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WELCOME!



Russia's booming and vibrant capital leaves no visitor indifferent and it's hard not to fall completely in love with its gritty charm.



oscow hasn't always been the capital of Russia. When it was first mentioned in historical records around

1147, it was nothing more than a tiny town of little importance. Muscovites today consider Prince Yury Dolgoruky their city's founding father, but it was only recorded that he dined with friends in the town of "Moskov," named after the local Moscow River. It remains unclear exactly when this town was established, but at the time of Dolgoruky it was governed by a noble called Kuchka, who fell out with the prince over taxes and was sentenced to death.

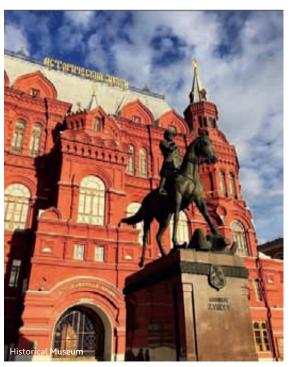


small fortress was built on Borovitsky Hill by Dolgoruky's son, Prince Andrei Bogolyubsky; it was the first in a long succession of structures that eventually became the Moscow Kremlin. Moscow remained a small town while the nearby city of Vladimir rose in prominence and overtook Kiev, the old capital, in importance. Moscow's luck would change only later.

oscow became a thriving megalopolis during the Soviet era, becoming one of the largest cities in Europe. Today it is an extremely diverse city.

oscow's location on the banks of the Moscow River was an important one, as the river connected both the Oka and Volga rivers. Its important strategic position and rapid population growth resulted in Daniil Alexandrovich becoming the first Moscow prince of the newly founded state of Muscovy. He founded a local dynasty which first ruled the Moscow princedom and then all of Russia. He was the forefather of all the Moscow grand dukes.

rom the early 14th century,
Moscow competed with the
neighboring city of Tver for
power and influence. In 1327, Tver
was raided by the Moscow Prince
Ivan Kalita and Mongol troops,
and the city was unable to recover
from that defeat. Kalita also made
Moscow a new religious center
by luring the metropolitane (the



highest religious authority at the time) away from Vladimir. During the reign of Prince Dmitry Donskoy, the Kremlin was rebuilt with white stone and the first victory against the Mongols was won (the Battle of Kulikoyo. in 1380).

y the end of the 15th century, under Ivan III (also known as Ivan the Great), the majority of Russian lands were united around Moscow. In the 16th century, Ivan IV, or Ivan the Terrible, proclaimed himself the "tsar" (from the Latin word "caesar") of Moscow and all Russia. During the so-called "Time of Troubles," Moscow was occupied by the Polish–Lithuanian Commonwealth. After the end of the occupation, the Zemsky Sobor (Grand National Assembly) elected a new tsar: Mikhail Romanov. A new dynasty was born.

n 1712-14 Peter the Great moved the capital to the newly established St. Petersburg in the north. However, Moscow was where the

Russian emperors continued to be crowned, so the city did not completely lose its capital status. Many Russian aristocrats kept a home in both Moscow and St. Petersburg. It was Moscow that Napoleon attempted (but failed) to capture in 1812, partly because Muscovites burned a large part of the city before leaving it for the French troops.

fter the 1917 October Revolution, the Bolsheviks decided to move the capital back to Moscow and in 1918, Moscow became the capital of the Soviet Union. Moscow became a thriving megalopolis during the Soviet era and today is one of the largest cities in Europe. The Moscow metro system was built — one of the most efficient and beautiful underground networks in the world.

uring World War II, the city again became a major battleground and a target for invading troops. Most civilians were evacuated from the city as Soviet soldiers fought the Nazis in the Battle of Moscow from October 1941 to January 1942. The defeat of the Nazis in this battle was a major turning point in the war.

fter the Soviet Union collapsed in 1991, Moscow continued to serve as the capital, this time of a new entity, the Russian Federation. Today Moscow is an extremely diverse city, where ancient neighborhoods are interspersed with newly built high-rises, inhabited by people from all over the former Soviet Union.



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The Moscow Kremlin

ome to me, brother, in Moscow." With those words written in 1147 ■ by Prince Yuri Dolgoruky to his cousin, the history of Moscow began.

At the time, Moscow was nothing more than a small trading post located on a high bluff at the intersection of two rivers: the Moscow River and the Neglinnaya. Over the next centuries, the trading post grew into the home of local Prince, church, local residents and merchants, and the wooden fence around it was replaced by taller brick walls. By now it was a proper fortress, or rather the Russian word for a fortress: a kremlin.

Today it is surrounded by the same crenelated walls built in 1485-95 dotted with 20 towers and still houses the residence and offices of



MOSCOW

MUST-SEE **SIGHTS**

f you are in Moscow for your first and perhaps only — time, head to the city center and see where it all began and still flourishes: the Kremlin and Red Square.

the country's leader. But visitors can enter the **OPEN** daily 9.30 a.m to 6 p.m. Kremlin to see two extraordinary museums and the ceremonial heart of Russia.

You enter the Kremlin from Manege Square, through the squat white Kutafya Tower over a bridge — once spanning the Neglinnaya River, now mostly underground — and through the Trinity Tower, which at 80 meters is the tallest of the wall towers. To your right is the modern Palace of Congresses, now a concert venue; on your left are presidential administration buildings.

Closed Thursday **TICKETS** from 500 rubles

Moscow Kremlin kreml.ru

Cathedral Square

he heart of the Kremlin is a vast square surrounded by churches, residential palaces, and the Ivan the Great Bell >



Chanel, Mercury, Emilio Pucci, Giorgio Armani, TOD's, Loro Piana, Ermenegildo Zegna, Corneliani, Marina Rinaldi, Max Mara, Etro, Pal Zileri, Montblanc.

Crocus City, 66 km of MKAD"

Tower with its 21 bells. This is where official and religious processions and ceremonies are held, and where every Saturday at noon you can watch the Kremlin Horse Guard strut, twirl and canter.

Each of the magnificent churches has a particular function. The enormous and rather stolid Dormition Cathedral (1479) was where every tsar, emperor and empress was crowned from 1498 until 1896, when Nicholas II was crowned as the last leader of the Romanov dynasty. The magnificent 5-tiered iconostasis (a wall of icons at the altar), frescoes and royal thrones were reconstructed after Napoleon turned the church into a horse stable during the War of 1812. It is the final resting place for religious leaders.

The Church of the Archangel Michael (1509), with its Italian-style scalloping, was the burial place for Russian tsars and their families from 1505 to 1696, when Peter the Great moved the capital of the Russian empire to his newly built city on the Neva River, St. Petersburg. Royalty was interred in the northern capital until the 1917 Revolution.

The Annunciation Cathedral (1489) is tiny — it was the family church, where the royal families were married and baptized, and where they attended church services.

The other buildings are part of the palaces and ceremonial rooms still used today by the presidential administration. Just outside the square are two huge, never-used symbols of Russian size and power: the 40-ton tsar cannon, which was forged in 1586 and never fired; and the 200-ton tsar bell, which had a 11-ton chunk break off when it was still in the casting pit.

For a full tour of Russian imperial splendor, visit the Armory Chamber Museum, which is filled with crowns; weaponry and armor; gifts and tableware of gold, silver and china; clothing (including the huge boots of Peter the Great) and ceremonial dress; carriages, and even some of the fabulous Faberge eggs. The Diamond Fund is much smaller but has a jaw-dropping collection of imperial jewels and jewelry, gemstones and gold.

OPEN daily 9.30 a.m to 6 p.m. Closed Thursday **TICKETS** from 500 rubles

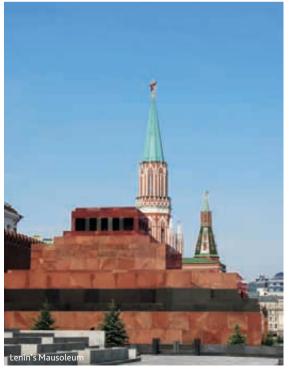
Moscow Kremlin

Red Square

or the most impressive first view of Red Square, enter from Manege Square (at the end of Tverskaya Ulitsa). Walk



THE DIAMOND FUND HAS A JAW-DROPPING COLLECTION OF IMPERIAL JEWELS AND GOLD.



past the "0 Kilometer" marker from which all distances were once measured — dodging coins tossed by visitors to ensure another trip to Moscow — and through the Iberian Gates (torn down by Stalin in 1931 to let tanks onto the square and rebuilt in 1996).

Another "new" old church is the first structure you see on your left: the small Kazan Cathedral, originally built in 1636 and torn down by Stalin exactly 400 years later in 1936. The present church was built in 1993, but inside it feels ancient.

Then as you walk up a small incline, before you is Red Square, or rather Beautiful Square (the word "krasny" in Russian meant both pretty and red) bounded by the Kremlin on the right, GUM department store on the left, the red brick Historical Museum at your back, and across the square — St. Basil's Cathedral.

Until the 20th century, the huge expanse — 700 x 130 meters, or more than 10 football pitches — was always a bustling market, founded when it was getting too crowded inside the Kremlin and merchants were sent packing.

It was covered with hundreds of wooden stalls, shacks, and little buildings, filled with the sound of vendors hawking their wares and the scent of pastries and tea, old vegetables and waste, and thousands of bustling, gossiping, hustling people.

In the center of the square is a round stone platform called Lobnoye Mesto (high place). Here proclamations were read, the tsar appeared before the people, and the heirs to the throne were shown off. Contrary to popular belief, there were no executions on this spot.

OPEN daily
TICKETS free admission

Red Square



Lenin Mausoleum

n the middle of the square up against the Kremlin walls is the black and red stone mausoleum where the remains of the Bolshevik leader Vladimir Lenin perpetually lie in state. The originally wooden housing was replaced with this constructivist marble structure in 1930. Lenin was joined by Josef Stalin from 1953 until 1961, when reformist leader Nikita Khrushchev had him removed and interred be-

hind the mausoleum with more than 400 other Soviet and foreign luminaries. The roof is still the viewing platform for officials during the grand parades through the square.

The line forms in Alexandrovsky Gardens by the sign (in English); visitors go through a metal detector and must leave their bags in lockers. Photography is strictly forbidden. Visitors must be quiet, keep hands out of pockets, and men must not wear hats.

OPEN Tues., Wed., Thurs., Sat. 10 a.m. to 1 p.m. **TICKETS** free admission

Red Square

GUM

cross from the Kremlin is the fanciful GUM department store, opened in 1893 as one of a cascade of three indoor markets. With its glass roof, fountains and





BE SURE TO TRY THE FAMOUS ICE **CREAM IN THE GUM DEPARTMENT** STORE.

decorative wrought iron, it was the place for high-fashion shopping. After a rather dreary incarnation during the Soviet period, it is once again a fashionable place to shop. Be sure to try the famous ice cream cones (rich vanilla or crème brûlée), try Soviet cafeteria-style food in Stolovaya Number 57, or have drinks and a snack at Bosco's.

OPEN Open 10 a.m. to 10 p.m. daily.

Red Square, 3

Historical Museum

f you are a history buff, be sure to stop in the State Historical Museum, built in 1872 to showcase the royal collection, which tells the history of the country from the Stone Age to the present. The rooms, lavishly decorated in the styles of various periods, are as fascinating as the exhibits. This summer there will special shows on the writer Ivan Turgeney, Emperor Alexander II and Nicholas II (from July), and "The Russian

Sheffield" — the Pavlov factory that made silverware and knives (from July).

OPEN daily 10 a.m. to 7 p.m. **TICKETS** from 400 rubles

Red Square, 1 en.shm.ru

St. Basil's Cathedral

he far side of the square is dominated by St. Basil's Cathedral. Built by order of Ivan the Terrible to commemorate victory over the Tatars in 1552, it is called the Church of the Intercession on the Moat. It was named in honor of the church feast day that the battle took place on, and it's "on the Moat" because from 1508 until 1814 a moat ran along the Kremlin wall on Red Square. It is commonly called St. Basil's in honor of Basil the Blessed (1468-1552), a poor and homeless holy man interred in a chapel built on the site. The church is really nine small chapels — one under each of the eight cupolas and tent spire in the center, linked by passageways painted with floral or geometrical ornamentation. In front of the church is the monument to Minin and Pozharsky, who led the army that drove out Polish invaders in 1612.

OPEN daily 10 a.m. to 6 p.m. TICKETS from 350 rubles





Historical Museum



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f you would like to step into a time machine and see Moscow in different time periods — we've got you covered! Here are some spots that take you to see Moscow from the 14th century up to





Andrei Rublyov museum

MOSCOW'S

HIDDEN TREASURES

VDNKh

today.



ANDREI RUBLYOV MUSEUM OF ANCIENT RUSSIAN CULTURE AND ART

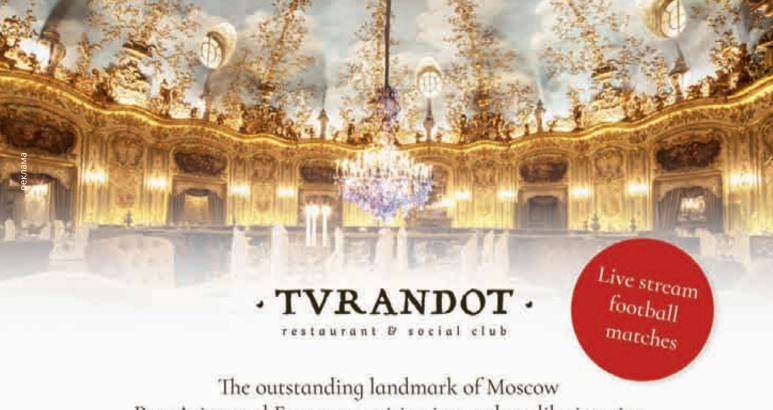
f you want to experience something you'll never see anywhere else in the world, go back to 14th-century Russia at the former Andronikov Monastery, now a museum of ancient Russian culture and art. It is named after Andrei Rublyov, the great icon-painter who worked and worshipped here. It is a small and peaceful cloister, with the oldest stone church in Moscow (1428). The museums have collections of ornamental art, icons, frescoes, stonework and other crafts from the medieval period when Russia had little contact with the rest of the world.

OPEN Mon, Tues, Thurs., 2 p.m. to 9 p.m. and Fri, Sat, Sun., 11 a.m. to 6 p.m. **TICKETS** from 400 rubles

Andronyevskaya Ploshchad, 10 rublev-museum.ru/english

PARK VDNKH

f you want to go back to the Soviet Union, take a trip to the former Exhibition of Achievements of the State Economy, or simply VDNKh. It began as a show of agricultural successes — think: State Fair only a thousand times bigger — and then became a permanent exhibition, opening in 1939 with hundreds of pavilions and exhibition halls done in the style of the Soviet republics. After the war it was expanded and remodeled and now included the famous fountains: The Friendship of Nations fountain with golden dancing girls from each of the Soviet republics, and the Stone Flower fountain, with its magnificent floral sprays. In recent years the older pavilions have been cleaned up and it is filled with exhibitions of art, aeronautics, history, and technology. Rent a bike, sit by a pond, play paint-ball, get a bite to eat (from kebabs to pho), watch some whales, or enjoy a concert. Be sure to see the grand Collective Farm Girl and Worker statue created by Vera



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26 Tverskoy boulevard, +7 (495) 739-00-11 www.turandot-palace.ru Maison DELLOS

Mukhina for the Paris World Fair in 1939, and check out the museum in the base.

OPEN Territory open 24/7, most pavilions 10 a.m to 9 p.m. **TICKETS** free admission Prospekt Mira, 119

vdnh.ru/en

BUNKER 42

emember the Cold War? Bunkers far underground, fitted out with everything the leaders needed to survive a nuclear attack? Now you can experience the claustrophobic excitement twelve stories underground at Bunker 42.

You'll need to call to arrange a tour in advance, they don't allow visitors to wander through the dark on their own (we're not sure you'd want to). They offer two different tours in English. The tours show you the subterranean tunnels designed for the Soviet leaders and even simulate a nuclear bomb strike, just for the thrill of it. Oddly fascinating.

OPEN daily 10 a.m. to 9 p.m. Daily tours in English at 1:30 p.m. and 6:30 p.m. **TICKETS** from 1900 rubles Sth Kotelnichesky Pereulok, 11 bunker42.com/eng.

RIVER CRUISES

f you can't decide what to see, hop on one of the dozens of river cruise ships and see the city and sites in style, with no traffic jams,





a whim, just head to the river bank near Kievsky train station, in front of the Ukraine Radisson Blue Hotel, and buy a ticket for the next ship leaving. There are a number of cruise companies; most round-trip cruises take two hours, although you can also use the ships as taxis and get off downstream. There are snacks and drinks available on board. Radisson has their own fleet and offers

stop-and-go, or honking horns. If you decide on

catered cruises that are English-friendly. Whatever ship you take, this is the best way to see ancient, old, Soviet, and post-Soviet Moscow — and it's spectacular at night, perfect for a romantic outing. You'll get some seriously impressive snaps of the city to show off to your friends back home and it's a great way to get to grips with the sprawling and often confusing megalopolis. Don't forget to bring a sweater, even with the intense summer heat, it gets chilly on the water.

> Taras Shevchenko Naberezhnava (Embankment). For Radisson boats: new.radisson-cruise.ru

GORKY Museum

oscow's finest pre-revolutionary architect of what Russians call style moderne (the Russian version of Art Nouveau) was

Fvodor Shekhtel, and Shekhtel's finest creation was the mansion and furnishings he built for the banker Ryabushkinsky. You'll recognize the house immediately by the fanciful wrought iron fence and decorative frieze under the eaves. Inside there are magnificent stained glass windows, curved wooden doors with swirled bronze handles, and a breathtaking stone staircase that curves down to the first floor like waves frozen on the shore, with lamps that look like elegant jellyfish. After the 1917 Revolution it was home to the writer Maxim Gorky, whose modest possessions and books are on display.

OPEN Wed. to Sun. 11 a.m. to 5:30 p.m.

TICKETS from 400 rubles 💙 Malaya Nikitskaya Ulitsa, 6/2 afisha.ru/msk/museum/7386





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CLOSER THAN YOU THINK



HALFTIME, OVERTIME, **PUB TIME**



oscow: One World Cup host city, two World Cup stadiums, and myriad pubs, bars and restaurants to watch the game if you weren't lucky enough to get tickets. In Russia's capital, finding a place that provides football and food isn't the issue — it's more a question of narrowing down the choices. So we've picked five pubs that will give you a range of options: Hang with an international crowd or meet the locals, drink your go-to pint or try a bunch of different craft beers, have a burger with fries or opt for something vegetarian and a little more upmarket. Or you can make a project of it and decide to try them all, one match at a time. The choice is yours.

Moscow's best bars to watch a match, have a drink and make new friends.

PAULANER DRINK LIKE THE REIGNING

our years after their win at the World Cup in Brazil, will Germany manage to defend their title? If you came to Russia to find out, then the Paulaner pub and brewery is where you can be among like-minded people. It's a large, bustling "German-style" pub. All Germans will willingly drink the beer, and so should you. There are six different kinds of Paulaner beer on offer: three light, three dark, and some of them brewed right here in Moscow. The menu is heavy on the wurst, as it should be, but there's also a special meat-free treat: obatzda — it's what happens when over-ripe brie, butter, onions, paprika and cumin meet. It's also what your friends will be trying to steal from your plate if you're not paying attention.

Shlyuzovaya Naberezhnya, 2/1 paulaner-brauhaus.ru

IOHN DONNE **ENGLISH PUB WITH LIVE COMMENTARY**

f ever a place had the right to call itself a football pub, John Donne on Nikitsky Bulvar is it: The chain's "creative director" is sports reporter Vasily Utkin, a household name in Russia and a frequent writer about all things football on the pub's website. Yes, you've read that right, it's a pub that publishes its own sports coverage — but if that's not your top priority, they'll also serve you a big plate of juicy chicken wings and a beer or three to wash them down with. There are four John Donne pubs in Moscow, but stick to the Nikitsky one and if you're lucky, you'll experience a unique form of entertainment





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DAY&NIGHT

Russian pelmeni with Far East whelk — must taste!



MUMIY TROLL bar is a place where two fascinating projects have joined together under one roof. VLADIVOSTOK 3000 is a restaurant with Russian cuisine from the Far East and Pacific. Every day in a menu you can try specialities of the area: famous Kamchatka king crab, scallops.

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that was a big hit during the 2016 European Championship: live commentary by Utkin and other sports journalists right there in the pub.

Nikitsky Bulvar, 12 johndonne.ru

CONOR MAC

A CLASSIC IRISH PUB THAT **KEEPS FANS HAPPY**

f you look at statistics for the goods Ireland exports, among the top entries you'll find pharmaceuticals, medical instruments and dairy products. But there is no mention of the one thing the country has been generously sharing with the world for decades: Irish pubs. Dark wooden interiors, old Guinness ads on the walls, a bunch

of flags, maybe slap a shamrock logo on the menu, and you're set. claim to have actual Irish cheddar

They regularly show English Premier League and Bundesliga matches, as well as Russian matches. They even on their burgers — which, in sanc-

tions-era Russia, would be no mean feat. Is it true? You'll have to give it a try and taste for yourself.

Nakhimovsky Prospekt, 67 conor-pub.ru

LOVECRAFT

wenty-nine beers on tap on the wall, 29 beers on tap ... If vou don't want to go where all the expats go, try this little Russian basement pub right next to the triumphal arch on Kutuzovsky Prospekt. After all, you can drink Heineken or Stella anywhere, but what about a Rouge de Bruxelles, Hacker-Pschorr, Mad Viking or Belhaven Black? The owner's love of craft beer is proudly represented by the 29 taps behind the bar — and here you were thinking the name of this place was an allusion to horror writer H.P. Lovecraft! One final

bit of advice: This place may have nearly 30 types of beer, but it only has a handful of tables, so make sure you arrive early to get a good view of the screen. While you wait, you can give yourself a good start for an evening's beer sampling: Try their pelmeni — they're homemade and hand-folded

Ploshchad Pobedy, 2k1 facebook.com/ lovecraftbarmoscow/

HAGGIS A GASTROPUB WITH STYLE

hen the menu boasts "fragrant rice with chili" and four different styles of veal cheeks, you know you aren't at an ordinary pub. Haggis, a 5-minute walk from the Bolshoi Theater, is a gastropub and it makes sure you're aware of that fact fries with parmesan and truffle oil, anyone? That being said, it's where those football fans whose hips and wallets have acquired some padding come to watch games. It's also a good choice if you don't eat meat, which can be tricky in more mainstream Russian restaurants and bars. If you arrive early enough, try and get a seat on their gallery, where nobody can block your view of the screen by standing in front of you. Now, what kind of drink to get with those truffle oil fries?

Ulitsa Petrovka, 15. haggispub.ru





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Live stream football matches





Moscow, 1905 goda st., 2, phone +7 (495) 651 81 00 www.mykazbek.ru

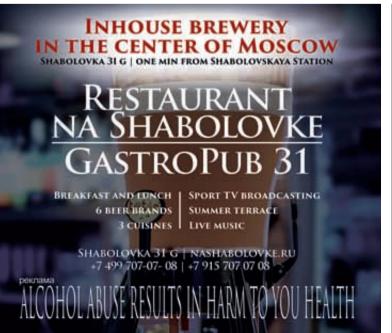


MOSCOW GOOD EATS

BREAKFAST COOK'KAREKU

erving breakfast 24 hours a day, this is the perfect place to go whether you're craving Texas-style steak and eggs at seven in the morning, or eggs Benedict at ten at night. You get a discount if you order a breakfast from a part of the world where it's currently morning, and every time zone is represented on the menu. This place will satisfy even the most fussy eater.

Sadovaya-Kudrinskaya Ulitsa, 9 str. 4





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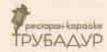
FOR THE PERIOD FROM THE 15-TH OF JUNE TILL THE 15-TH OF JULY MERCEDES BAR TEAM TOGETHER WITH CHIEF-BAR-TENDER ARTYOM **AVERIN** CREATED **EXCLUSIVE** AN COLLECTION OF 11 SIGNATURE COCKTAILS DEDICATED TO THE CITIES WHERE THE FIFA WORLD CUP 2018 WILL TAKE PLACE THIS SUMMER. FLAVORS REFLECT CULTURAL HISTORIC AND GASTRONOMIC SPECIALTIES OF MOSCOW. SAINT PETERSBURG, KALININ-GRAD, EKATERINBURG, SOCHI AND OTHER RUSSIAN CITIES.





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MOSCOW, KUTUZOVSKIY PR-KT 2/1 BLD (FLOORS 29-35 RADISSON ROYAL HOTEL TEL: +7 (495) 229-83-08 WWW.GINZA.RU







RUSSIAN

MATRYOSHKA

ixing pre-revolutionary aesthetics with a hint of steampunk, this restaurant will make you feel like you've stepped back 100 years in time. In fact, it mimics some of Moscow's great restaurants from the turn of the century — in style as well as in its menu. If you feel like sampling some of the local cuisine, here you can dine like Tolstoy's heroes on caviar and blinis, beef stroganoff, and borshch, as well as a number of creative meat and fish dishes, all inspired by classic Russian recipes. Can't go wrong with that!

Kutuzovsky Prospekt, 2/1 str. 6 matryoshka-rest.ru

SIBIRSIBIR

transplant to Moscow from Novosibirsk, SibirSibir specializes in Siberian cuisine both traditional and contemporary. To build the menu, the restaurant delved into the culinary archives and the depths of the Siberian taiga, discovering hundred-year-old methods of cooking that had been forgotten. The ingredients are just as unusual, even sending Russians to their smartphones to Google muksun, capercaillie, and agaric. Don't miss the wide selection of infused vodkas. This is Russian food that's far off beaten track, you certainly won't get it anywhere else.

Ulitsa Smolenskaya, 8





ITALIAN

PEOPLE &PASTA

oscow might not be known for its Italian food, but People&Pasta is a great place to stop for a bowl of pasta, if a large helping of carbohydrates is what you're craving. They make their pasta fresh and prepare it right behind the bar. They also offer pizzas.

Tsvetnoy Bulvar, 25 str. 1 people-pasta.ru

ZOTMAN PI77A PIF

ne of Moscow's best pizza joints, the pies here are prepared Brooklyn-style, with a crispy, soft, and slightly blackened crust. The menu also features some great appetizers, salads and pastas. Make sure you call to make a reservation in advance.

Ulitsa Bolshaya Nikitskaya, 23/14/9 zotman.ru





ASIAN NHA

ietnamese cuisine has boomed in Moscow in the last few years, but you can still find some of the best pho in the city at Nha. It comes in a huge bowl, accompanied by a variety of hot sauces, as well as vinegar and soy sauce, so flavor to taste. Grab some nem (spring rolls), or a banh bao (meat-filled buns) to accompany it.

Stoleshnikov Pereulok, 6 str. 3 facebook.com/nhamoscow





KITAISKAYA GRAMOTA

his Chinese restaurant may not be the most authentic in Moscow, but it's a great place to visit; besides, the food here (which could be classified as contemporary Chinese) is top-notch. The chef hails from Guangzhou, and on the menu you can find many Cantonese and Sichuan dishes.

Ulitsa Sretenka, 1 chinagramota.ru



KITAISKIYE NOVOSTI

ome here for the delicious Chinese and Taiwanese dishes, stay for the ubercool interiors and friendly staff. Kitaiskiye Novosti (China News) has three branches, two in the city center and one in the suburbs in the southwest of the city. Make sure to try their dumplings with truffle oil and the spicy Kung Pao chicken. If you get back to your hotel and find yourself craving more, they also deliver.

Ulitsa Spiridonovka, 25/20 chinanews.moscow

GEORGIAN

YEST KHINKALI & PIT VINO

n Georgia, food is sacred, and perhaps at the top of the Georgian pantheon are khinkali. The tradition is to eat them unaccompanied by any other dish, and in quantities that will leave you full for a whole week. Khinkali are the specialty at Yest Khinkali & Pit Vino (Eat Khinkali & Drink Wine). Wash it down with a glass or three of Georgian wine from one of the oldest wine-growing regions in the world.

Ulitsa Malaya Bronnaya, 4 str. 1 eatkhinkali.com

Yest Khinkali & Pit Vino

KHACHAPURI

his chain is a huge hit among locals and expats alike. They offer all the usual Georgian favorites in their relaxed restaurants, which you can find in a number of locations throughout the city. Don't miss their Adjarian khachapuri and homemade lemonade. Their branch in the city center is the most buzzing location and has an in-house pianist to serenade diners. Make sure you make a reservation, especially on weekends.

Bolshoi Gnezdnikovsky Pereulok, 10 hacha.ru/en





NATAKHTARI

Ithough little-known outside the boundaries of the former Soviet Union, Georgia is home to one of the world's great cuisines. Natakhtari is a good bet for trying Georgian cuisine outside the republic. This homey cafe offers all the classics, from colorful balls of pkhali (minced vegetables), to 11 kinds of khachapuri (cheese bread), as well as khinkali (meat dumplings).

Ulitsa Maroseika, 6/8 str. 1



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Vozdvizhenka str., 5

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CAFE KRANZLER

DINING IN THE HEART OF MOSCOW

he picturesque view over the Moscow River, Red Square and St Basil's Cathedral inspired the best Russian artists more than 100 years ago. Today, throughout the summer, Café Kranzler offers guests the chance to enjoy the famous panorama en plein air. To whet the appetite, the menu offers watermelon salad with soft cheese and lemon dressing, rocket salad with quinoa and tiger shrimps, oysters, a caviar assortment, and organic vegetable salad. Guests who are looking for a wholesome main course will love the crab risotto, home-made pizza from the oven, sea bass fillet and grilled dishes. For a hot summer day, the recommended highlights would be tartars from the chef's selection, and the café's famous cold cucumber soup with crab meat. The signature dish of the hotel's executive chef Maxim Maksakov is vareniki (dumplings) with suluguni cheese. To complete the treat, guests can enjoy refreshing fruit drinks, summer cocktails, various kinds of beer, wines and iced teas, along with delicate desserts.

Hotel Baltschug Kempinski Moscow Ulitsa Balchug, 1

kempinski.com/moscow

LA BELLA SOCIETA

GRAB A DELICIOUS LUNCH WHILE WAITING FOR A MOVIE

uring the past two years, "La Bella Societa" has become a restaurant of traditions — with a glass of excellent wine and tasty Italian food you can have lunch while waiting to see a movie in the Moskva cinema. The menu, consisting of dishes from the North of Italy and Sicily, is extensive. Celery mousse and truffles with scallops, black caviar and crab tartare, created by brand chef and founder Oleg Krymasov, have already acquired a large number of fans. Delicious food is complemented by exemplary service and excellent staff. An enormous. seven-meter wall, stones, mandarin trees and aquarium create a bright and pleasant atmosphere of unity with nature that attracts many visitors. In 2015. "La Bella Societa" became the owner of the Grand Prix MGFestival 2015 and TOP 100 "Spoon Guide" gastronomic guide and is the first restaurant in Russia that officially hosts the SlowFood world movement.

Four Seasons Hotel

Okhotny Ryad, 2

4th floor of Shopping Gallery abellasocieta.com

UHVAT

RESTAURANT UHVAT OF MODERN RUSSIAN CUISINE WITH **RUSSIAN STOVES**

fter carefully studying the features and peculiarities of cooking on a village stove, this restaurant has revived the Russian culinary tradition in a very modern way. Stoves were once used in every Russian house, but now they are rarely used. There are many Russians who will have happy memories of the taste of milk heated on the stove, using special pots and sticks, which their grandmother skillfully managed. Uhvat (a wooden stick with metal large folk) is the main tool they use at Uhvat when working with the oven, hence the name of the restaurant. The heart of the restaurant is three Russian stoves in the middle of the hall. But not all dishes are simple and traditionally Russian. Chefs also prepare modern dishes like pumpkin with dried goose, fondant with ice cream, syrnitsa and varenitsa with plums. The wine list is a matter of pride that was created by the famous Russian sommelier Mikhail Volkov.

Rochdelskaya Ulitsa 15, str 41

uhvat.moscow



VEGETARIAN

MOSCOW-DFI HI

hen you walk into this tiny Indian cafe, you will be asked to take your shoes off, then seated in the midst of a bustling, soulful kitchen. There is also no menu, but you won't notice it's missing, and the vegetarian thali-style meal allows you to try a little of everything. Make a reservation beforehand, as space is limited.





Yermolayevsky Pereulok, 7 facebook.com/MoscowDelhi

AVOCADO

egetarians, vegans and raw foodists, if you find yourself in Moscow and are discouraged by the blank stares you receive when you explain your dietary restrictions, you will no doubt have better luck here. Dishes are international, and you can order anything from pelmeni to burgers and pasta.

Chistoprudny Bulvar, 12, k. 2 vocadocafe.ru



FRESH

sk any vegan or vegetarian in Moscow where their favorite place is to eat and they'll probably mention this place. They have an impressive menu — including detox options, all-day breakfasts and an extensive juice selection. Even if you're not vegetarian, this is the perfect place if you need something refreshing after all those salty bar snacks. Make sure you try their delicious veggie burgers.

Ulitsa Bolshaya Dmitrovka, 11 freshrestaurant.ru

JRTESY OF PRESS OFFICES: MOSCOW-DELHI, AVOCA



BREAKFASTS A LA CARTE LUNCHES:

2 DISHES - 980 RUB 3 DISHES - 1250 RUB 4 DISHES - 1450 RUB

11:00 - 16:00



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ARMENIAN

NOAH'S ARK **ENIOY THE AUTHENTIC** ARMENIAN FARE ON OFFER IN THIS MOSCOW FAVORITE

Maly Ivanovsky, 9 noevkovcheg.ru



t was the seventeenth day of the seventh month when Noah's ark came to the top of Mount Ararat. On the same date, the legendary restaurant Noah's Ark was opened. It has been open for almost 20 years, offering traditional Armenian cuisine. and is one of the most prestigious and popular restaurants in Moscow Dishes are a combination of ancient traditional recipes, organic products

and special cooking methods. The chef has created a unique menu, where classic dishes of the Ararat valley are supplemented by modern hits of southern cuisine.

lmost every dish in the restaurant has its own history and legend. For example, the name of the signature dish "Kare-kyufta" comes from the word Kar that means "stone" in Armenian This stone was used for the best veal and beef to ensure that the meat was as tender as possible. Chefs recreated the consistency of this meat dish, adding piquancy with juicy tomatoes and fragrant basil. The meat itself is brought from the farm lands of the Ararat Valley, and choosing a cooking method, boiled or fried, the guest will be able to appreciate the special taste of the famous

ancient dish. The menu offers not only classic dishes, like homos, haviara, eggplant caviar, kutabs and meat, but also exclusive dishes such as "Ishkhan" — Sevan trout, which is only found in Armenia. The restaurant interior is beautiful. Hand-made carvings, wall paintings, copper engraved panels depicting subjects from the Bible, beautiful lamps and lights create an atmosphere of Oriental luxury.

he main pride of the restaurant is a stone barbecue, on which most of the dishes from the menu are prepared. All guests can watch the main culinary process – fish and vegetables are baked, and all types of meat are prepared. Guests will not fail to notice the delicious aromas.





The sign of a real man

QUICK EATS

STOLOVAYA 57

throwback to the days when GUM was an affordable place to shop, this cafeteria is a great place to grab a bite to eat after the mandatory visit to Red Square. Cafeterias were a part of daily life in the Soviet Union, when the government pushed for maximum efficiency, including for lunch, which for Russians is a four-course meal consisting of a salad, soup, main course and dessert. It's not complete without a glass of kompot.

LEPIM I VARIM

elmeni are the beloved Russian take on dumplings. Students buy them frozen for a quick and cheap dinner. Babushkas will sit for hours making them by hand. Some of Moscow's best can be found at Lepim i Varim, where aside from the traditional pork and beef filling, you can try 20 other variations, from tuna to cherry.





Stoleshnikov Pereulok, 9/1.

DANII OVSKY MARKET

bourgeois iteration of the traditional Russian market, Danilovsky combines vegetable and meat hawkers with about 15 different food stands. The longest line is always at Bo, with Muscovites waiting for giant bowls of Vietnamese pho. On a nice day, enjoy your meal on one of the outdoor picnic tables.

Mytnaya Ulitsa, 74.



URTESY OF PRESS OFFICES: STOLOVAYA 57, LEPIM I VARIM, DANILOVSI









Arbat 47/23, Moscow +7 (499) 241-93-20 bosfor-restoran.ru



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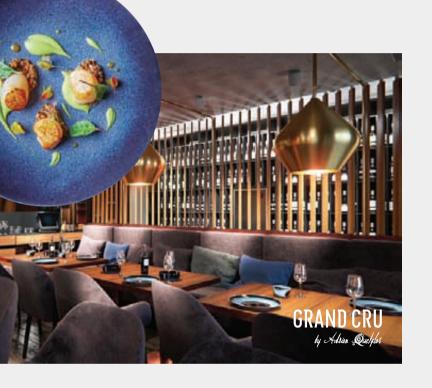
Summer Terrace

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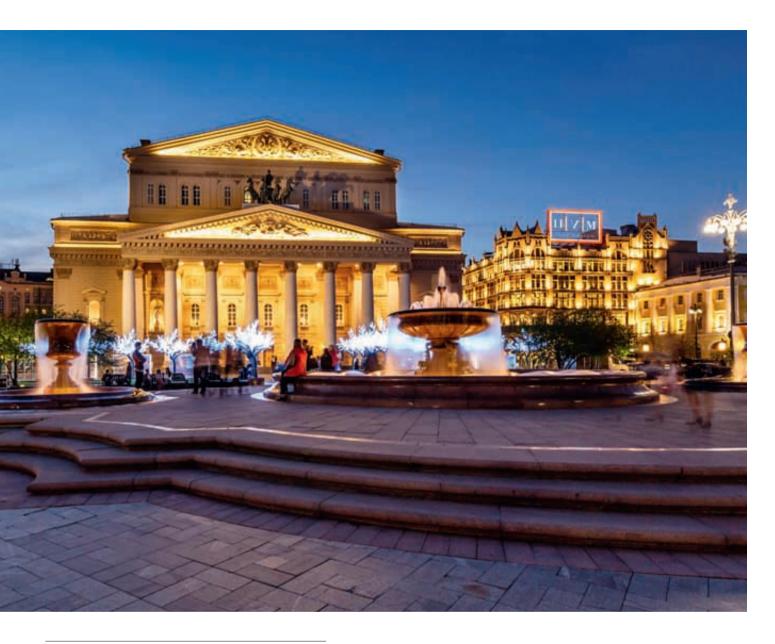
Dive into buzzing Moscow life in this dynamic wine bar. An extensive menu and private wine store under the same roof provides you with endless possibilities for the food and wine pairing.

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SOOON





MOSCOW

SHOPPING

SUM Department Store, located in the heart of Moscow next to the Bolshoi Theatre, is the only high-end department store in Russia, which meets luxury shopping standards.

SUM - the signature fashion department store of Russia is the largest luxury department store in Eastern Europe. It offers ready-to-wear, shoes and accessories collections of the world's top fashion brands, jewelry and watches, porcelain and glass as well as perfumery and cosmetics of the leading brands. TSUM was the first retail player in the industry to revise its price policy and introduce transparent strategy of «European prices», aligning the price level to match prices in Milan and Paris boutiques and department stores. Starting from April 10th, international customers can reclaim the VAT on purchases made in TSUM. The new legislation means that visitors from outside the Eurasian Economic Union can shop TAX FREE when spending a minimum of RUB 10,000 on a wide variety of goods available at TSUM — including ready-to-wear, accessories, watches and jewelry, by reclaiming the VAT on their purchases when they leave the country.

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Petrovka st., 2 tsum.ru



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ANNA
ENDRIKHOVSKAYA,
HEAD OF MOSS HOTEL
CONCIERGE SERVICE



I REALIZED I HAD TO STAY HERE IN RUSSIA AND MAKE IT A BETTER PLACE.





nna Endrikhovskaya is head of the concierge service at the MOSS hotel, one of Moscow's first "real" boutique hotels. Before that she worked as a concierge at several major Moscow hotels — the Marriott Royal Aurora, the Intercontinental Moscow Tverskaya, and the Metropol.

am a sixth-generation Muscovite. I was born in Moscow but grew up in Greece, where my dad worked as a shipbuilder, and we only moved back to Moscow when I was a teenager. So for a while I felt extremely uncomfortable in Moscow and wanted to move abroad again.

t was different back then: Everything was either expensive and aimed at the very rich or badly done and of poor quality. Simple pleasures were not affordable.

wanted to become an actress but my mom saw my potential in the hospitality business and steered me toward the right university. I've always felt that the previous generation, those who were born in the late 1970s, were the "lost ones." Many of them suddenly realized that they weren't doing what they actually wanted to do. That's how the whole "downshifting" to Bali and Goa trend started. So it was very important for me to choose the right path. And mom told me: "Look, you've always loved hotels." And it's true, ever since I was kid, I always knew everyone at the hotels where we were staying: the maids, the chefs and the waiters. That's why I first went to study at the Hospitality College at the Plekhanov Russian University of Economics.

ordered a cup of coffee at every major Moscow hotel, observing the way it worked. That's how I chose where to work for my first job — the Marriott Royal Aurora. I wanted to be a concierge from the start, but they had no vacancies and I accepted the position of butler first. I met a lot of obnoxious and capricious oligarchs while working there. It was a unique experience.

wanted to move abroad until 2012. That's when I received the award for the world's best concierge from the Hotel Concierge Society Les Clefs d'Or. When I came back to Moscow with the award, I realized that I had to stay here, in Russia, and make it a better place — to fulfill my civic duty, in a sense. I started giving

public talks about hospitality — not just about hotels, but about restaurants and bars too. At some point I became aware that I was surrounded by like-minded people and finally started feeling comfortable.

oscow is becoming more bike-friendly. I got my bike out several years ago, suffered through a couple of weeks of using it and put it back. I got it out again this spring and people still walk on bike paths, but things are changing for the better.

just love the Russian State Library. It's like a box of secrets and the reading room looks like a church. And their archives section at Pashkov House is just incredible. It was built by the famous architect Vasily Bazhenov and it's rumored that it served as the headquarters for Russian masons. When I was there, I saw a manuscript by Fyodor Dostoyevsky that he completed while in prison, writing with his nail! And you can actually see the nail marks: totally amazing.

like to hang out at the Garage Museum of Contemporary Art; I like to spend time people-watching at the cafe there. The building feels very comfortable, and I like to imagine how my dad partied at the jazz club that used to be located on the site.

enjoy having breakfasts at the historical dining hall at the Metropol. It's like a visit to my great-great-great-granddad's. When my ancestors moved to Moscow from Poland he used to work across the square at the Bolshoi Theater as a hairdresser and tailor.

like the Severyane restaurant. Everything there is beautifully and honestly done, straight from the heart. I enjoy going to the Propaganda night club — it's the same as it used to be when I was 14 and got in there for the first time. I also occasionally stop by Cafe Pushkin at night, order pelmeni and a shot of vodka.



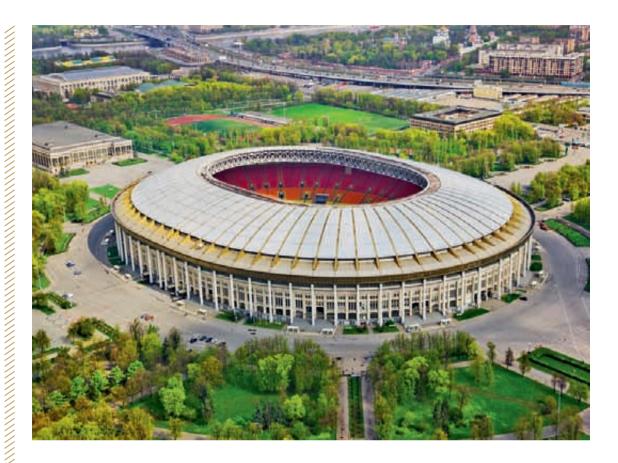
BY PUBLIC TRANSPORT LUZHNIKI

Getting to Luzhniki is easy. The stadium is located at the junction of two metro lines, and the 10-minute walk from either the Luzhniki or Sportivnaya metro stations will take you down a treeand fountain-lined alley straight to the stadium.



BY PUBLIC TRANSPORT SPARTAK

You have a lot of options to get to Spartak stadium. The Spartak metro station is a 3-5 minute walk away. Alternatively, you can take a commuter train from the Kursky and Rizhsky stations to Tushino, located 7-10 minutes from the stadium. On game days, Moscow promises to have free shuttle buses running from Aeroport metro station and Sheremetyevo Airport.



LUZHNIKI

SOVIET SPORTING HOLY GROUND

HISTORY

uzhniki, the largest stadium in the former Soviet Union, has an illustrious history. The Soviet authorities planned the stadium to showcase the prowess of their athletes after the war. Once it was completed in 1956, it held a number of USSR-wide and international championships, though its crowning moment came during the Olympics in 1980. During that summer, viewers from around the world tuned in on their TV sets to watch Leonid Brezhnev, in Luzhniki's presidential box, raise his hand to mark the start of the summer games.

ARCHITECTURE AND LOCATION

uzhniki has undergone several renovations since its opening in 1956. The latest iteration,

unveiled just last year, gave the stadium a roof that also functions as a 40,000-square-meter screen, which, among other things, has been used to broadcast a Russian flag to all air traffic flying over south-central Moscow. It remains Russia's largest football stadium and is one of the largest stadiums in Europe.

hen constructing the stadium, the Soviets did not begrudge giving it one of the prime spots in Moscow; it is located in a picturesque site on the banks of the Moscow River. A cable car, whose opening will coincide with the World Cup, will ferry visitors over the river to a viewing platform atop the city's famed Sparrow Hills, where they will we able to admire Luzhniki's screenroof from above.



RUSSIA: SAUDI ARABIA JUNE 14

GERMANY: MEXICO JUNE 17

PORTUGAL: MOROCCO JUNE 20

DENMARK: FRANCE JUNE 26

> X ROUND OF 16 JULY 1

X SEMI-FINAL JULY 11

> X FINAL JULY 15



MATCHES

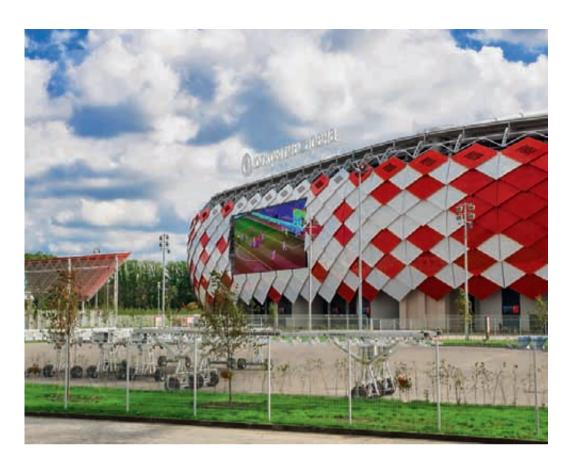
ARGENTINA: ICELAND JUNE 16

POLAND V SENEGAL IUNE 19

BELGIUM: TUNISIA IUNE 23

BRAZIL: SERBIA JUNE 27

X ROUND OF 16 JULY 3



SPARTAK

NEW KID ON THE BLOCK

HISTORY

or a long time, Spartak did not have its own arena, and the team was forced to play its matches at other teams' stadiums, including Luzhniki. That changed in 2014 when, financed by the team's billionaire owner, the **Spartak Stadium** finally opened after many delays (construction began in 2007). There were numerous problems with finding funding and a proper site, as well as the design (which an architectural council rejected, citing its "featureless" facade) stalling the project (the finished stadium differs only in minor details from the original design).

he completed stadium opened as the Otkritie Arena (it sheds its name for FIFA tournaments, which forbid corporate sponsorship). Spartak will continue to enjoy its new home after Russia 2018, and residential developments are planned for the surrounding area. The nearby Spartak metro station opened in 2014. The station was originally constructed in 1975 but was left unfinished for nearly 40 years.

ARCHITECTURE AND LOCATION

rom the outside, the 45,000seat arena bears a resemblance to a curled-up snake, with a facade made from scale-like red and white panels — the colors of the home team FC Spartak. Spartak takes its name from the Roman hero Spartacus, and a bronze statue of the rebel leader stands outside the stadium inviting spectators to take a selfie.









DAY TRIPS

ave a day to spare during your trip and feel like exploring further afield? There's plenty of beauty and adventure to be found outside the big city — and it's closer than you might think.

Abramtsevo

ARTISTIC RETREAT ON A BEAUTIFUL ESTATE

bramtsevo Estate, just 60 kilometers from Moscow, has a long and eventful history. It started out as the center for the Slavophile movement in the early 19th century. Under the leadership of Sergei Aksakov, the estate was frequented by the likes of Nikolai Gogol and Ivan Turgenev. After Aksakov's death Abramtsevo was bought by industrialist Savva Morozov, another known



patron of the arts, who brought together the greatest minds of his time at the estate. Among the well-known artists who spent time and worked at Abramtsevo were painters Valentin Serov, Ilya Repin, Isaac Levitan, Viktor Vasnetsov and Mikhail Vrubel.

ith an 800-ruble ticket you can view these artists' works and visit the onsite buildings, which contain more paintings and historical items. Don't miss a small church designed by Viktor Vasnetsov and a tiled majolica bench made by Mikhail

Vrubel. At the entrance to the estate there are stands with traditional Russian baked goods and soft drinks. Alternatively, stop at café Abramtsevo for a light bite or head to the slightly pricier restaurant at Galereya hotel.

ake the train from Yaroslavsky Station to Khotkovo, and then bus No. 55.

OPEN 10 a.m. to 6 p.m. Closed Monday and Tuesday **TICKETS** 800 rubles Abramtsevo, Moscow Region

abramtsevo.net

Sergiyev Posad

RELIGIOUS HEARTLAND

he main attraction of Sergiyev Posad, a small town about 70 kilometers north of Moscow, is the Trinity Lavra of St. Sergius, a UNESCO World Heritage Site. The monastery was founded by Sergius of Radonezh, one of the most revered 14th century Russian saints. The architecture of the monastery is simply unbelievable - you'll find

your head constantly turning from one marvel to the next. The masterpieces not to miss are the Trinity Cathedral, which houses Andrei Rublyov's icon "The Trinity," the Assumption Cathedral and the refectory building built in the Baroque style. Both St. Sergius himself and Tsar Boris Godunov are buried on the site.

ou are allowed inside the churches during services but be sure to respect the monastery's dress code. Women are advised to bring a scarf to cover their hair and modest clothing for all visitors is a must. Near the monastery there is a picturesque park where you can rent a boat and relax after all that architectural splendor. If you're looking for a pit stop, there's a great little place with burgers, cider and craft beer called Bar Svoi on the way from the monastery to the train station — perfect if you have a little

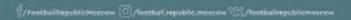
while to wait for your train.

ake the train from Yaroslavsky Station direct to Sergiyev Posad. Trains leave every 20-30 minutes and take about an hour and a half. The last train back departs just before midnight.

OPEN daily 8 a.m. to 6 p.m. **TICKETS** free admission Sergiyev Posad, Moscow Region



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Vladimir

AN ANCIENT CAPITAL

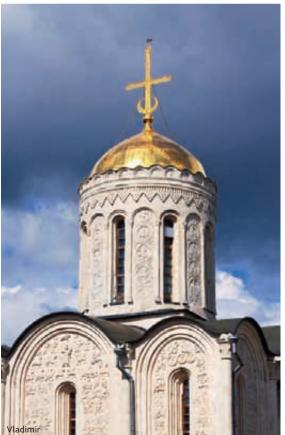
75 kilometers to the northeast of Moscow, Vladimir was already known as a heavyweight political, religious and cultural

destination while Moscow was still in its provincial youth. The city's golden age was during the 12th century, when Prince Andrei Bogolyubsky moved the capital to the city from Kiev and built many of Vladimir's most well-known landmarks.

ake the express train from Kurskaya Station (the journey takes around three hours) and don't be put off by the rather dour Soviet infrastructure you'll be greeted with upon leaving the train. If you head into town you'll soon see what everyone is talking about. First stop is the Cathedral of St. Demetrius, which bears intricate stone carvings depicting King David, wild beasts and the Kievan Prince Vsevolod III.

alk past the Palaty, an 18th century court building that holds a children's museum, exhibition and art gallery, toward the fairy-tale golden domes of Assumption Cathedral. After gawking at the Byzantine-inspired exterior, head

inside for frescoes by Rublyov and the coffin of Alexander Nevsky of Novgorod. Ghoulish types will get a thrill from the glass coffin through which you can see his withered, mummified hand. A word of warning: Take no notice of the signs and instead inquire with



the babushka at the desk as to when you can expect the churches to open their doors.

xpress train from Kurskaya Station or bus from Shchyolkovskaya metro station.

Vladimir, Moscow Region

Suzdal

ONION DOMES AND OLD-WORLD CHARM

f you've made it as far as Vladimir it would be a shame not to hop on a bus and make the 40-minute journey to Suzdal, rightfully referred to as the diamond of the Golden Ring. If you're looking for rustic charm, more wooden carvings than your Instagram account can cope with, and a remarkable ra-

tio of churches to human beings, Suzdal is the place for you.

tart your explorations at the Suzdal Kremlin, home to the beautiful bluedomed Nativity of the Virgin Cathedral, a museum, a few streets of houses and several smaller churches. Leaving the Kremlin, take the bridge across the river to the Museum of Wooden Architecture and Peasant Life. It's more about the former than the latter, but the picturesque Church of the Transfiguration from 1756, a café serving medovukha (a honey based drink) and the old mills make it a lovely place to while away an hour or two.

urther north is Suzdal's biggest monastery, Saint Euthymius. The complex features buildings and churches funded by Ivan the Terrible and the wealthy Pozharsky family. There is no shortage of guest houses and restaurants, so if making the journey back to Moscow doesn't seem like an attractive option, spend the night and have dinner and a few glasses of Georgian wine on the terrace at Gostiny Dvor.

here are no direct trains from Moscow to Suzdal, it is necessary to go to Vladimir first and then travel on from there. Take the express train from Kurskaya Station to Vladimir. Cross the road to the bus station and buy a ticket to Suzdal. Buses depart every 30 minutes. Many visitors choose to make a weekend out of seeing Vladimir and Suzdal.

Suzdal, Moscow Region









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oscow has over 300 museums exhibiting everything from masterpieces of art to match boxes, and it would take months to see them all. But if you're in the city for just a few days, there are two museum complexes you must see. The Pushkin Museum of Fine Arts has one of the world's largest and best collections of European and American art, and the two Tretyakov Galleries — Old and New — are home to the treasures of Russian art. And if you want to combine love for football with art and history, there are six shows especially for World Cup fans.

A DAY IN THE MUSEUM

MOSCOW

The Tretyakov Gallery

he Tretyakov Gallery houses Moscow's largest and finest collection of Russian art. The collection was founded by Pavel Tretyakov, the scion of a wealthy textile merchant family. Tretyakov bought his first paintings in 1856; by 1892 when he gifted it to the city of Moscow, it already contained 2,000 works. Tretyakov kept his paintings at his home, adding on halls almost yearly as his collection grew. After his death in 1898, the space became a dedicated gallery with almost nothing remaining of the original house. The distinctive façade—a very Russian blend of art nouveau and fairy tale ornamentation designed by the artist Victor Vasnetsov — was built along with other major additions in 1902-04. Today the Old Tretyakov Gallery houses an enormous collection of Russian art from its beginning in Orthodox icons up until the turn of the 20th century. The museum is very accommodating to foreign visitors, with the works identified in Russian and English, an



audio guide in English, German, French, Italian, Spanish, Italian and Chinese. There are book and souvenir shops and a café.

OPEN Tues., Wed., Sun., 10 a.m to 6 p.m. Thurs., Fri., Sat., 10 a.m. to 9 p.m. Closed Monday
TICKETS 500 rubles

○ Lavrushinsky Pereulok
tretyakovgallery.ru/en

The New Tretyakov Gallery

ith the "Old Tretyakov Gallery" bursting its seams with art and in desperate need of repairs, in 1985 the museum opened the "New Tretyakov Gallery" not far away on the Moscow River. It is housed in a huge rectangular box of a building shared with the Central House of Artists and surrounded by an art park now called Muzeon.

When you come to the museum, be sure to leave some time before or after to

wander around Muzeon, which has a sculpture garden that includes Soviet-era monuments torn down in the 1990s, an outdoor movie theater, art market, cafes, and that holds concerts and other events on the weekends.

The New Tretyakov (entrance on the long side) now showcases 20th and 21st century Russian art as well as special exhibitions. The



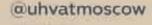
Dishes cooked in unique russian oven are the fundamentals of the Russian cuisine



The team has done an in depth research of the simmering technology, and has collected knowledge about the «art of cooking» in the Russian oven, to revive the Russian culinary tradition in modern interpretation.

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15 bld 41, Rochdelskaya st





permanent collection is a beautifully curated exhibit of the Russian avant-garde. Here you can find works that changed world art, such as Kazimir Malevich's "Black Square."

This summer there are two special shows of interest. One is a retrospective of the Russian painter Vasily Vereshchagin (1842-1904), a military man and traveler famous for his evocative scenes of Russia, Persia, and Central Asia and his battlefield scenes. The other is a show of works by Vadim Kosmatschof, a Russian sculptor who was compelled to emigrate from the Soviet Union in 1979 in order to pursue his artistic vision.

The New Tretyakov has audio-guides in English, book guides in several languages in the bookshop, a café and souvenir stands.

OPEN Tues., Wed., 10 a.m to 6 p.m. Thurs., Fri., Sat., Sun., 10 a.m. to 9 p.m. Closed Monday

TICKETS 500 rubles

Krymsky Val, 10 tretyakovgallery.ru/en

Pushkin Museum of Fine Arts

oscow's other great museum is the Pushkin Museum of Fine Arts, founded by Ivan Tsvetayev to bring Western European art to Russians. His dream was realized in 1912 when the last tsar, Nicholas II, opened the museum.

As the museum complex undergoes expansion and reconstruction, two of the buildings are open for visitors. The Main Building houses most of the collection, which begins with the art of ancient Greece and the Near East. In this part of the collection you can see the Trojan Gold that disappeared from Germany during WWII and reappeared publicly in Moscow only in 1993. The collection of Dutch masters is particularly fine, and now complemented by a temporary show of the Leiden Collection.

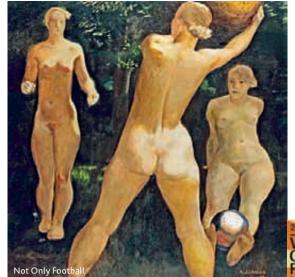
Next door is the celebrated collection of American and European art from the late 19th and early 20th century.

Here you will find works that you've only seen in books before by Claude Monet, Camille Pissarro, Paul Cézanne, Vincent van Gogh, Henri de Toulouse-Lautrec, Henri Matisse, Pablo Picasso and Henri Rousseau.

The museum offers free audio guides in izi. TRAVEL application and traditional audio guides in Russian, English, German, French, Italian and Chinese for the permanent exhibition and English for temporary shows.

OPEN Tues., Wed., Sat., Sun., 11 a.m to 8 p.m. Thurs., Fri., 11 a.m. to 9 p.m. Closed Monday **TICKETS** 400 rubles

Ulitsa Volkhonka, 12



ART AND SPORTS



oscow museums are

celebrating football with exhibitions that combine the joys of athletics and the wonder of artistic creation.

Not Only Football

In Russia, sports only became the subject of the arts in the late 1920s and early 1930s — when sports for recreation became popular — but sports of all kinds quickly became a favorite theme of artists. The New Tretyakov Gallery has gathered some of the most interesting, dramatic, and beautiful paintings, drawings and sculptures of men, women and children playing at sports. They range from a touching depiction of a scruffy courtyard game of football to sculptures of skaters, cyclists, and pole vaulters in motion. This is a must for fans of all

OPEN Tues., Wed., 10 a.m to 6 p.m. Thurs., Fri., Sat., Sun., 10 a.m. to 9 p.m. Closed Monday

TICKETS 500 rubles

Krymsky Val, 10 tretyakovgallery.ru/en

Anxiety on the Couch (Zittern auf dem Sofa)

Across the street from the New Tretyakov Gallery, tucked among the greenery of Gorky Park is the Garage Museum of Contemporary Art, one of the city's oldest and best private museums dedicated to modern art. In honor of the World Cup, photographer and football fan Juergen Teller has shot a special series of photographs and videos about football, football players — past and present — and football fans, football games and football accouterments. Some photographers are humorous; a few may leave the viewers feeling uncomfortable. All are filled with an obsessive love for the game. Don't miss it, but come without the kids.

OPEN daily 11 a.m. to 10 p.m. **TICKETS** 300 rubles

♥ Krymsky Val , 9
 garagemca.org

Avant-Garde Football

Although the Pushkin Museum of Fine Arts generally exhibits Western art, its Museum of Private Collections (currently closed for reconstruction) exhibits Soviet and Russian works gathered by private collectors. To celebrate the World Cup players and fans, the museum is displaying a small but magnificent show of football-related works by the avant-garde artists Alexander Rodchenko and Varvara Stepanova, from one of the private collections donated to the museum. You can see paintings, graphics and sketches done by this couple, including Stepanova's sketches of constructivist uniforms.

OPEN Tues., Wed., Sat., Sun., 11 a.m to 8 p.m. Thurs., Fri., 11 a.m. to 9 p.m. Closed Monday TICKETS 400 rubles

Ulitsa Volkhonka, 12
arts-museum.ru



TASTY EUROPEAN FOOD & GOOD ATMOSPHERE **COCKTAILS ON TAP BREAKFASTS AT SUMMER TERRACE**



Stadiums Past and Present

The curators of the Schusev Museum of Architecture in Moscow are using the World Cup as an excellent reason to do an exhibit of the rich art and history of Soviet and Russian stadiums. The first half of the show is dedicated to sketches, drawings, and photographs of some of the country's great Soviet stadiums that varied in style from slightly avant-garde to solidly classical. The show highlights some unusual stadiums, like a U-shaped one, and brings to life the excitement of the first major sporting events held in the country. The second half is about some of the world's best stadiums and the Russian stadiums built or reconstructed for this year's matches, illustrated with models. photographs and designs. In addition to guides in several languages, this show will include tactile copies of three-dimensional exhibits, guided tours in sign language and accompanying texts

in Braille for people with visual impairments.

OPEN Tues., Thurs., 1 p.m. to 9 p.m. Wed., Fri., Sat., Sun., 11 a.m. to 8 p.m., Closed Monday **TICKETS** 300 rubles

Ulitsa Vozdvizhenka 5/25 muar.ru/en

And Football, Too, Of Course!

The Museum of Moscow is the main historical museum of the city and always looking for innovative ways to bring the extraordinarily rich past of the Russian capital to museum-goers. To mark the World Cup the Museum has joined up with the LUCH gallery to bring paintings by three artists. The paintings by Denis Yegelsky, Kirill Kipyatkov, and Andrei Krisanov come from the representative, classical tradition, and for them sports are still, like in ancient times, the embodiment of humanism. Come see their work, and then spend some time in the

permanent collection, where you can see Moscow and its people from the city's beginnings in the 12th century until today. The exhibits are in Russian and English. and there is an excellent book and souvenir shop, café, and children's

OPEN Tues., Wed., Sat., Sun., 10 a.m. to 8 p.m. Thurs., 11 a.m. to 9 p.m. Closed Monday **TICKETS** 200 rubles

Zubovsky Bulvar, 2 mosmuseum.ru/en

History of the Sport

The Karelia Pavilion at VDNKh, the grand Soviet Museum of Economic Achievemenst in the north of the city, is hosting a big exhibition about football in Russia and the Soviet Union. It is divided into three sections: the history of pre-revolutionary and Soviet football, a hall of fame honoring the best players of all time, and the modern history of Russian football

— and hooliganism. The exhibit tells this fascinating story through cinematography, fine arts, animation, literature, photography, graphics and computer games. You can see Soviet and Russian football in rare news photos: admire football badges, banners, and other fan and player attributes lent by collectors and sports clubs; listen to "the sound of the stadium" recorded in various stadiums and various years: and see photographs and examples of less well-known Russian footballers, like village and women's teams. In one area you can play football on old Soviet slot machines and early computer games — and learn about virtual football promoted by the Russian Federation of Cyber Football. Basically, if you are curious about Russian football, this is your onestop shop for everything to do with the sport.

There is an English-language map of the show and the exhibits are labeled and described in English.

Pavilion 67. Prospekt Mira, 119



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FRANZ FERDINAND

IUNE 9

One of the most popular post-punk bands in the world, Scottish band Franz Ferdinand will visit Moscow for the third time this June. Their concert at Adrenaline Stadium will be part of the tour in support of their fifth album, "Always Ascending," released last February.

WHERE Adrenaline Stadium

Leningradsky Prospekt, 80. Bldg. 17 adrenaline-stadium.ru

AQUARIUM

JUNE 9

Aquarium are the true veterans of Russian rock, with more than 40 years in the business. During this time pretty much everything and everyone has changed at Aquarium, except for Boris Grebenshikov — aka BG — its irreplaceable leader. After playing around with various musical genres, BG went back to his perestroika-era sound. Last February BG released his latest album, "Vremya N" (Time of N), so expect some new material at the Crocus City Hall concert.

WHERECrocus City Hall

© 65-66 km of MKAD, Crocus Exhibition Center, Pavilion 3

crocus-hall.ru



BOSCO FRESH FEST

IUNE 10-11

Bosco Fresh Fest is one of the regular Moscow festivals that moves to a new venue every year. This year it will be the park at the Skolkovo Management School in western Moscow. It's a two-day affair and the headliners include Fever Ray, one half of the Swedish duo The Knife,

CULTURAL AGENDA

as well as electronic music veterans Orbital and rapper Talib Kweli.

WHERE Skolkovo Management School

○ Novaya Ulitsa, 100. Skolkovo
boscofreshfest18.com

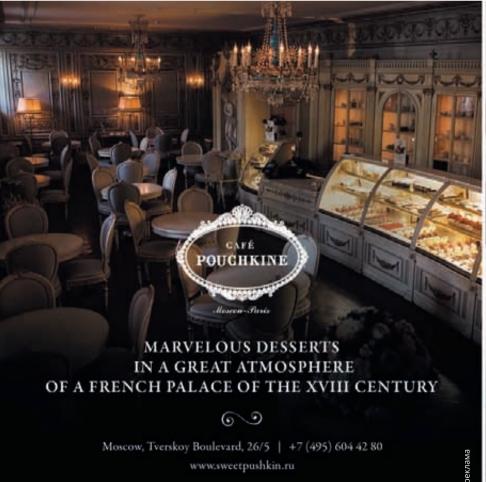
BOL

IUNE 10-11

Bol (Pain) is as alternative a festival as it gets in Moscow. This year it will take place at the brand new Main Stage Space and the headliners are Husky, a rapper who released one of the most critically acclaimed albums of 2017 in Russia, as well as Grechka, a 17-year-old singer-song-writer from a small town of Kingisepp, who took Russia's music scene by storm last winter. There are also some foreign bands — British post-punk band Shame, American post-hardcore Slaves and Estonian rapper Tommy Cash.

WHERE Main Stage Space

Ulitsa Sharikopodshipnikovskaya, 13. Bldg. 33







IBFYI

IUNE 13

Ibeyi is the most anticipated concert of the third season of Mosaic Music at the Garage Museum of Contemporary Art. Last year they released "Ash," whose music can be best described as a mix of electronic, jazz and soul.

WHERE Garage Museum

Krymsky Val, 9

garagemca.org

GUNS N' ROSES

JULY 13

Guns N' Roses launched a reunion tour entitled "Not in This Lifetime" last year and it's been so successful that they extended it to 2018. The concert at Otkritie Arena stadium will be their first in Moscow

WHERE Otkritie Arena stadium Volokolamskoye Shosse, 69

otkritiearena.ru

PORTUGAL, THE MAN

IULY 18

Portugal. The Man, an American indie band from Alaska with an unlikely name, has been around for more than a decade, but hit mainstream success last summer with their hit "Feel It Still," for which the band received a Grammy. The concert at Crocus City Hall will be their first in Russia.

WHERE Crocus City Hall

65-66 km of MKAD, Crocus Exhibition Center,

crocus-hall.ru

NICK CAVE & THE BAD SEEDS

IUIY 27

The last time Nick Cave and his band The Bad Seeds played in Moscow was just three years ago. He's got a loyal fan base and his "Red Right Hand" is the theme song for the popular "Peaky Blinders" series. This summer they will play at the Adrenaline Stadium as part of the tour in support of Cave's latest album "Skeleton Tree," which he wrote in the aftermath of his son's tragic death.

WHERE Adrenaline Stadium

→ Leningradsky Prospekt, 80. Bldg. 17
adrenaline-stadium.ru/



TRILINGUAL EARLY EDUCATION CENTRE P'TIT CREF AT LITTUS 1905 GODA / KRASNOPRESNENSKAYA AND M. ARBAT / KROPOTKINSKAYA

We invite children from 1.5 to 10 years old to spend the summer in Moscow in a fun and beneficial way.

THESE INCLUDE:

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- Fairy tales and acting classes, lego construction and color crazy
- Physical games and activities: football, scooter racing, yoga, badminton, outdoor games and relay races, street chess remember to bring some swimwear, on the hottest day there will be lots water and splashing about
- Treasure Hunts
- Getting acquainted with the work of the emergency services, learning about security measures and traffic regulations
- Discovering new musical instruments and coaching young rock stars

The cheerful, friendly and warm atmosphere of the school creates favorable conditions for the practice of languages. Lessons alternate between creative competitions and outdoor games.

Our motto is «We do not study languages, we acquire a knowledge of the world through them».

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- Creative activities
- Development of large and small motor skills
- Cooking classes
- Music
- · Outdoor games
- Water games
- Children's literature
- Outings and excursions
- Four meals a day
- Full days or half days (until lunchtime)
- Quiet time for the child at the request of the parent

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www.ptitcref.com

DIF ANTWOORD

AUGUST 10

Die Antwoord is an electronic rap act from South Africa singing in a mix of English and Afrikaans. Known for lively performances, they call their style "zef," which is an Afrikaans word for "common," used to identify white lower middle class people. Die Antwoord is quite popular in Russia, so expect Adrenaline Stadium to be packed.

WHERE Adrenaline Stadium

Leningradsky Prospekt, 80. Bldg. 17 adrenaline-stadium.ru

IMAGINE DRAGONS

AUGUST 29

One of the most anticipated concerts this summer is by Imagine Dragons, an American band from Las Vegas. They have truly become indie-rock giants, recording soundtracks for such blockbusters as "Hunger Games" and "Transformers." They've been to Moscow several times already and have many fans here. This time they will play their largest venue in Russia so far — the newly restored Dinamo/VTB Arena Stadium.

WHERE VTB Arena Stadium

Leningradsky Prospekt, 36

vtb-arena.com/stadium







с 12.00 и до последнего гостя 12.00 until the last guest +7 (495) 775 60 75 "Экспедиция. Северная кухня" - настоящая таежная поляна в самом центре Москвы. Изысканные деликатесы севера, легендарная строганина и фирменные настойки.

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ANNA KARENINA

WHERE Bolshoi Theater

"Anna Karenina," one of the biggest premieres at the Bolshoi Theater this season, is a unique production in cooperation with the Hamburg Ballet and the National Ballet of Canada, directed by world-renowned choreographer John Neumeier. It's a ballet in two acts, to music by Pyotr Tchaikovsky, Alfred Schnittke and Cat Stevens/Yusuf Islam.

▼ Teatralnaya Ploshchad, 1
 bolshoi.ru/en

LITTLE TRAGEDIES JUNE 18-19

WHERE Gogol Center

he Gogol Center's Kirill Serebrennikov is still under house arrest, but his latest production "Little Tragedies" is back on stage. Based on four short dramas in verse penned by Alexander Pushkin, "Little Tragedies" stays close to the words of the classic, but updates and sometimes revolutionizes the meaning. The production features music by Husky, one of the most popular rappers in Russia.

Ulitsa Kazakova, 8
en.gogolcenter.com



MACBETH

WHERE Stanislavsky and Nemirovich-Danchenko Academic Music Theater

his June, the Stanislavsky and
Nemirovich-Danchenko Academic Music
Theater premieres a new version of
Giuseppe Verdi's opera based on Shakespeare's
famous play. "Macbeth" will be directed by the
world-renowned Kama Ginkas, for whom it will
be a first opera in Russia. While trendy directors
keep updating classical texts to modern times,
Kama Ginkas will place Shakespeare's plot in
prehistoric times.

Ulitsa Bolshaya Dmitrovka, 17 stanmus.com



PARK LIVE

PARTY IN THE PARK

IULY 27-29

he Park Live festival has been an annual must-see since 2013 for Moscow's music lovers, who come to hear some of the world's best-known bands. This year the threeday festival will be held right on the banks of the Moscow River in Gorky Park. This year's festival features three headliners, one for each day. On July 27, you'll have the chance to dance longer and explore further, here are some you should check out. USADBA JAZZ JAZZ IT UP

live to French DJ David Guetta, who will take the stage as the first day's big act. Day one also will include the New York-based group Sofi Tukker, whose single "Best Friend" was recently featured in an iPhone X commercial. Day two will feature the world's most successful virtual band, Gorillaz, along with the Swedish singer-songwriter Tove Lo, the Icelandic indie band Kaleo, and the Russian folk-rock group the Hatters, whose lyrics make fun of contemporary Russian culture. The final day of the festival is headlined by the British trip hop group Massive Attack, who have been performing since 1988. They will be performing along with their collaborators Tricky and Young Fathers.

TICKETS 4000 rubles

Gorky Park, Krymsky Val, 9 park.live

oscow is packed full of festivals in the

summer, so if you're planning to stay a little

IUNE 2-3

oscow's most important annual jazz festival promises to be particularly interesting this year. The lineup spans genres and has something to offer everyone from jazz purists to rock and electronic enthu-

It will be held at Arkhangelskoye, a historical estate 20 kilometers outside the city — and a lovely place to spend a summer afternoon. To keep you entertained and fed between your favorite acts, there will be a market and food court. Buses will be running between the estate and Myakinino metro station. Rides cost 200 rubles. Day one will feature the Russian band Auktsyon,

formed in 1978, whose music takes elements from jazz, new wave and post-punk, and who have had enormous influence on the Russian rock scene.

On day two you'll be able to see three-time Grammy-nominated saxophonist Donny McCaslin, who collaborated with David Bowie on his final album, "Blackstar." Also taking the stage is the British YouTube star and Grammy award-winning artist Jacob Collier, who became famous with his covers of pop songs, including a catchy version of Stevie Wonder's "Don't You Worry 'Bout a Thing."

TICKETS 2800 rubles

Arkhangelskoye usadba-jazz.ru

DIKAYA MYATA

ROUGHING IT

JUNE 9-11

his three-day festival, whose name means "wild mint," takes place 150 kilometers south of Moscow in the picturesque Tula region, not far from Leo Tolstoy's former estate. For Dikaya Myata, you'll want to spend all three days here; to do that, you'll need to rough it. Accommodation is tent-only (you can bring your

own or rent one from the organizers).

To get to Dikaya Myata, you can buy a transfer with your ticket, which leaves from metro Bulvar Dmitriya Donskogo. The lineup here should be worth the less-than-ideal living situation. Headlining is the German folk band Milky Chance, whose single "Stolen Dance" topped the charts in much of Europe in 2013, and the Russian musician Zemfira.

TICKETS 4000 rubles

Bunyryovo, Tulskaya Oblast mintmusic.ru

AFISHA PICNIC

THE BIG ONE

AUGUST 4

acking a major lineup into one afternoon and evening, the annual Picnic festival has been written into many Muscovite calendars since the winter. Indeed, if you haven't had enough of giant crowds at the World Cup (the 2017 Picnic drew 61,000 fans), you should be at Moscow's Kolomenskoye Park for this event.

This year's lineup will feature the Canadian indie rock band Arcade Fire (who have won international acclaim, Grammy awards and an Oscar nomination), the Russian rock artist Zemfira,

whose soulful and often melancholy ballads are universally loved in her home country, and the American rapper loey Badass.

The festival also features some of Moscow's most interesting food vendors, and a market with objects from local designers and craftsmen.

○ Kolomenskoye Park, Andropova Prospekt, 39
 picnic.afisha.ru

AHMAD TEA FESTIVAL

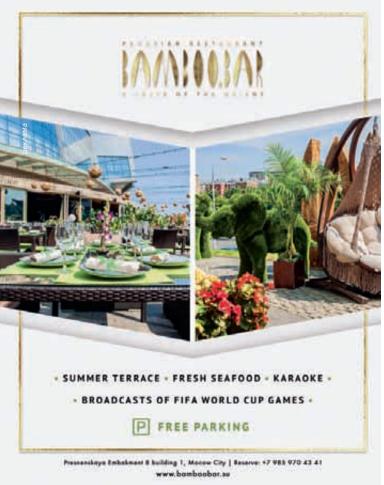
TEA IN THE PARK

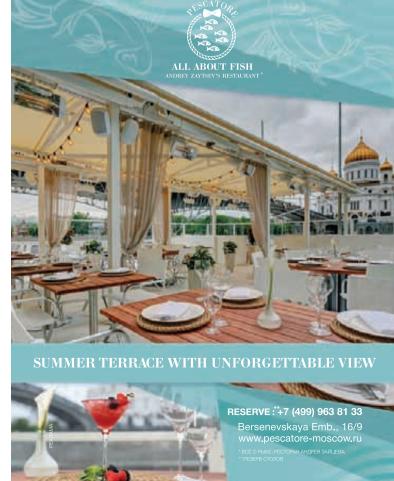
AUGUST 4

he 8th annual Ahmad Tea festival will be held at the Muzeon park on the banks of the Moscow River.

This year's headliner is the Scottish rock band Biffy Clyro, which regularly tops the charts in Britain. In the past the band has gained recognition opening for bands like Muse, the Rolling Stones and Red Hot Chili Peppers. Also of note on the lineup are the British alternative rock group Wolf Alice and English singer Miles Kane.

Muzeon Park, Krymsky Val, 2 ahmadteafest.ru







ussian is not the easiest language to learn quickly — even the alphabet

takes a few days to master. But the good news is that Russians tolerate mistakes and bad pronunciation. To understand the reply, show a map, give the person pen and paper, or point in a direction so the person will either nod "yes" or correct you.

BASICS

Hello!

Здравствуйте! **Zdrastvuite!**

Good morning/day/ evening

Доброе утро/добрый день добрый вечер

Dobroye utro/dobry den/ dobry vecher

Goodbye

До свидания.

Do svidaniya

Please!

Пожалуйста!

Pozhaloosta!

Thank you!

Спасибо!

Spaseebo!

Help!

Помогите!

Pomogeete!

I don't understand

Я не понимаю

Ya ne ponimayu

Open/Closed

Открыто/Закрыто

Otkryto/Zakryto

Entrance/Exit

Вход/Выход

Vkhod/Vykhod

BASICS

Here/There

Здесь/Там

Zdes/Tam

Cashier/Ticket desk

Касса

Kassa

Toilet

Туалет

Tualet (M = men X = women)

I feel ill

Мне плохо

Mne plokho

Where is ...

Где ...

Gde ...

... hotel (Name)?

- ... гостиница (Name)?
- ... gostinitsa (Name)?

... a pharmacy?

- ... аптека?
- ... apteka?

... a grocery store?

- ... продуктовый магазин?
- ... produktovy magazeen

... a mall?

- ... торговый центр?
- ... torgovy tsenter?

BASICS

... the museum (Name)?

- ... музей (Name)?
- ... muzei (Name)?
- ... a café?
- ... кафе?
- ... kafe?

... the restaurant (Name)?

- ... ресторан (Name)?
- ... restoran (Name)?

MONEY

How much does it cost?

Сколько стоит?

Skolko stoeet?

Write down the cost, please

Напишите цену, пожалуйста

Napeesheete tsenu, pozhaloosta

Can I pay with a credit card? Можно платить картой?

Mozhno plateet kartoi?

I'd like to exchange money

Я хочу обменять деньги

Ya khochu obmenyat dengee

Where is the exchange office?

Где обменный пункт?

Gde obmenny poonkt?





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RUSSIA'S SOUVENIR CAPITAL



ЛО КО МО ТИВ

oscow is more than just the Russian capital; it is also the country's historical center. Here you will find the greatest variety and quality of traditional Russian handcrafts and knickknacks to bring home as gifts to your family and friends. And while your mother-in-law may have begged you for a matryoshka doll with a squat Vladimir Putin on the front, there are many other options to fill the empty spaces on her bookshelves.

Khakhama

KHOKHLOMA

While you can find khokhloma at any souvenir shop in Russia, some of the best is in and around Moscow. This style of painting features red, gold and green flowers and leaves over a black background. It is one of the oldest and most widespread forms of Russian decoration.

PALEKH

The palekh style of painting is often applied to small lacquered boxes, which can make great gifts to hold

jewelry or just to admire. Palekh features a miniature folk painting, often taken from a fairytale. Make sure to ask what the painting is before you buy. The best will be hand-painted, and not cheap.

SHAWLS AND SCARVES

Meanwhile, though winter is now finally behind us, there are few women who would complain about receiving a brightly colored shawl. Look for ones from Pavlovo Posad,

GETTING THERE

TSUM

Ulitsa Petrovka, 2 tsum.ru

IZMAILOVSKY MARKET Izmailovskoe

Shosse, 73Zh Metro Partizanskaya Kremlin-izmailovo.com +7 (495) 215 5437

TRETYAKOV GALLERY

Lavrushinsky Pereulok, 10 Metro Tretyakovskaya tretyakovgallery.ru +7 (495) 957 0701

METROPOLITAN SOUVENIR SHOP

Tverskaya Ulitsa, 30/2 Metro Mayakovskaya

RESPUBLIKA

Multiple locations respublica.ru +7 (495) 150 0558

SPORT DEPO

Multiple locations sportdepo.ru +7 (495) 287 9039

CSKA SHOP, VEB ARENA

3rd Peschanaya Ulitsa, 2a Metro CSKA cskashop.ru +7 (495) 669 2930

LOKOMOTIV STADIUM

Bolshaya

Cherkizovskaya Ulitsa, 125 Metro Cherkizovskaya shop.fclm.ru +7 (499) 161 8727

SPARTAK STORE

Volokolamskoe Shosse, 69 Metro Spartak store.spartak.com +7 (495) 530 9505

GZHEL

The blue-and-white porcelain at Russian souvenir markets is not a cheap import from China. Rather, it is a tradition called gzhel, which takes its name from the town near Moscow where it's made. You can find teapots, statuettes and even cuckoo clocks made in this delicately adorned fashion.

where they have been manufac-

tured since the 1860s.

SERIOUS SHOPPERS

If you're looking for some designer labels to keep you happy, you can't miss the TsUM department store, a symbol of fashion in Moscow for more than 110 years. The historic building alone is worth a visit. The fashion boutiques on nearby Tretyakovsky Proezd also offer international premium labels.

SOUVENIR SPOTS

While you can find these souvenirs in almost any underground crosswalk, if you have time it is worth your while to take a trip to one of Moscow's souvenir markets, where you can find a much better selection. Moscow's Arbat is lined with stores offering traditional handcrafts. If you don't mind going further afield, Izmailovsky Market is a contender for one of the seven wonders of the souvenir world. This giant open-air market is located right next to the Izmailovsky Kremlin, a pseudo-historical complex which takes elements from some of Russia's greatest architecture, and you should plan on spending a day here if you want to see everything.

ART AFICIONADOS

For art lovers, the gift shop at the Tretyakov Gallery has some beautiful items. If you'd like to admire a reproduction of an Ivan Aivazovsky sunset at home, or wrap yourself in a blanket featuring a Wassily Kandinsky abstraction, you won't mind exiting through the gift shop after your museum excursion.

METRO MEMORIES

One of Moscow's main attrac-



tions is its gorgeous and notably well-functioning metro system. Leaving without something to remember your trips through this wonder of urban engineering would be a shame, and the metro has a number of its own stores providing stylish branded goods. The flagship souvenir shop is located right next to Mayakovskaya station.

A PLACE FOR BOOKWORMS

A hotspot for cute magnets and postcards is the bookstore chain Respublika. Look out for the chic Heart of Moscow branded goodies. They also have some great books with pictures of Moscow here, though most will be in Russian.

ONE FOR FOOTBALL FANS

And, of course, it would be unthinkable to leave without a jersey from one of Moscow's four premier league football teams. Whether it's Dynamo's blue and white, CSKA's blue and red, Lokomotiv's green and red, or Spartak's red and white, you should be able to find something at Sport Depo.



Wax&go hair removal salons



MOSCOW

CITY SURVIVAL

GUIDE

THE MOSCOW METRO

Most visitors don't venture beyond the Circle Line (Koltsevaya), which covers most of the city's main attractions.

As a World Cup visitor, your Fan ID gives you the right to free transport up to 10 days after the last World Cup match (see **fan-id.ru**).

Otherwise, the red "yediny" tickets are **55 rubles for a single ride**. One-day, three-day and seven-day passes are also available.

If you're planning to stay longer than the duration of the tournament, a cheaper option is the Troika Card, which can be topped up.

Tickets are sold at booths inside every station and are valid for metro, bus, trolleybus, tram and monorail. You can also pay with your bank card or phone by tapping against the yellow reader at turnstiles.

The Russian capital will be the first city to host a match during the World Cup. Here are some tips to smoothen your way through the bustling metropolis.

TAXIS

There are several taxi apps available in Moscow — Yandex Taxi and Gett are the most popular. Be aware that drivers rarely speak English. Only accredited taxis will be allowed to park outside stadiums during matches. Accredited taxis will provide flat-rate services. It can be unsafe to hail a taxi in the street and we recommend that you stick to taxi apps if possible.

USEFUL APPS

Use Google Maps for route planning. The Yandex.Metro app provides a visual map of the metro and allows you to check the real-time status of bus, trolleybus and tram services.

SAFFTY

As with any large city, visitors to Moscow should exercise caution. Pickpocketing is common in areas around train stations and major tourist attractions, so be vigilant. Russian police are usually friendly to tourists, but have the right to stop you to check your documents — so always carry your passport with you.

PHARMACIES

Pharmacies are marked with a big green cross sign and can be found on almost every corner. The largest pharmacy chains are **Rigla** and **36.6**. English-speaking staff can be found at the pharmacy of the **Medsi** international clinic at

Gruzinsky Pereulok, near Belorusskava metro station.

MEDICAL TREATMENT

Moscow's private hospitals are very high-quality, but are expensive. Public medical facilities are best avoided. The staff at the European Medical Center — a private medical clinic open around the clock for emergencies — can speak 10 languages. English-speaking tourists are also welcome at all three branches of the Medsi international clinics.

GROCERY SHOPPING

You'll find aisles filled with delicacies and take-out meals at the **Azbuka Vkusa** supermarket chain. For more consumer-friendly prices, head to **Perekrestok**. Products from local farmers are offered in abundance at markets such as the Danilovsky market near Tulskaya metro station.

CLOTHES SHOPPING

Shopping is a way of life in Moscow. Most shopping malls are located outside the city center, with the exception of Yevropeisky and Atrium. You'll find a wide variety of Western fast-fashion brands, such as H&M, Zara and Gap.

For a luxury shopping experience, **GUM** and **Tretyakovsky Proyezd** are the go-to destinations. **Tsvetnoy Central Market** is a magnet for the young fashionable crowd.

REPAIR SERVICES

At Shoe Brush on Ulitsa Petrovka the staff speak English. The Imperial Tailoring Co. in Gostiny Dvor offers clothing alteration and repair services.

Smaller fix-it shops are everywhere in Moscow, but be prepared for an entertaining dialogue in Russian.

EMERGENCY NUMBERS

If you require urgent assistance from medical services, police or the fire department, dial the free 112 emergency number. The number is accessible from both landlines and mobile phones, even if there is no SIM card or if your number has been blocked. Operators speak Russian and English.

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