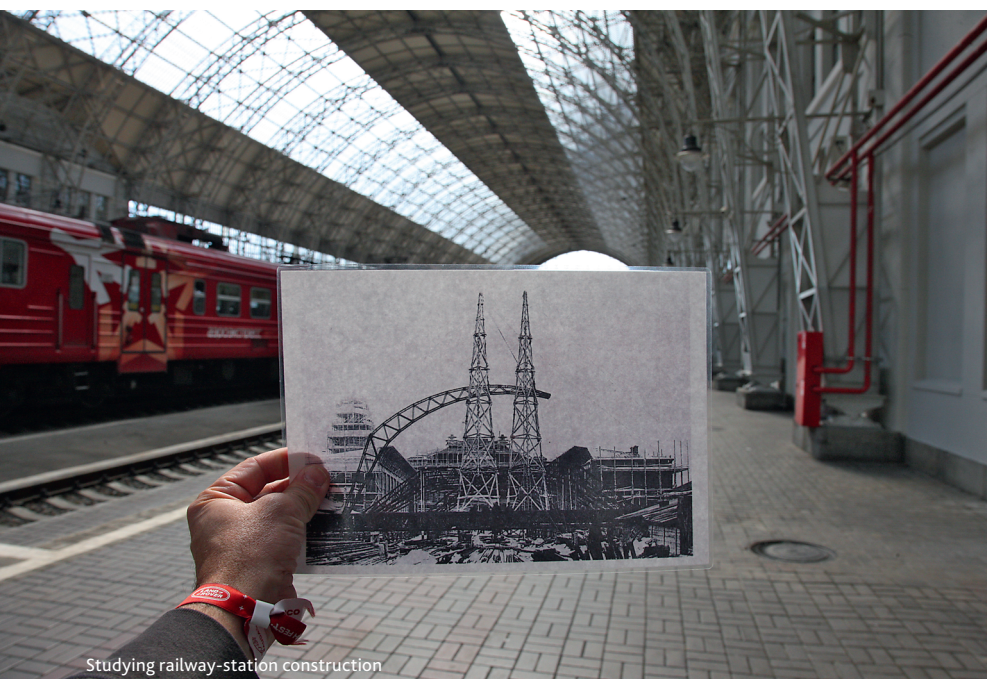
Or that used to be the case. Fortunately, there has been an important shift over the last decade in how Russians view their country's architectural and cultural heritage. Instead of viewing these things as relics of a past that they would just as soon forget, many now see a haunting beauty in them, as well as mystery. There are stories in these old buildings and places — rich stories about how people lived and worked in Russia's past. And now special tour groups offer inventive ways to look into these stories. Here are some tours and excursions that we are pleased to recommend.

TRAVEL GUIDES OFFER IMAGINATIVE PACKAGES AND FRESH WAYS TO SEE RUSSIA

Moscow Through an Engineer's Eyes

Four years ago, a young engineer, Airat Bagautdinov, decided to mesh his love of research and history with his professional interests. This meant leading a new kind of tour through Moscow. He founded a tour group called Moscow Through an Engineer's Eyes.

“I was figuring out what was going to be the most interesting subject for me,” he says. “I have a degree in civil engineering. I told



Studying railway-station construction

myself, why don't you do the history of civil engineering and the history of structural engineering in Moscow?" He began offering tours of the constructivist landmark Narkomfin and other monuments of Russian avant-garde architecture and Soviet utopian buildings. He focuses on how the buildings were constructed, offering their history in the context of engineering. The organization now offers guided tours with special virtual reality glasses.

FOR MORE INFORMATION,
VISIT engineer-history.ru

Russian Heritage Railways

Russian Heritage Railways regularly organizes tours of the industrial Elektrozavodskaya railway line, a series of abandoned tracks in northeast Moscow. The group spends a few hours walking along the tracks, admiring the beauty of the arching trees that form a tunnel over the tracks. They discuss the history of this line of industrial railway and what it meant to the life of the city. They look at nearby factories, some still functioning and some not. They take in the rich and intricate mix of natural and industrial beauty.

Its founder, Mikhail Konchits, was drawn to the old railway lines and lamented that they were not preserved for history. "I wanted to raise the interest of the people here and to

OLD RAILWAY LINES AND STATIONS TELL US ABOUT RUSSIA'S HISTORY AND HOW PEOPLE LIVED.



Traveling by antique train

save the tracks from being scrapped," he says. He marveled at the railways and the stations from the late 19th century and early 20th century. "They keep their atmosphere from that era. There's no interest in them because nobody knows about them." But now he is a leader in a growing movement that is helping to change >

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INNOVATIVE AND ORIGINAL WAYS TO SEE MOSCOW THROUGH TECHNOLOGY AND OUTLOOK

that and to develop a greater awareness of this history.

In its nearly two years of full operations, Russian Heritage Railways has enjoyed growing interest and participation. The scope of its excursions has broadened, though it keeps railways as a central focus. There are unusual tours of industrial Moscow on 40-year-old buses. You can visit Soviet cookie or perfume factories, for example. There are also longer trips that take several days. You can go the Voronezh region to enjoy the nature along its rail lines and visit a business that makes Russia's traditional felt boots. Or you can spend a few days visiting towns and villages in the Kostroma area that are undergoing unique revivals, such as Astashovo, Chukhloma, Soligalich and Galich. Or you can go about two hours north of Moscow and explore the region's gorgeous wooden houses, the solitary belfry of Kalyazin, Kashin, Bezhetsk and an old winery in Vesyegonsk.

FOR MORE INFORMATION,
VISIT rusbestrailways.ru

Archigeek

Archigeek offers a variety of tours in and around Moscow by foot and bus and even bicycle. More traditional tours are available — the Kremlin, Red Square, the many metro stations — but it also offers more unusual ones highlighting Moscow's avant-garde and art nouveau: tours of Narkomfin, VDNKh, the Metropol Hotel and the Pertsova House, for example. One tour highlights the work of the



legendary Russian engineer Vladimir Shukhov (1853-1939), whose pioneering advances assisted the constructions of the Melnikov House, GUM and the Pushkin Museum of Fine Arts.

Stalinist architecture has significantly left its mark on the city. The era's skyscrapers are internationally recognized symbols of Moscow, subsequent only to the Kremlin and St. Basil's. The stories behind their constructions are incredible, and a tour of these skyscrapers is well worth the time. Tours that focus on Stalin-era buildings include looks at the Foreign Ministry building, Tverskaya Ulitsa, the Crimean Bridge, Gorky Park, the Vorobyovy Gory Panorama and Moscow State University.

Archigeek also offers trips outside of Moscow. Groups can enjoy the "dacha experience" or a trip to the Pines, a sanatorium built in 1934 in the avant-garde style. There are excursions to the Shukhov Water Tower in Polibino, built in 1927 and the world's first hyperboloid structure — and you will need an engineer to tell you what that means. (You can even climb to the top.)

Part of Archigeek's mission is to develop a wider Russian and international appreciation for a more diverse scope of the city's rich architectural heritage, as well as for that of the surrounding areas.

FOR MORE INFORMATION,
VISIT archigeek.ru



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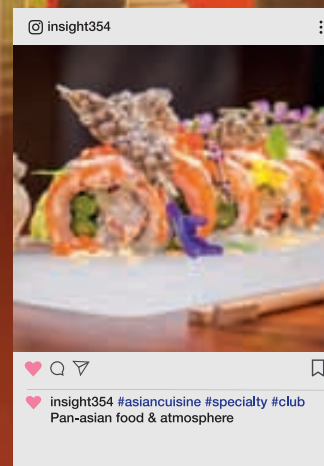
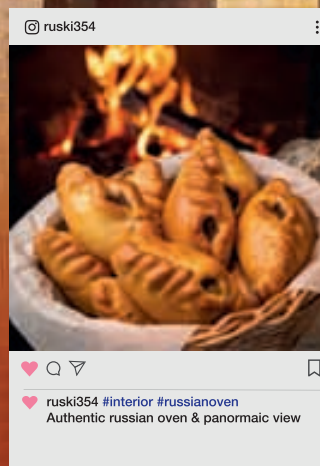
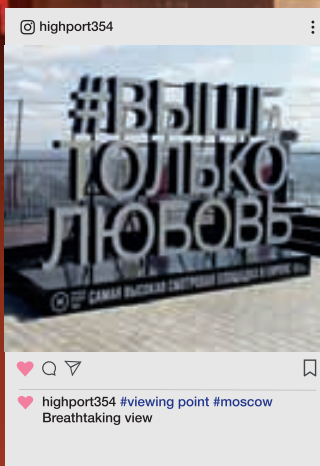
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